

General information about the Certified Health Education Specialist (CHES) Exam

- This is still an optional credential although more employers are requesting or prefer CHES or MCHES (master level) credentialed health educators.
- Eligibility:
 - Applicants for the CHES® exam will have at least 25 semester hours/37 quarter hours of coursework (with a grade of C or better) with specific preparation addressing the Seven Areas of Responsibilities and Competencies for Health Education Specialists. (Note: Classes that address the 7 Areas may overlap).

The following guidance is offered to applicants without an earned degree in Health Education seeking to qualify for the CHES® exam, based on the 25 hours of coursework requirement:

- A minimum of 12 semester hours/18 quarter hours must be from process courses that clearly align with the Seven Areas of Responsibility. (UWB Examples: BHS 201; BHLTH 435; BHLTH 437; BHLTH 436; BHLTH 438; BHLTH 439; BHS 301/research class)
- A maximum of 9 semester hours/14 quarter hours may be from topic-focused courses that include elements contained in the Seven Areas of Responsibility (UWB Examples: BHS 302; BHS 310; BHS 497/499; BHS 420; statistics; etc.)
- A maximum of 6 semester hours/8 quarter hours may be from other courses that include elements contained in the Seven Areas of Responsibility (Examples: Electives or concentration courses)
- Course descriptions and syllabi can be provided to NCHEC to determine if courses are eligible.
- Please note exam applications, University Transcripts, and any supporting documentation become the property of NCHEC. These items will not be returned to the exam applicant or forwarded to a third party.
- Test info: Consisting of 165 multiple-choice questions (150 scored and 15 pilot tested), both the CHES® and MCHES® examinations are offered in online format on college campuses and approved testing sites throughout the United States. Go to NCHEC.org to find a testing site near you.

Resources for CHES/MCHES:

- Video about the CHES credential: <https://youtu.be/emJIL07WRXU>
- Brochure: https://www.nchec.org/assets/2251/becomeacertified_proof3.pdf
- Comparing MCHES and CHES: https://www.nchec.org/assets/2251/2017_fact_sheet_update_page_2_first_dec2017.pdf
- Brochure to help complete your CHES application: https://www.speakcdn.com/assets/2251/ches_exam_instructions_final_jan2018.pdf
- CHES study groups: <https://www.nchec.org/student-resources#Study Groups>
- CHES study guide: Health Education Specialist Companion Guide 7th ed.
 - Note: There will be some available on reserve at the UWB library) https://nchec.impakadvance.com/members_online/members/viewitem.asp?item=SG015&catalog=PUB&pn=1&af=NCHE