ABLE Scholars Community Advancing BIPOC Learning & Engagement Nursing Progression Project Funded by Health Resources & Services Administration (HRSA)

June 2025



The HRSA/ABLE Scholars grant team would like to send a big THANK YOU to all the students, staff, and faculty from UW tri-campus, the Washington Center for Nursing (WCN), and our local community college partners. Over the last four years, the grant has helped fund over 200 scholarships for BIPOC students working on RN-to-BSN, MN, and DNP programs at the University of Washington.

We've really enjoyed hosting quarterly professional development workshops, open hours and oneon-one sessions with our ABLE writing coach. We've also had a blast offering professional headshots, resume help, and LinkedIn workshops! Alongside WCN, we organized some impactful events like Caring for Communities, the Nurses of Color Symposium, Healing and Belonging and the Passion for Nursing. We have worked to address public health needs by bringing together academic faculty and community partners through our Population Health Summits.

In terms of degree progression, we have a significant number of ABLE Scholar alumni, including 7 with Doctor of Nursing Practice degrees, 23 with Master of Nursing degrees, and 53 Registered Nurses who have completed their Bachelor of Science in Nursing (RN-BSN).

As June 30, 2025, approaches and the grant wraps up, we just want you to know how thankful we are for all your participation and support. Your hard work is making a real difference in nursing and helping shape the future of healthcare – what an incredible legacy!

RESOURCES

Nursing Education and Public Health Seminar



Thanks to our panelists and our ABLE Scholars for turning out and attending the Nursing Education and Population Health Seminar. We were so encouraged by the depth of knowledge and advice that our three panelists shared their roles in nursing education and public health. It was a meaningful experience for everyone! <u>Watch video</u>



Resources From the ABLE Writing Coach Jacqueline Richards

Organizing and Managing Sources Workshop

Are you unsure about how to keep track of your sources? Do you have questions about how to use citation management apps like Zotero? Then this workshop is for you! This will be an online workshop walking through the best practices for organizing and managing sources. <u>Watch video</u>

Presentation Skills and Public Speaking Workshop

Presentation skills are something that we develop over time. As a student, I've been nervous about public speaking and presenting work, and I want to share some tips/tricks that have worked for me. Join me for this online workshop to learn some great approaches to tackling presentations. Watch video

Connect with Jacqueline Richards the ABLE Writing Coach

Come to <u>drop-in study support hours</u> on Mondays from 12-1 pm for additional help. Or make a oneon-one appointment with me, the writing coach, here: <u>https://calendly.com/jrichar2-uw/30min.</u>

Building Your Professional Presence



You asked and the ABLE Team delivered a workshop series on Building Your Professional Presence specifically made for our ABLE Scholar audience by Kristen Labrecque, Natural Sciences & Professional Career Advisor at UW Bothell.

Part I: Resumes Part II: LinkedIn Networks

Professional Head Shots



UW Tacoma Photobooth

Visit the Iris Air photo booth for professional headshots.

- Hours: Monday Friday, 9:00am-4:00pm by drop-in in Milgard Hall 101-H
- Available to UW students, alumni, staff, and faculty.

https://www.tacoma.uw.edu/business/success/iris-photo-booth

UW Seattle Photobooth

- Visit the UW Career & Internship Center in MGH 134 and for your next professional photo. <u>https://careers.uw.edu/professional-headshots/</u>
- Hours: Monday Friday, 9:00am-5:00pm by drop-in in MGH 134
- Available to UW students, alumni, staff, and faculty.

UW Bothell Headshot Session at the Media Studio

UW Bothell students need to visit the media studio at LBA-005. Contact UW Bothell Media Producer Marc Studer at studer@uw.edu to schedule a visit.

VOICES OF NURSING

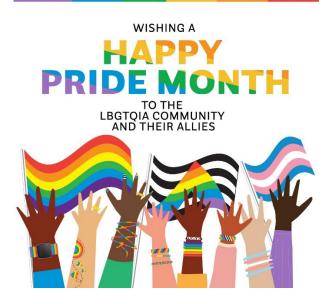


The *Voices of Nursing* podcast amplifies the voices of top-notch nurse leaders, researchers, and scholars, sharing their experiences, challenges, triumphs, and the profound impact they make on patients, families, and communities.

Listen to episode #10

OBSERVANCES

LGTBQ+ Pride Month



Pride Month is a month-long celebration that recognizes the LGBTQ+ community and their contributions to society. It is a time to acknowledge the challenges faced by the community and to

stand in solidarity with their fight for equality, acceptance, and human rights. Pride Month is a joyful and colorful display of love, unity, and resilience, with events and activities that promote inclusivity, educate the public, and celebrate the diversity of sexual orientations and gender identities. Check out local events <u>https://seattlepride.org/events/seattle-pride-parade-2025;</u> it's more than a parade, it's a movement.

Juneteenth



Juneteenth is meant to commemorate the ending of slavery, celebrate the freedom of African Americans, and a time for reflection. The first Juneteenth took place on June 19, 1865, during which 250,00 African Americans embraced freedom and rejoiced in the promise of a new future. While Juneteenth has often been overlooked by the government, it is now a federal holiday, and more people are recognizing the deep history that Juneteenth and the resiliency of African Americans within the nation. To learn more about Juneteenth and the fight for freedom, visit: <u>National Museum of African American History & Culture</u>

World Blood Donor Day



World Blood Donor Day is celebrated on 14 June 2024. WHO, its partners, and communities across the world will unite behind the theme: **20 years of celebrating giving: thank you, blood donors!**

Quick Facts:

Every 2 seconds – the frequency of someone in the U.S. requiring blood.

10 pints – the amount of blood in the average adult.

42 days – the shelf life of red blood cells.

10–15 mins – the time it takes to donate blood.

56 days - the minimum necessary waiting period between whole blood donations.

1 million – the number of people diagnosed with cancer every year.

38,000 - the number of blood donations needed every day.

38% – the percentage of the American population that is eligible to give blood.

2% – the percentage of people in America who donate.

90 minutes – the time it takes to donate platelets.

Thank you blood donors for saving lives! Visit World Blood Donor Day for more information.

CONTACT THE ABLE TEAM

Please reach out to the ABLE Team at <u>ablenursing@uw.edu</u> with any questions or comments. Visit the <u>ABLE Scholars website</u> for helpful resources.