Interdisciplinary Arts & Sciences – Community Psychology | Bachelor of Arts

W BOTHELL

	First Year (0-45 credits)	2nd & 3rd Years (45-135 credits)	4+ Years (135+credits)	Career Development Checklist
EDUCATION *What do I want to do?*	➢ Explore IAS Community Psychology Webpage ➢ Meet with professors/Pre-Major Advisors ➢ Consider taking the Career Exploration class BISSKL 250 ➢ Explore study abroad opportunities through IAS	➢ Explore faculty bio pages and the undergraduate research database to find research opportunities – earn credit through BIS 398, BIS 492, or BIS 498 ➢ Explore graduate school options, including program and admission requirements ➢ Participate in Community-Based Learning and Research (CBLR) coursework ➢ Participate in a study abroad program	➢ Complete BIS 499 Portfolio Capstone ➢ Apply to graduate school (if applicable), make an appointment with Career Services to help you with the process	❑ Register on Handshake ❑ Develop Resume ❑ Build LinkedIn & Handshake profiles ❑ Network with alumni/ industry professionals ❑ Research careers and skill requirements for your major ❑ Participate in an internship ❑ Practice mock interviews ❑ Develop list of references and recommenders
HANDS ON LEARNING *What can I do to achieve my goals?*	➢ Use the UW Bothell's LinkedIn Alumni page, WOIS.org, What Can I Do With This Major, and O*NET Online to research careers and skill requirements ➢ Participate in campus activities to build community and network with others ➢ Join a club or student government to build skills in leadership, communication, and working with diverse populations ➢ Find volunteer opportunities with your community or local non-profit	➢ Network with faculty, advisors, peers, & alumni in your major/career focus ➢ Attend career fairs/networking events ➢ Subscribe to IAS Calendar and Instagram ➢ Attend a Mentor Chat to connect with IAS alumni working across diverse roles and sectors	➢ Practice your elevator speech and network with faculty, peers and alumni for post-graduation planning ➢ Join the UW Alumni Association and Husky Landing to stay connected and attend networking events ➢ Utilize LinkedIn Learning to develop and enhance skills	**Employment Opportunities:** Human Services, Research, Education, Human Resources **Related Careers:** Counseling, Psychotherapy, Social Research, Teaching, Employment and Recruitment, Case Management **Licensing/certification:** License in Clinical Work, Licensed Psychologist, SHRM Certification **Post-Baccalaureate Degree**

CAREER PREPARATION

How can I help myself get a job?

- ➢ Make your first appointment with Career Services to develop your resume and LinkedIn profile
- ➢ Register for Handshake (UW's free job and internship board) and complete your profile
- ➢ Participate in a Career Trek, an interactive opportunity to explore career options and pathways
- ➢ Conduct informational interviews with alumni and other industry professionals for career advice, job research, and discuss mentorship opportunities

- ➢ Intern with an employer/career of interest – and earn credit via BIS 495 (Ex(s): Community Organizing, Employment Professional, Student & Community Development)
- ➢ Job shadow to clarify career interests
- ➢ Update resume with relevant academic coursework/project
- ➢ Update LinkedIn/e-portfolio and Handshake profile with projects and accomplishments which highlight your skills
- ➢ Apply to Student Employment opportunities to gain experience and leadership

- ➢ Visit Career Services to refine your resume/LinkedIn profile, job search strategies, and interview skills
- ➢ Develop a list of academic references and recommenders
- ➢ Begin applying for jobs

Paths: Master's in Social Work, Master's in School Counseling, PhD in Social Psychology

Companies who have hired on Handshake: AmeriCorps, Pacific Behavioral Healthcare PC, Seattle Public Schools, Neighborhood House, Community Psychiatric Clinic

Professional Associations: American Accounting for Marriage and Family Therapy, Society of Counseling Psychology, Society for Human Resource Management