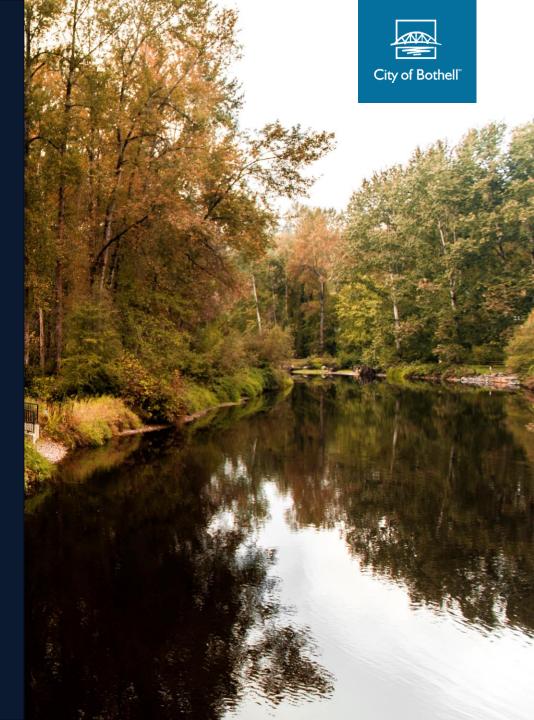
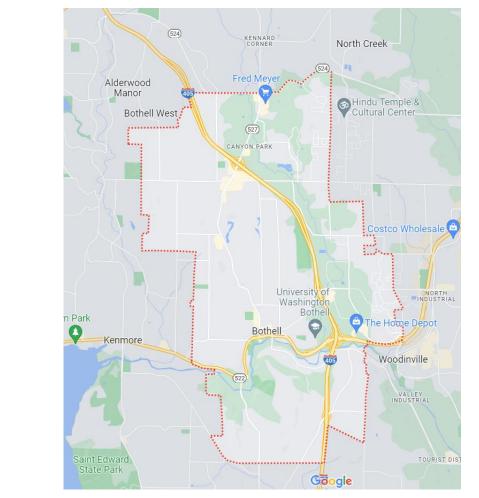
Preparedness and You: How To Get Personal With Your Preparedness

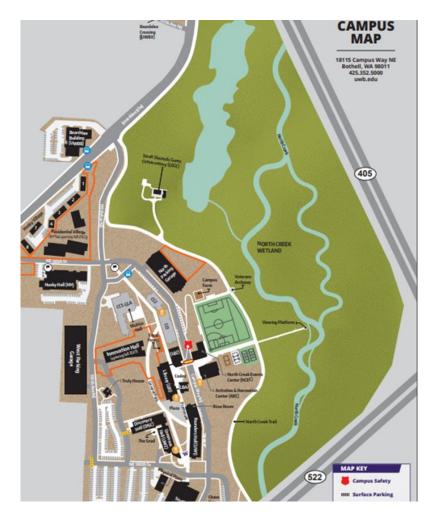
September 20, 2023 Colby Cavanaugh City of Bothell Emergency Management





Bothell Background





LEFT: Bothell City Limits

RIGHT: UW Bothell Campus Map



What's In It For Me?

Effectively prepared individuals incorporate emergency preparedness practices into their daily routines at their home, work space, and on-the-go, which improves survivability and resilience in their communities.



Overview

01 – What?

What is Preparedness?

Who's responsible?

02 – Why?

Preparedness Journey

Local Hazards

03 – Where?

Preparing at:

- Home
- Work
- On-The-Go

04 – What else? Resources Contacts Questions?



What is 'Preparedness'?

Preparedness: "A continuous cycle of planning, organizing, training, equipping, exercising, evaluating, and taking corrective action in an effort to ensure effective coordination during incident response."



Who is Responsible?

Everyone!





Preparedness Journey

Washington State Emergency Management Division



Local Hazards

Natural	Human Caused	Technological
Land Movement (Earthquake, Landslide, etc.)	Active Assailants	Critical Infrastructure (Power, Water, Wastewater, etc.)
Flood (Riverine, Urban, etc.)	Civil Disturbance	Cyber Attack
Public Health (Pandemic, Opioids, etc.)	Hazardous Materials	
Severe Weather (Heat, Cold, Ice, Snow, Wind, etc.)		
Volcano (Ash)		
Wildfire		



Build A Kit!

All

- At Least 3 Days of Food + Water
- Blankets + Clothing
- Basic First Aid + Important Medication
- Activities
- Batteries + Alternate means to charge phones

Home

- 2 Weeks of Food + Water
- Important Documents
- Pet Supplies
- Crank Radio
- Batteries + Alternate means to charge phones
- Alternate Food Prep

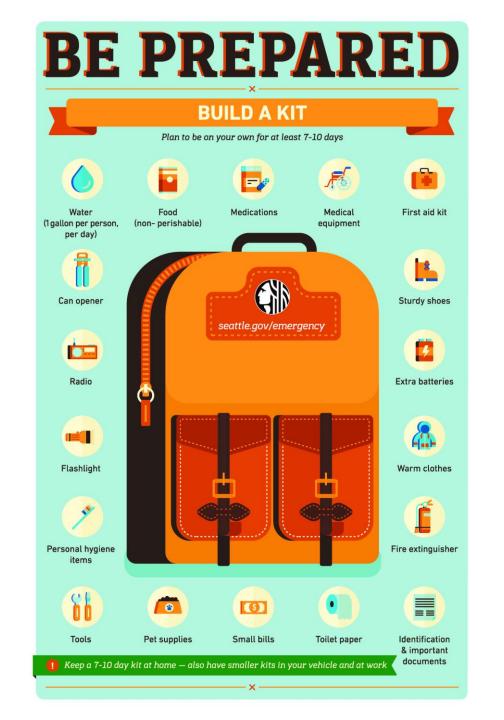
Work

- Evacuation Plan
- Important Documents
- Important Access Items (Keys, cards, etc.)
- Personal Contacts
- Crank Radio

On-The-Go

- Evacuation Plan
- Important Documents
- Important Medication
- Crank Radio

Your kit should meet your specific needs!







HOME



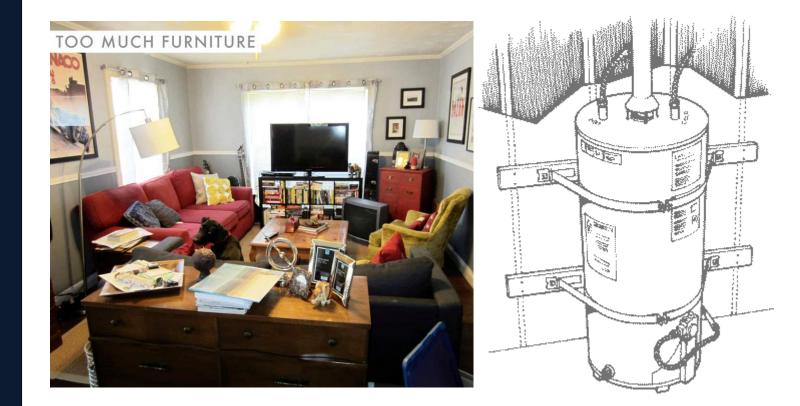
Prepare the Inside

• Locate

 Evacuation routes; Go Kit locations; access and functional need barriers

• Secure

- Water tank, wall hangings, hazardous materials, etc.
- Maintain
 - Insurance policies and disaster coverage; neighborhood response groups





Prepare the Outside

Locate

 Utility shutoffs and yard hazards

• Secure

- Yard décor and toys
- Maintain
 - Defensible Space







WORK



Know Your Building

Locate

- First aid, AED, and Stop the Bleed equipment
- Secure
 - Emergency access routes
- Maintain
 - Understanding and awareness of environment

Building Safety Resources



Ensure that stairwells, doorways, and corridors remain clear and unobstructed at all times.

Items in a pathway could hinder evacuation.

UNIVERSITY of WASHINGTON | BOTHELL





ON-THE-GO



17

Know Where to Go

- Locate
 - Alternate meeting locations
- Secure
 - Evacuation routes
- Maintain
 - Up-to-date information for household and out of area contacts





Sign Up To Receive Alerts!



King County

KingCounty.gov/Alert



Snohomish County

snohomishcounty wa.gov/620/Public -Alert-Resources



UW Bothell

washington.edu/s afety/alert/



Helpful Preparedness Resources





UW Bothell

https://www.uwb.e du/safety/ehsemergency





Questions?

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