Crisis Resources

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Crisis Lines

988 Suicide & Crisis Lifeline
- Phone or text: 988
- Website: 988 Lifeline

Crisis Connection 24-hr Crisis Line
- Phone: 1-866-427-4747
- Website: Crisis Connection 24-hr Crisis Line

Crisis Text Messaging
- Crisis Text Line: Text "HOME" to 741741
- Muslim Crisis Text Line: Text "SALAM" to 741741
- People of Color Text Line: Text "STEVE" to 741741

BIPOC
- Blackline: 1-800-604-5841

Indigenous
- Phone or text 988 and choose option 4

LGBTQ
- Phone or text 988 and choose option 3
- Trevor Lifeline: phone 1-866-488-7386, or text 678-678
  Provides crisis intervention and suicide prevention to LGBTQ youth ages 13-24.
- Trans Lifeline: phone 1-877-565-8860

Muslim
- Amala Muslim Youth Hopeline: phone 855-95-AMALA (855-952-6252)

Spanish
- Phone or text 988 and choose option 2
- Ayuda en la crisis Español: Call 1-888-628-9454

Veterans
- Veterans Crisis Line: Phone or text 988 and choose option 1

Washington Warm Line
Peer support for people living with mental illness
- Phone: 1-877-500-9276
- Website: Washington Warm Line

Alcohol/Drug 24-hour Helpline UW Violence
- Phone: (206) 722-3700 or 1-800-562-1240

Prevention & Response (SAFECAMPUS)
Hotline for students, faculty, and staff regarding violence prevention.
- Phone: 206-685-SAFE (7233)
- Website: SAFECAMPUS
International Help Center
Currently not in the USA. Find Emergency Numbers and Suicide Hotline Numbers from around the world. [https://www.suicidestop.com/call_a_hotline.html](https://www.suicidestop.com/call_a_hotline.html)

Hospitals

**Evergreen Hospital**
- Address: 12040 NE 128th Street, Kirkland, WA. 98034 *(for Emergencies, use west entrance and parking)*
- ER Phone: (425) 899-1700
- Hospital Medical Center: (425) 899-2736
- General Questions: (425) 899-1000
- Website: [24-Hour Emergency Care](#)

**Evergreen Health**
- Address (Redmond ER): 8980 161st Ave. NE, Redmond, WA. 98052
- Phone: 425-883-3333
- Website: [Evergreen Health](#)

**Fairfax Behavioral Health**
Fairfax provides acute mental health inpatient, partial hospitalization and chemical dependency programs.
- Kirkland Address: 10200 NE 132nd St., Kirkland, WA. 98034
- Everett Address: 916 Pacific Ave, Everett, WA. 98201
- Monroe Address: 14701 179th Ave. SE., Monroe, WA. 98272
- Phone: (425) 821-2000
- Website: [Fairfax Behavioral Health](#)

**Harborview Medical Center Emergency Medicine**
This center provides mental health evaluation and in-patient services.
- Address: 325 9th Avenue, Seattle, WA. 98104
- Phone: (206) 744-3000
- Website: [Harborview Medical Center](#)

**Overlake Emergency & Trauma Center**
Overlake Hospital provides same day/next day urgent mental health evaluations, inpatient/day hospital treatment programs and chemical dependency evaluations.
- Address: 1035 116th Ave NE, Bellevue, WA. 98004
- Phone: (425) 688-5000
- Trauma Center: (425) 688-5100
- Physician referral line: (425) 688-5211
Website: [Overlake Emergency & Trauma Center](#)

**Swedish Medical Center**  
Swedish Medical Center provides acute mental health inpatient and partial hospitalization programs.  
- Address: 21601 76th Ave W, Edmonds, WA 98026  
- Phone: (425) 640-4090 *(Mental Health Intake)*  
- Website: [Swedish Medical Center](#)

**Northwest Hospital & Medical Center**  
- Address: 1550 N. 115th Street, Seattle, WA 98133  
- Phone: (206) 364-0500  
- Website: [NW Hospital & Medical Center](#)

**Swedish/Edmonds Hospital**  
- Address: 21601 76th Ave W, Edmonds, WA 98026  
- Phone: (425) 640-4000  
- Website: [Swedish/Edmonds Hospital](#)

**Swedish/Redmond Emergency Room**  
- Address: 18100 NE Union Hill Road, Redmond, WA 98052  
- Phone: (425) 498-2020  
- Website: [Swedish/Redmond Emergency Room](#)

**Swedish/Mill Creek Hospital**  
- Address: 13020 Meridian Ave. S. Everett, WA 98208  
- Phone: (206) 386-6000  
- Website: [Swedish/Mill Creek Hospital](#)

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**Partial Hospitalization Program**

**Cascade Behavioral Health**  
Offers Partial Hospitalization Program (PHP), and on-site or virtual Intensive Outpatient Program (IOP). Two Addresses:  
- Address: 12844 Military Rd S, Tukwila, WA 98168  
- Phone: (855) 978-1284  
- Address: 1300 114th Avenue SE. Suite 100, Bellevue, WA 98004  
- Phone: (206) 248-4787  
- Website: [Cascade Behavioral Health](#)
Fairfax Behavioral Health
Offers Adult Day Program (PHP) and Adult Evening Program (IOP)
- Kirkland Address: 10200 NE 132nd St., Kirkland, WA. 98034
- Everett Address: 916 Pacific Ave, Everett, WA. 98201
- Monroe Address: 14701 179th Ave. SE., Monroe, WA. 98272
- Phone: (425) 821-2000
- Website: Fairfax Behavioral Health Adult Outpatient Programs

Overlake Adult Day Hospital Program (PHP)
Need referral from outpatient therapist. Download the referral form.
- Address: 1035 116th Ave NE, Bellevue, WA 98004
- Phone: (425) 688 - 5000
- Website: Overlake Adult Day Hospital Program

Swedish Edmonds Partial Hospitalization Program
- Address: 21601 76th Ave W, Edmonds, WA. 98026
- Phone: (425) 640-4098
- Website: Swedish Edmonds Partial Hospitalization Program

Thira Health
Offers Partial Hospitalization Program, and morning or evening Intensive Outpatient Program
- Address: 11400 SE 6th St Ste 200, Bellevue, WA 98004
- Phone: (425) 620 - 4266
- Website: Thira Health