# LGBTQ Counseling and Resources

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University of Washington- The Q Center
LGBTQ resources, events, support groups, and mentorship.
  • **Address:** 4001 Northeast Stevens Way, Seattle WA. 98195 *(Husky Union Building, Rm 315)*
  • **Website:** [The Q Center](#)

LGBT National Help Center
  • **National Hotline:** 1-888-843-4564
  • **Youth Hotline:** 1-800-246-7743
  • **Website:** [LGBT National Help Center](#)

Trevor Lifeline
Provides crisis intervention, suicide prevention, and life-affirming services to LGBTQ youth ages 13-24.
  • **Phone:** 1-866-488-7386
  • **Website:** [Trevor Lifeline](#)

Trans Lifeline
  • **Phone:** 1-877-565-8860
  • **Website:** [Trans Lifeline](#)

Pride Counseling
Online counseling resources available for the LGBTQ community.
  • **Website:** [Pride Counseling](#)

Gay City Crisis
Resources for LGBTQ communities.
  • **Address:** 400 E. Pine St. Suite 100, Seattle, WA. 98122
  • **Phone:** (206) 860-6969
  • **Website:** [Gay City Crisis](#)

LGBTQ + Scholarships for College Students
  • **Website:** [LGBTQ + Scholarships for College Students](#)

Seattle PFLAG – Parents, Lesbians and Friends of Lesbians and Gays
Support for families, allies and people who are LGBTQ.
  • **Phone:** (206) 325-7724
  • **Website:** [Seattle PFLAG](#)
Entre Hermanos
Focuses on gay, lesbian, bisexual and transgendered individuals within the Latin community.
  • Address: 1621 S Jackson St. Suite 202 Seattle, WA 98144
  • Phone: (206) 322-7700
  • Website: Entre Hermanos

National Queer and Trans Therapists of Color Network (NQTTCN)
Directory of queer and trans therapist of color. Also provide mental health fund for people seeking mental health support.
  • Website: NQTTCN

The Northwest Network of Bi, Trans, Lesbian and Gay Survivors of Abuse
  • Phone: (206) 568-7777
  • Website: NW Network

Ingersoll Gender Center
Transgender resource center. Includes peer support groups and lists of medical and mental health providers who work with the trans community.
  • Address: 911 E Pike St. Suite #221, Seattle, WA. 98122
  • Phone: (206) 849-7859
  • Email: info@ingersollgendercenter.org
  • Website: Ingersoll Gender Center

Washington Gender Alliance
Transgender support group.
  • Phone: (877) 565-8860
  • Website: Washington Gender Alliance
  • (Meetings Cancelled Until Further Notice as of August 2022)

Cedar River Clinics
LGBTQ health care services.
  • Phone: 1-800-572-4223
  • Website: Cedar River Clinics
  • Phone: (800) 572-4223
  • Seattle Location
    • Address: 509 Olive Way, Suite 1454, Seattle, WA. 98101
      (Location Currently Closed as of August 2022)
  • Renton Location
    • Address: 263 Rainier Ave. South, #200, Renton, WA. 98057
  • Tacoma Location
    • Address: 1401-A Martin Luther King Way, Tacoma, WA. 98405