



# Eating Disorders – Treatment Programs

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### National Eating Disorders Association

- Website: [National Eating Disorders Association](#)

### Day-Drummy Therapy & Counseling

Merrie Day, PhD, LMFT

- Address: 8752 122<sup>nd</sup> Ave. NE, Kirkland, WA. 98033
- Phone: (425) 747-0155
- Website: [Day-Drummy Therapy & Counseling](#)

### Center for Discovery Bellevue

- Address: 16305 SE 37<sup>th</sup> Street, Bellevue, WA 98008
- Phone: (844) 798-1349
- Website: [Residential Program & Outpatient contact/address](#)

### The Center - A Place of HOPE

- Address: 547 Dayton St., Edmonds, WA. 98020
- Phone: (425) 771-5166
- Hotline: 1-888-771-5166
- Website: [The Center-A Place of HOPE](#)

### The Emily Program

Offers residential, partial, and outpatient programs in multiple locations.

- Address: [Multiple locations](#)
- Phone: 888-364-5977
- Website: [The Emily Program](#)

### Opal: Food+Body Wisdom

- Address: 1100 NE 45<sup>th</sup> St. Suite 600, Seattle WA 98105
- Phone: (206) 926 - 9087
- Website: [Opal Food Body Wisdom](#)

### Eating Recovery Center

- Hotline: 1-866-341-2849
- Bellevue Address: 1231 116th Ave NE ste 350, 370, 800, Bellevue, WA 98004
  - Bellevue Phone: (425) 454-1010
  - [Bellevue Website](#)
- Seattle (Washington Virtual Program)
  - Seattle Phone: 866-341-2849
  - [Seattle Website](#)

### Emma Doerner, LMHC-A

Certified nutritionalist, offers online counseling sessions and in-person appointments

- Address: 4027 21st Ave West, Seattle, WA
- Phone: (503) 683-2026
- Website: [Fed Spirit counseling](#)

### Cassandra Kotlarchik, LMFT

Certified Eating Disorder Specialist

- Phone: (425) 405-2837
- Website: [Cassandra Kotlarchik Counseling](#)