Health Studies (B HLTH)

Planning Worksheet 2022-2023

Prerequisite Courses:	<u>Grade</u>
■ B WRIT 132/133 or 134 (Composition) – 2.0 min required	
B WRIT 135 (Research Writing) – 2.0 min required	
ARTS & HUMANITIES (A&H)	
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SOCIAL SCIENCES (SSc)	
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□ NATURAL SCIENCES(NSc)	
□ NATURAL SCIENCES(NSc)	
REASONING (RSN) – satisfied by preferred statistics admissions requirement, B MATH 215, B BUS 215, BIS 315 (or another RSN equivalent)	
A minimum of 30 quarter credits must be completed prior to applying.	
General Education and Areas of Inquiry	
Find more information on Health Studies requirements, including a quarterly course spreadsheet tool, here:	
https://www.uwb.edu/healthstudies/degree-req.	
Writing Requirement – 15 credits	Natural Sciences (NSc) – 15 credits
☐ B WRIT 132/133 or 134 Composition	Prerequisite course from above:
☐ B WRIT 135 Research Writing	Prerequisite course from above:
☐ BHS 300 Health Research (in major)	☐ Course:
Arts & Humanities (A&H) – 15 credits	Social Sciences (SSc) – 15 credits
Prerequisite course from above:	Prerequisite course from above:
Prerequisite course from above:	Prerequisite course from above:
Course:	Course:
Course.	Coolse.
Reasoning (RSN) – 5 credits	Diversity (DIV) – 3 credits
☐ Prerequisite course from above:	☐ BHS 302 Social Dimensions of Health (in major)
General Electives or Other Courses	

Pre-Major Contact: <u>UWBAdvis@uw.edu</u> | (425) 352-3427 Approved: 6/14/22 KW

Applying to Health Studies

(Subject to change. Please check with your advisor)

How To Apply:

- 1) Meet with a Pre-Major advisor to review prerequisites on your Degree Audit
- 2) Review the UWB Admissions webpage, which provides a checklist on how to apply: https://www.uwb.edu/degrees/major-application
- 3) Review Health Studies application details: http://www.uwb.edu/healthstudies/admissions/apply
- 4) Write a Personal Statement: Your Personal Statement is an opportunity to introduce yourself to the admissions committee and explain your interests in the Health Studies degree. Your Personal Statement is as important as your academic record. Please address the following topics when completing your statement:
 - a. What are some of your professional and personal goals as they relate to the Health Studies degree?
 - b. Given the core objectives shown below, describe how the Health Studies degree will help you achieve your goals. The Health Studies degree teaches students to:
 - Understand factors that pose risk, or promote prevention for population and community health
 - Identify factors that influence health equity and social justice
 - Understand health research within the context of complex population health outcomes
 - Analyze the impacts of healthcare policies to improve the health of diverse communities
 - Communicate health information to a variety of audiences
 - Develop as public health leaders and health practitioners
 - c. Describe relevant experiences informing your understanding of health. Examples could be personal, professional, community, and/or academic.
- 5) Resume and additional comments (optional) While these supplemental areas are not formally scored, students may submit a resume or additional comments to provide the Admission Committee more information about yourself.

Application Deadlines: See website for dates.

Number of prerequisites that can be in progress at the time of application:

Students may apply while they have pre-requisite courses in progress, but these courses must be completed before they begin their first quarter in the Health Studies program. Additionally, students will score higher in the admissions review if they have received numeric grades in these courses. It is strongly recommended that students have both English courses completed prior to applying.

What does a successful application to this major look like?

While historically Health Studies has been capacity constrained, the program has accepted almost all applicants in the 2020-2021 and 2021-2022 years. The Health Studies program uses a holistic admissions process, which means that both your academic record and personal statement are considered equally. Applicants should meet all prerequisites and have a clear motivation for a career in health. A minimum of 2.0 is required for both English courses with a 3.0 or higher preferred.

Other Important Information for Applicants:

- **S grades:** The School of Nursing & Health Studies follows the University policies surrounding S grades. S grades received during campus-wide extraordinary circumstances quarters will meet graduation and Health Studies degree requirements. Learn more about extraordinary circumstances S/NS grading here.
- If you have any further questions about the Health Studies major please attend an information session. <u>You can find</u> further information regarding the Health Studies major and information sessions on the website.
- To stay up-to-date on School of Nursing & Health Studies announcements, student stories, and more follow SNHS on Facebook (@uwbnursing), Instagram (@uwb_snhs), and LinkedIn (@uwbnhs).
- If you are planning to apply to another major, consider adding an element of health to your degree through the following minors:
 - o Health Studies Minor (https://www.uwb.edu/healthstudies/health-studies-minor)
 - o Health Education & Promotion Minor (https://www.uwb.edu/healthstudies/hepminor)
 - o Global Health Minor (https://www.uwb.edu/healthstudies/global-health-minor)

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