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| Health Studies | Bachelor of ArtsUW logo | | | | | |
|  | 0-45 credits | 45-135 credits | 135+credits | **Career Development Checklist**   * Register on Handshake * Develop Resume * Build LinkedIn & Handshake profiles * Network with alumni/ industry professionals * Research careers and skill requirements for your major * Participate in an internship/experiential education opportunity * Practice mock interviews * Develop list of references |
| EDUCATION  *What do I want to do?* | * Explore [Health Studies](https://www.uwb.edu/nhs/undergraduate/health-studies) Webpage * Meet with [professors](https://www.uwb.edu/nhs/people/faculty)/[Pre-Major Advisors](https://www.uwb.edu/premajor/academic-advising/advisors) * Consider taking the Career Exploration class [BISSKL 250](https://www.washington.edu/students/crscatb/bisskl.html) * Explore [study abroad opportunities](https://www.uwb.edu/connected-learning/global/abroad) | * Explore the [Office of Connected Learning](https://www.uwb.edu/connected-learning/) to find research opportunities * Explore the Health Studies Academic Advising Canvas Course (once admitted into the major) to review degree related information and career pathways * Explore [graduate school options](https://guides.lib.uw.edu/friendly.php?s=bothell/gradschool), including program and admission requirements * Participate in [Community-Engaged Learning and Research (CELR)](https://www.uwb.edu/connected-learning/celr) coursework * Participate in a [study abroad program](https://www.uwb.edu/connected-learning/global/abroad) * Consider a minor, such as [global health](https://www.uwb.edu/nhs/undergraduate/global-health-minor) or [health education and promotion](https://www.uwb.edu/nhs/undergraduate/hep-minor) | * Complete Fieldwork in Health * Apply to graduate school (if applicable), [make an appointment with Career Services](https://www.uwb.edu/career-services/appointments) to help you with the process |
| HANDS ON LEARNING  *What can I do to achieve my goals?* | * Participate in [campus activities](https://www.uwb.edu/sea/events) to build community and network with others * [Join a club or student government](https://www.uwb.edu/sea/getinvolved) to build skills in leadership, communication, and working with diverse populations. * Find [volunteer opportunities](http://www.seattle.gov/services-and-information/volunteering-and-participating) with your community or local non-profit | * Join a local professional association such as the [American Public Health Association](https://apha.org/) * [Network](https://www.uwb.edu/career-services/resources/networking) with faculty, advisors, peers, & alumni in your major/career focus * Attend [career fairs/networking events](https://www.uwb.edu/career-services/events) * Participate in campus operations by joining a committee, such as: [SAF](https://www.uwb.edu/sea/getinvolved) or [STF](https://www.uwb.edu/sea/getinvolved) | * Practice your [elevator speech](https://www.uwb.edu/career-services/resources/networking/elevator-speeches-pitches) and network with faculty, peers and alumni for post-graduation planning * Join the [UW Alumni Association and Husky Landing](https://www.uwb.edu/alumni) to find mentorship & networking opportunities * Utilize [LinkedIn Learning](https://careers.uw.edu/linkedin-learning/) to develop and enhance skills | **Related Careers**: Health Educator, Community Health Worker, Healthcare Administration, Research, Occupational Safety, Patient Care Services, Program Planning & Implementation  **Licensing/certification:** Certified Nursing Assistant, Medical Assistant Certification, Certified Health Education Specialist  **Post-Baccalaureate Degree Paths:** Master’s in Public Health, Community Health & Social Justice, or Health Administration; MD, DDS, PharmD, PA, DPT, MSW  **Companies who have hired on Handshake:** Fred Hutchinson Cancer Research Center, Seattle Children’s, Axio Research  **Professional Associations:** American Association of Healthcare Administrative Management, American Public Health Association, Society for Public Health Education |
| CAREER PREPARATION  *How can I help myself get a job?* | * Make your [first appointment with Career Services](https://www.uwb.edu/career-services/appointments) to develop your resume and LinkedIn profile * Register for [Handshake](https://uw.joinhandshake.com/login) (UW’s free job & internship board) and complete your profile * Use the [UW Bothell’s LinkedIn Alumni page](https://www.linkedin.com/school/university-of-washington-bothell/people/), [WOIS.org,and What Can I Do With This Major](https://www.uwb.edu/career-services/resources/majors-and-careers) to research careers and skill requirements * Conduct [informational interviews](https://www.uwb.edu/career-services/resources/networking/career-conversations) with alumni and other industry professionals for career advice, job research, and mentorship opportunities | * Intern with an employer/career of interest * Job shadow to clarify career interests * Update [resume](https://www.uwb.edu/career-services/resources/resumes) with relevant academic coursework/project * Update [LinkedIn/e-portfolio](https://www.uwb.edu/career-services/resources/networking) and [Handshake](https://uw.joinhandshake.com/login) profile with projects and accomplishments which highlight your skills * Apply to [Student Employment](https://www.uwb.edu/hr/student/huskyhires) opportunities to gain experience and leadership | * Visit [Career Services](https://www.uwb.edu/career-services/appointments) to refine your resume/LinkedIn profile, job search strategies, and interview skills * Develop a list of [academic references and recommenders](https://www.uwb.edu/career-services/resources/recommendation) * Begin applying for jobs |

Additional Resources:

* For international students with questions about OPT/CPT, please see [International Student Services](https://www.uwb.edu/international-student-services).
* Feeling overwhelmed? Make an appointment with [Career Services](https://www.uwb.edu/career-services) for career-related support or with the [Counseling Center](https://www.uwb.edu/student-affairs/counseling) for mental health support.