# LGBTQ Counseling and Resources

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University of Washington – The Q Center
- LGBTQ resources, events, support groups, and mentorship.
- Address: 4001 Northeast Stevens Way, Seattle WA. 98195 (*Husky Union Building, Rm 315*)
- Website: The Q Center

LGBT National Help Center
- National Hotline: 1-888-843-4564
- Youth Hotline: 1-800-246-7743
- Website: LGBT National Help Center

Trevor Lifeline
Provides crisis intervention, suicide prevention, and life-affirming services to LGBTQ youth ages 13-24.
- Phone: 1-866-488-7386
- Website: Trevor Lifeline

Trans Lifeline
- Phone: 1-877-565-8860
- Website: Trans Lifeline

Entre Hermanos
Focuses on gay, lesbian, bisexual and transgendered individuals within the Latin community.
- Address: 1621 S Jackson St. Suite 202 Seattle, WA 98144
- Phone: (206) 322-7700
- Website: Entre Hermanos

Gay City Crisis
Resources for LGBTQ communities.
- Address: 400 E. Pine St. Suite 100, Seattle, WA. 98122
- Phone: (206) 860-6969
- Website: Gay City Crisis
Ingersoll Gender Center
Transgender resource center. Includes peer support groups and lists of medical and mental health providers who work with the trans community.
- Address: 911 E Pike St. Suite #221, Seattle, WA. 98122
- Phone: (206) 849-7859
- Email: info@ingersollgendercenter.org
- Website: Ingersoll Gender Center

National Queer and Trans Therapists of Color Network (NQTTCN)
Directory of queer and trans therapist of color. Also provide mental health fund for people seeking mental health support.
- Website: NQTTCN

Northwest Network of Bi, Trans, Lesbian and Gay Survivors of Abuse
- Phone: (206) 568-7777
- Website: NW Network

Pride Counseling
Online counseling resources available for the LGBTQ community.
- Website: Pride Counseling

Seattle PFLAG- Parents, Families, and Friends of Lesbians and Gays
Support for families, allies and people who are LGBTQ.
- Phone: (206) 325-7724
- Website: Seattle PFLAG

Therapy Den
Therapists who specialize in supporting the trans community.
- Website: Therapy Den

Washington Gender Alliance
Transgender support group.
- Phone: (877) 565-8860
- Website: Washington Gender Alliance
The Association of LGBTQ+ Psychiatrists
Referral to LGBTQ+ identified Psychiatrists
  • Website: AGLP

Cedar River Clinics
LGBTQ health care services.
  • Phone: 1-800-572-4223
  • Website: Cedar River Clinics
  • Phone: (800) 572-4223
  • Seattle Location: 509 Olive Way, Suite 1454, Seattle, WA. 98101
  • Renton Location: 263 Rainier Ave. South, #200, Renton, WA. 98057
  • Tacoma Location: 1401-A Martin Luther King Way, Tacoma, WA. 98405

LGBTQ+ Scholarships for College Students
  • Website: LGBTQ + Scholarships for College Students