



## Crisis Resources

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## Crisis Lines

### 988 Suicide & Crisis Lifeline

- Phone or text: 988
- Website: [988 Lifeline](#)

### Crisis Connection 24-hr Crisis Line

- Phone: 1-866-427-4747
- Website: [Crisis Connection 24-hr Crisis Line](#)

### Crisis Text Messaging

- [Crisis Text Line](#): Text "HOME" to 741741
- Muslim Crisis Text Line: Text "SALAM" to 741741
- [People of Color Text Line](#): Text "STEVE" to 741741

### BIPOC

- [Blackline](#): 1-800-604-5841

### Indigenous

- Phone or text 988 and choose option **4**

### LGBTQ

- Phone or text 988 and choose option **3**
- [Trevor Lifeline](#): phone 1-866-488-7386, or text 678-678  
Provides crisis intervention and suicide prevention to LGBTQ youth ages 13-24.
- [Trans Lifeline](#): phone 1-877-565-8860

### Muslim

- [Amala Muslim Youth Hopeline](#): phone 855-95-AMALA (855-952-6252)

### Spanish

- Phone or text 988 and choose option **2**
- [Ayuda en la crisis Español](#): Call 1-888-628-9454

### Asian

- [Asian LifeNet Hotline](#): call 1(877) 990-8585  
Cantonese, Mandarin, Japanese, Korean, Fujianese are offered



### **Veterans**

- [Veterans Crisis Line:](#) Phone or text 988 and choose option **1**

### **Washington Warm Line**

Peer support for people living with mental illness

- Phone: 1-877-500-9276
- Website: [Washington Warm Line](#)

### **Alcohol/Drug 24-hour Helpline UW Violence**

- Phone: (206) 722-3700 or 1-800-562-1240

### **Prevention & Response (SAFECAMPUS)**

Hotline for students, faculty, and staff regarding violence prevention.

- Phone: 206-685-SAFE (7233)
- Website: [SAFECAMPUS](#)

### **International Help Center**

Currently not in the USA. Find Emergency Numbers and Suicide Hotline Numbers from around the world. [https://www.suicidestop.com/call\\_a\\_hotline.html](https://www.suicidestop.com/call_a_hotline.html)



## Hospitals

Hospitals provide mental health evaluations in their emergency department by a licensed social worker who will help coordinate care.

### Evergreen Hospital

- Address: 12040 NE 128<sup>th</sup> Street, Kirkland, WA. 98034 (*for emergencies, use west entrance and parking*)
- ER Phone: (425) 899-1700
- Hospital Medical Center: (425) 899-1000
- Website: [24-Hour Emergency Care](#)

### Evergreen Health Redmond ER

- Address: 8980 161<sup>st</sup> Ave. NE, Redmond, WA. 98052
- Phone: 425-883-3333
- Website: [Evergreen Health](#)

### Harborview Medical Center Emergency Medicine

- Address: 325 9<sup>th</sup> Avenue, Seattle, WA. 98104
- Phone: (206) 744-3000
- Website: [Harborview Medical Center](#)

### Overlake Emergency & Trauma Center

- Address: 1035 116<sup>th</sup> Ave NE, Bellevue, WA. 98004
- Phone: (425) 688-5000
- Website: [Overlake Emergency & Trauma Center](#)

### Swedish Medical Center

- Address: 21601 76<sup>th</sup> Ave W, Edmonds, WA. 98026
- Phone: (425) 640-4090 (*Mental Health Intake*)
- Website: [Swedish Medical Center](#)

### Northwest Hospital & Medical Center

- Address: 1550 N. 115<sup>th</sup> Street, Seattle, WA. 98133
- Phone: (206) 364-0500
- Website: [NW Hospital & Medical Center](#)

### Swedish/Edmonds Hospital

- Address: 21601 76<sup>th</sup> Ave W, Edmonds, WA. 98026
- Phone: (425) 640-4000
- Website: [Swedish/Edmonds Hospital](#)



**Swedish/Redmond Emergency Room**

- Address: 18100 NE Union Hill Road, Redmond, WA. 98052
- Phone: (425) 498-2020
- Website: [Swedish/Redmond Emergency Room](#)

**Swedish/Mill Creek Hospital**

- Address: 13020 Meridian Ave. S. Everett, WA. 98208
- Phone: (206) 386-6000
- Website: [Swedish/Mill Creek Hospital](#)



## Psychiatric Hospitals

Hospitals that have inpatient psychiatric services and outpatient programs such as Partial Hospitalization (PHP) and Intense Outpatient Programs (IOP). These programs provide intense therapy that includes groups, medication management and individual/activity therapies a few hours a day. Some also offer co-occurring disorder treatment that includes substance use.

### Fairfax Behavioral Health

Offers Adult Day Program (PHP) and Adult Evening Program (IOP)

- Kirkland Address: 10200 NE 132<sup>nd</sup> St., Kirkland, WA. 98034
- Everett Address: 916 Pacific Ave, Everett, WA. 98201
- Monroe Address: 14701 179th Ave. SE., Monroe, WA. 98272
- Phone: (425) 821-2000
- Website: [Fairfax Behavioral Health Adult Outpatient Programs](#)

### Overlake Inpatient Psychiatric & Adult Day Hospital Program (PHP)

- Address: 1035 116th Ave NE, Bellevue, WA 98004
- Phone: (425) 688 - 5000
- Website: [Overlake Adult Day Hospital Program](#)

### Smokey Point Behavioral Health Inpatient Psychiatry & Partial Hospitalization

- Address: 3955 156<sup>th</sup> St NE, Marysville, WA 98271
- Phone: (425) 651-6400
- Website: [Smokey Point Behavioral Hospital](#)

### Swedish Edmonds Inpatient Psychiatric & Partial Hospitalization Program

- Address: 21601 76<sup>th</sup> Ave W, Edmonds, WA. 98026
- Phone: (425) 640-4098
- Website: [Swedish Edmonds Partial Hospitalization Program](#)

### Swedish Ballard Inpatient Psychiatry & Reproductive Psychiatry (expectant mothers)

- Address: 5300 Tallman Ave NW, Seattle, WA 98107
- Phone: 206-781-6048
- Website: [Swedish Ballard Psychiatry](#)

### Thira Health

- Address: 11400 SE 6th St Ste 200, Bellevue, WA 98004
- Phone: (425) 620 - 4266
- Website: [Thira Health](#)