

Autumn 2025

UW Bothell's Thriving Guide



A booklet made by students and
staff to guide you through the
beginning of your journey here.

**Before reading
the Thriving
Guide:**



**After reading the
Thriving Guide:**



UW Bothell's

Thriving Guide

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Academic Terminology

Add/Drop courses

You can add and drop classes from your schedule through the second week of the quarter– but if you add and drop after a class has started, talk with the instructor.

Registration Hold

A registration hold blocks you from registering for classes. This can be due to any incomplete critical notices (found in my.uw.edu), an incomplete orientation, overdue fees, or more.

Bachelor vs major

A bachelor's is an undergraduate degree, and a major is a field of study. So you, an undergrad student, would be pursuing their bachelor's degree in [*insert your major here*]. (An **undergraduate** is a student pursuing a degree at the first level of higher education.)

FAFSA

FAFSA stands for Free Application for Federal Student Aid. This financial aid form must be filed each year, as your income in a prior year can affect your financial aid. Additionally, everyone's amount and kind of financial aid looks different.

FERPA

FERPA stands for Family Education Rights and Privacy Act. Your guardians' access to your records changes in college, and through FERPA, you have control of your records and how much information is shared with them.

Navigate

Navigate is an online website/app used to schedule appointments with academic advisors, career advisors, peer coaches, and more.

Tip: Download the EAB Navigate app on your phone for easy scheduling!



Syllabus

A syllabus is a summary outline of a class. It includes an overview of the topics covered, reading materials, assignments, tests, and other requirements. Essentially, it's like a roadmap for what you'll learn in a class!

Meta major

A pathway designed to help you explore academic, co-curricular, and research opportunities based on their intended major or field of interest.

Quarter system

The academic year is divided into quarters. There are three regular academic-year quarters: autumn, winter, and spring. Additionally, there's a summer quarter if you wish to attend during that time. Courses typically last for one quarter, which is approximately 10 weeks plus finals.

Pre-Major

Being a pre-major at the University of Washington Bothell (UWB) means that you are in your first or second year and have not yet declared a specific major. Remember that you'll need to declare a major by the time you've accumulated around 105 credits.

Hybrid Classes

Selecting a hybrid class means that you are registering for a class that might be both in person or online. You will need to check the syllabus to confirm which classes are in person.

Canvas

Canvas is a site that most of your professors will use to upload readings, classwork, and assignments. You can find your grade here and messages from your classmates or professors.

Faculty/Professor

Every class you take will be instructed by a teacher typically called a faculty, professor, or instructor in a college setting. Tip: Check with your instructor to see what they want to be called.



UW Lingo

Husky Terminology

Dubs

Dubs is the 14th official live mascot of the UW! He is an Alaskan Malamute, adopted into a family of UW Alumni.

Holly the Husky

Holly the Husky is the official mascot in costume of UW Bothell. Fun fact: Harry the Husky is UW Seattle's official mascot, and Hendrix the Husky is UW Tacoma's official mascot.

Husky Principles

The Husky Principles are a set of guidelines created by students for students to follow during their time at UWB.

The principles are:

- Practice high standards of honesty and integrity
- Respect the dignity and rights of all persons
- Support freedom of thought and expression
- Pursue ongoing intellectual and personal development
- Engage in critical thinking and discovery
- Improve our university community and the world

UWB

UW is an acronym for the University of Washington, and UWB is an acronym for the University of Washington Bothell. Many people say "U-'dub'-B" or "U-'dub'-Bothell" instead of "U-"double-u"-B" because it's shorter.

Resident Advisor (RA)

A student leader who lives in residential life. RAs are in charge of creating community, putting on programming on their floor, and making sure that students that live on campus are following the rules and guidelines.



Peer Coach (PC)

A student leader who supports you if you are a first-year student. They offer one-on-one coaching sessions that help you set goals for your first quarter at UWB. Think of them as a built in buddy for your first quarter!

First Generation student

A first generation student is any student at UWB that is the first in their family to pursue a 4 year college degree in the US. First generation events are held to celebrate and provide resources for students during throughout the year including National First Generation Celebration Day (November 8th).

Commencement

Commencement is also known as graduation. A ceremony to recognize students that completed their degree.

Convocation





Convocation at UWB occurs every year before the first week of classes to kickoff the start of the school year. Check the UWB website to see exact date.






Welcome Week

Welcome week is a 1-2 week long series of events in that happens in the very start of Autumn quarter to kick off the school year. Check out the Welcome Week website for more information!



UWB Resource Acronyms

Resource	What They Do	QR Code to Website
Academic Learning Commons (ALC)	A space (UW2-030) that has many different academic support resources like tutoring and coaching.	
Academic Success Coach (ASC)	Professional staff who can help you learn skills to be a better student (time management, study tips, note taking, etc. Located in the ALC (see above)	
Quantitative Skills Center (QSC)	Tutoring center to help you develop skills with all things numbers, math, CSS, physics, chemistry, etc. Located in the ALC (see above)	
Writing and Communication Center (WaCC)	A tutoring center that will help you with writing and presentation skills Located in the ALC (see above)	

Resource	What They Do	QR Code to Website
Activities and Recreation Center (ARC)	The ARC has study spaces, a gym, fitness classes, and is home to many clubs and organizations.	
Outdoor Wellness Leaders (OWLs)	OWLs lead all outdoor trips and events. They also run the Nest Gear Shop where you can rent outdoor gear in ARC.	
Health and Wellness Resource Center (HaWRC)	A space on campus with staff that can help you connect with wellness resources – basic needs, Husky Pantry, parenting resources, and more.	
Health Educators Reaching Out (HEROs)	Student leaders who lead programs about emotional wellbeing, mental health, sexual health, and more.	
Student Diversity Center (DC)	A space (UW1-173) that centers inclusivity and community. They host events and have rooms you can reserve.	
Veteran and Military Community Center (VMCC)	A space (UW1-011) for military-connected students, offering peer support and creative programs.	

Myths Busted

Academics & Career

Career Services is mainly for students who are graduating soon or students looking for internships.

You should visit Career Services early and often to explore majors aligned with your interests, connect with employers through career fairs, practice building your resume and interview skills, and more! Career Services is available throughout your time here at UWB and 3 years after you graduate.

My major determines my career.

Some majors can lead to specific jobs, but many majors can prepare you for a variety of careers. Academics are equally as important as gaining experiences from campus job or club positions.

Once I add classes to my plan in MyPlan, I'm good to go for the quarter.

Planned classes in MyPlan (myplan.uw.edu) need to be added to your schedule. You will need to transfer these classes over to Register.UW by clicking "Take Me To Register.UW". After transferring them over, click "Update Schedule" on Register.UW.

You only fill out FAFSA once during your time in college.

You must file your FAFSA form every year to receive financial aid. FAFSA forms are filed during your winter or spring quarter of this year, to receive aid for next year.

Work Study means you get paid to study.

Depending on your FAFSA eligibility, you may be eligible for Work Study, and not all jobs are Work Study eligible. The benefit of Work Study is that the wages you earn through Work Study won't affect your FAFSA for the next year.



Professor office hours are only mandatory if I am doing badly in a class.

Office hours are times each week that professors hold open to speak with students who drop-in. You can talk about the course or non-course related topics during this time.

Dean's List means you have perfect grades.

The Dean's List is a list of student's names who have attained a quarterly GPA of 3.50 in the final grades for at least 12 graded credits. Those who qualify for the Dean's List have this achievement written on their permanent academic record.

Recreational

The library only has books.

Our library has many resources beyond just books, including DVDs, comics, and video games. A variety of equipment is also available for check out such as chargers, calculators, and light therapy lamps.

The Collaboratory is only for STEM students.

The Collaboratory is open to all current UWB students of any major. And if you don't know how to use any of the machines in the space, the Collaboratory staff can show you how.

Clubs are exclusive to join.

You can join clubs as a casual member, and it's a way to make friends and feel more comfortable on campus. You can find clubs on the gather website or through social media platforms, like Instagram or Discord.

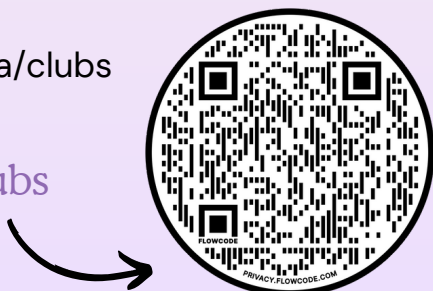
If I have a job or a full course load, I should not join a club.

While everybody's time management is different, we encourage all students to join a club or organization. Clubs are not only a great way to meet people, but it can help you navigate the campus, network, and help you feel more connected.

<https://www.uwb.edu/sea/clubs>

Scan Me!

See our campus clubs



Who for What?

Academic & More

Resource	What they do	What they don't do
Academic Advisors	<ul style="list-style-type: none"> • Class planning • Class registration • Add/drop classes • Declaring your major 	<ul style="list-style-type: none"> • Tell you which professors to take • Tell you which career path or major to pursue
Academic Learning Commons	<ul style="list-style-type: none"> • Tutoring • Proof-reading • Success coaching • Conversation partners 	<ul style="list-style-type: none"> • Provide answers to homework • Check homework for correctness
Peer Coach (for first years only)	<ul style="list-style-type: none"> • 1-1 meetings focused on goal setting • Answers general questions • Referrals to resources 	<ul style="list-style-type: none"> • Academic advising • Personal counseling
Professor or TA (Teaching Assistant)	<ul style="list-style-type: none"> • Teach class material • Answer questions about the class 	<ul style="list-style-type: none"> • Advise students on what classes to take
Disability Resources Services	<ul style="list-style-type: none"> • Help students get accommodations • Alternative testing services 	<ul style="list-style-type: none"> • Provide accommodations that alter the course curriculum
Career Coaches	<ul style="list-style-type: none"> • Mock Interviews • Resume and cover letter assistance • Career exploration 	<ul style="list-style-type: none"> • Apply for jobs for you • Cannot help you register for classes

Finances & Basic Needs

Resource	What they do	What they don't do
Financial Aid	<ul style="list-style-type: none"> • FAFSA/WAFSA application support • Helps finalize financial aid awards 	<ul style="list-style-type: none"> • Account transactions • Late payment fees
Student Fiscal Services	<ul style="list-style-type: none"> • Handles miscellaneous payments 	<ul style="list-style-type: none"> • Provide financial aid support
Emergency Aid	<ul style="list-style-type: none"> • Covers expenses for unplanned costs (e.g. emergency medical costs, fire/water damage) 	<ul style="list-style-type: none"> • Cover expenses for anticipated costs (e.g. tuition, car payments, rent)
Husky Pantry	<ul style="list-style-type: none"> • Provides non-perishable food and toiletry items for students facing food insecurity 	<ul style="list-style-type: none"> • Impact your financial aid • Provide fruit, meat, and other perishable items
Hopelink Mobile Market	<ul style="list-style-type: none"> • Provides pantry staples, fresh produce, and meat/dairy items on the 1st and 3rd Thursday of each month from 11am-12pm 	<ul style="list-style-type: none"> • Impact your financial aid

Finance Tips

Earning

Your paychecks might be smaller than you expected them to be since taxes are taken out first. The W-4 form that is filled out when starting a job determines the amount of taxes that are taken out of a paycheck.

Saving

A good rule of thumb is to save 10% of your earnings if you are able to. Having a savings account is helpful in the case of an emergency. You can also save for bigger purchases such as buying a car, but don't forget the other expenses that come with bigger purchases (e.g. gas, insurance, maintenance)

Planning

You can save for short-term or long-term goals. An example of a short-term goal would be for something you want in the next 1 or 2 years like a gaming console. A long-term goal is something more than 5 years away, like buying a house.

Shopping/Buying Food

Impulse buying is easy! However, make sure to take your budget and other expenses into account when making purchases. Think about how often you are planning you are buying meals. Plan ahead and food prep if you are trying to save money.

Credit

Your credit score will stay with you. It's important to make sure you pay off your credit card balance on time each month so your score isn't negatively effected. Your credit isn't free money, but rather money that you are borrowing.

Tip: Looking for a job? There are many on campus jobs (and off campus jobs) available on HuskyHires. HuskyHires is a job and internship site to help students find opportunities.

Monthly Budgeting Template

What's on this template?

- Customizable budgeting template to suit your needs
 - Change the amounts under "Projected Cost" and "Actual Cost" to fit your lifestyle
 - Add, delete, or edit the categories to accommodate for what you spend on
- *Must be logged in with your UW NetID
 - Download a copy of the template and save to your own computer

<https://tinyurl.com/3xhbfxvu>

Scan Me!
Budgeting Template



Basic Needs Resources

At UWB we want to make sure you have the resources you need to succeed in college. This includes providing resources for basic needs including resources for food, transportation, financial resources (like the ones on this page), and more! Visit this site for more information provided by the Health and Wellness Resource Center (HaWRC).

<https://tinyurl.com/48dcwv9x>

Scan Me!
Basic Needs Program



Important Dates

Registration

Last Day to Add/Drop/Make Course Changes without \$20 Fee

Autumn: September 30, 2025

Winter: January 11, 2026

Spring: April 5, 2026

Last day to add a course through Register.UW

Autumn: October 14, 2025

Winter: January 25, 2026

Spring: April 19, 2026

Last day to drop a course

Autumn: December 5, 2025

Winter: March 13, 2026

Spring: June 5, 2026

Registration Period I (specific day dependent on class standing)

Autumn: May 8 – June 22, 2025

Winter: October 30 – November 16, 2025

Spring: February 12 – March 1, 2026

Dates of Instruction

Autumn Quarter

Dates of Instruction: September 24, 2025–December 5, 2025

Final Exam Week: December 6–12, 2025

Holidays (no school): November 11, 2025, November 27–28, 2025, December 25, 2025

Winter Quarter

Dates of Instruction: January 5, 2026–March 13, 2026

Final Exam Week: March 14–20, 2026

Holidays (no school): January 1, 2026, January 19, 2026, February 16, 2026

Spring Quarter

Dates of Instruction: March 30, 2026–June 5, 2026

Final Exam Week: June 6 – 12, 2026

Holidays (no school): May 25, 2026



Tuition

First day tuition & fee balance is available

Autumn: September 10, 2025

Winter: December 30, 2025

Spring: March 25, 2026

Tuition due

Autumn: October 10, 2025

Winter: January 23, 2026

Spring: April 17, 2026

U-Pass

Deadline to register for classes to ensure advance U-PASS activation

Autumn: September 14, 2025

Winter: December 26, 2025

Spring: March 20, 2026

Advance U-PASS activation

Autumn: September 16, 2025

Winter: December 28, 2025

Spring: March 22, 2026

U-PASS activation for students registered after deadline

All quarters: 2 days after you registered for classes

Deadline to pay U-PASS fee

Autumn: October 10, 2025

Winter: January 23, 2026

Spring: April 17, 2026

Last day to register for upcoming quarter to keep continuous service

Autumn: December 26, 2025

Winter: March 20, 2026

Spring: June 12, 2026

Follow Us!

Many departments on UWB's campus use **Instagram** to keep students updated on upcoming events or about various information. Here are some accounts we recommend you follow to keep up with UWB.

Resource	What they do	Username
Orientation & Transition Programs	Keep up to date on orientation programs, peer coach events, and their annual hiring events.	@uwbotp
UW	Official University of Washington instagram	@uofwa
UWB	Official UWB instagram	@uw_bothell
ASUWB	Associated Students of UWB working for the students of UWB	@asuwbbothell
UWB SEA	UWB Student Engagement and Activities (SEA) oversees all student clubs and most programs	@uwb_sea
UWB Diversity Center	Keep up to date with Diversity Center (DC) programs, resources, and events.	@uwb_diversity

Resource	What they do	Username
Career Services	Keep up to date on programs, resources, and their career fairs.	@uwb_career
UWB Residential Life	Keep up to date with programs and events in residential life.	@uwbreslife
UWB Counseling Center	Follow to learn more about the confidential resources available to you.	@uwb counseling
HaWRC	Follow the Health and Wellness Resource Center (HaWRC) to keep up to date on their events and programs.	@hawrc_uwbcc
Interested in a specific club? Look for them on gather.uwb.edu and follow them on Instagram to see when they meet and how to get involved!		

