

SAF Annual Proposal Form for the 2013-2014 Academic Year

The SAF Committee will be accepting applications for the annual budgeting cycle from November 30, 2012 until 5:00pm on January 16th, 2013. The intent of the annual operating budget is to support on-going student activities, services, and programs. Services and Activities Fees are defined in RCW 28B.15.041 to mean "fees, other than tuition fees, charged to all students registering at the . . . state universities . . . The legislature also recognizes that Services and Activities Fees are paid by students for the express purpose of funding student activities and programs" of their particular institution. These funds will be available for the 2013 to 2014 academic year.

A member of your group must be available to attend a hearing with the SAF Committee tentatively scheduled for Friday, February 8, 2013 and Friday, February 15, 2013. Please include a regularly checked email in the application, as that will be the main form of communication between SAF and the requesting group. The SAF Liaison will contact the requesting group to notify them of a hearing time.

Please ensure that your request is in accordance with SAF Bylaws, which are available at the following website:
<http://www.uwb.edu/studentlife/safc/safbylaws>

The Committee will hold an open forum and appeals, tentatively scheduled for on Friday, March 29, 2013. Requesting groups will be notified of a preliminary budget before the open forum and appeals date.

Late applications will not be accepted, except at the discretion of the Committee. Adjustments to the final total requested by any club, group, organization, or department will not be accepted. After a request has been submitted, it may not be reopened for alterations or changes.

SUBMITTED BY

Kevin King
kking@uwb.edu
Jan 16, 2013, 01:13PM PST

ON BEHALF OF

Associated Students of the University of Washington Bothell

SAF Annual Proposal Form

[Required] Proposing Group Recreation and Wellness Program

(i.e. Career Center, Sustainability Club, Campus Events Board, etc.)

[Required] Department/Organization ASUWB

(i.e. Student Services, CUSP, Student Life, Student Clubs & Organizations, etc.)

[Required] Contact Person Kevin King

This person will be the sole point of contact for any questions or additional information requests from the SAF Committee regarding your proposal.

[Required] Contact Email KKing@uwb.edu

This person will be the sole point of contact for any questions or additional information requests from the SAF Committee regarding your proposal. Please include a regularly checked email as the SAF Committee contacts groups primarily through email.

[Required] Contact Phone 425-352-5225

Please include the phone number of the contact person. This person will be the sole point of contact for any questions or additional information requests from the SAF Committee regarding your proposal.

[Required] Faculty/Staff Member Alison Greenwood

Please discuss your request with a staff or faculty member (i.e. Student Life Staff or faculty advisor) before submitting your request and include the name and title (i.e. John Smith, Club Advisor) of that individual.

[Required] Faculty/Staff Member Email agreenwood@uwb.edu

Please provide the email of the faculty or staff member you discussed your request with.

[Required] Executive Summary of Your Proposal

Please provide a concise overview of the program, activity, or service for which you seek funding.

Please reference the University of Washington Bothell's 21st Century Initiatives at the following website and, if and where appropriate, please refer to the applicable initiatives: <http://www.uwb.edu/21stcentury>

The student Fitness Center is in need of updated and new fitness equipment. As the campus grows, the needs of the students at UWB are evolving. The current Fitness Center is not meeting the needs of the students currently and these updates will address many of those needs.

[Required] Need for this Program/Service

In 200 words or less, please do the following:

-Describe the need for this program or service.

-If possible, include any data that might support your proposal (i.e. surveys indicating a need for your initiative).

-If you have tracked the success of this program or service in the past, please provide that information here.

Currently, there is a small Fitness Center in UW2 that has treadmills, ellipticals, recumbent bikes, a multi-station weight lifting station and dumbbells. We're requesting cardio theaters and new state of the art technology equipment that will meet the needs of the students and provide the best risk management for the space.

University of Washington Bothell's campus is growing and the Fitness Center needs to do the same in order to continue to meet the fitness needs of students. The Fitness Center has to move to the Annex building across from Husky Village in summer of 2013 and new and updated equipment will be needed to stay current with trends in campus recreation and to best serve students. The current location will no longer be available as it will be replaced with classroom. Please keep in mind that if funding is not approved we will not have a fitness center on campus.

[Required] Estimate number of students that will benefit from your proposed program/service.

In 200 words or less, please do the following:

-Indicate the benefits of your proposed program for students.

-Estimate how many currently enrolled students will likely benefit from your proposed service or program.

-Estimate the number of any other individuals (and indicate their affiliation) that might benefit from this service or program.

51 students were surveyed in March 2012. When those students were asked if they were satisfied with the equipment in the Fitness Center, only 9 students said they were. 42 were either somewhat satisfied or not satisfied at all. When asked if the equipment met the needs for cardiovascular, strength, and flexibility training, 23 students' needs were not being met with the current equipment. Because 27 said the equipment did meet their needs, we want to keep the current equipment we have but stay current with trends in campus recreation and create a more robust space for students. Recreation and Wellness will continue to do additional assessments to determine if the fitness center is meeting the needs of the campus. Surveys of fitness center users and fitness classes will be conducted periodically throughout the year to determine successes and identify areas for improvement.

More students will benefit from the new location. It will greatly encourage the housing students to utilize the new Fitness Center because of its adjacency to housing. With the potential of more housing students using the Fitness Center we can also expect a greater increase of participation in Recreational and Wellness Programs.

[Required] How do you plan to assess the program or service?

How do you plan to track the effects of this program or service?

For example, how would track how the event/program/service went? How would you track how successful it was and what you could change in the future?

All UW Bothell students will benefit from the new Fitness Center space.

Currently, we are seeing record numbers of students participating in on-campus fitness classes this Fall 2012. We have expanded our fitness classes by adding Pilates, Personal Training, Hip Hop and Kickboxing. Students continue to love Zumba and Yoga with record-breaking attendance, such as 18 students in one Zumba class.

Currently, there were 3,202 registered users of the fitness center, up from last year's 2,812 users.

Discussions are occurring which may allow faculty and staff to use this fitness center for a fee. Discussion will continue to develop. This would generate a small amount of funding in the future.

Additional Information

If needed, please include any other information you feel is relevant to your request. (There is no character limit on this field.)

The Fitness Center promotes life-long recreation and wellness and helps keep students healthy and engaged. Research indicates that "student involvement in recreational sports programs, facilities, and [wellness] services plays a significant role in recruiting new students, supporting the learning environment, integrating students into the social community of the campus...enhanced recruitment and retention of students; higher grade point averages; greater student satisfaction with their overall college experience" (J. Turman, "Planning Principles for University Recreation Facilities"). Research also shows that college is the time in which many life habits are formed, such as eating behaviors and fitness routines. The Recreation and Wellness Program will ensure that UW Bothell students graduate with knowledge in and tools to maintain stress/anxiety, finances/debt, nutrition/diet, school/work balance, and fitness (these 5 areas were identified by current UW Bothell students as the campus' biggest health concerns in a survey taken by over 505 students during Winter quarter 2010).

Here are two students' opinions about new equipment in the Fitness Center:

I think it is necessary to add and replace equipment in the Fitness Center so that students will have more effective workouts. It will benefit the student body because it will encourage them to stay fit and healthy and draw new students to work out more.

-Uday Shah, Sophomore

I approve this request to get updated equipment in the gym. It is important to give students the opportunity to improve themselves and their health. I know that right now, not many students use the gym because of the lack of options/equipment. With more equipment I am sure more students would use the facilities.

-Matthew Bennett, Sophomore

Salary/Wages No answer submitted.

Describe the funds you are requesting in detail below.

Please put total dollar amount of salary/wages in the bottom of this box.

Benefits No answer submitted.

Describe the funds you are requesting in detail below.

Benefits paid to regular employees working at least .50 FTE should be calculated at 34.0% of earnings. Benefits paid to hourly employees should be calculated at 16.5% of earnings.

Please put total dollar amount of benefits in the bottom of this box. If you included salaries/wages in the above field, you must calculate the applicable benefits.

Programming/Events No answer submitted.

Describe the funds you are requesting in detail below.
Please put total dollar amount of programming/events in the bottom of this box. Please include in this box costs relating to security, honorarium, hospitality, and contracted costs, etc. If your request includes security and you would like an estimate, please contact UWB Security at 425-352-5359.

Facilities Rentals/Set-Ups No answer submitted.

Describe the funds you are requesting in detail below.
If you require facilities rentals/set-ups, please indicate it here. Take into account custodial fees and clean up. If you need assistance with estimated costs, please speak to a staff/faculty member.
Please put total dollar amount of facilities in the bottom of this box.

Printing & Photocopying No answer submitted.

Describe the funds you are requesting in detail below.
Please put the total dollar amount of printing/photocopying in the bottom of this box.

Office Supplies No answer submitted.

Describe the funds you are requesting in detail below.
Please put the total dollar amount of office supplies in the bottom of this box.

Food/Refreshments No answer submitted.

Describe the funds you are requesting in detail below.
Please put the total dollar amount of food/refreshments in the bottom of this box.
Please review the food policy/food form for the University policies before submitting your request at the following link:
<http://www.uwb.edu/getattachment/admin/services/fuac/foodapprovalform.pdf>

Equipment Rentals/Purchase

Describe the funds you are requesting in detail below. Include information on the purpose/need for this equipment as it relates to your program or service.
Please put the total dollar amount of equipment rentals/purchase in the bottom of this box.

New Fitness Room Equipment: \$53,504.00
Equipment: (STF HAS BEEN ASKED TO FUND)
4-Cardio Theater 15" Integrated DUAL Personal Viewing Screen for bikes/climbers
3-Cardio Theater 15" Integrated DUAL Personal Viewing Screen for treadmills.
2-Expresso 3 HD Commercial Upright Bike intermediate seat
2-Expresso Live Services - 3 year.
1-Wireless Router for Expresso Bikes or CyberCycle.
1-Paramount Weight Assisted Chin Dip (Resting Weight 250 lbs, Assistance Wt. 150 lbs).
1-Paramount Fitness Extreme Functional Trainer 4:1 310lb/77.5lb.
1-Paramount Performance XL2 Leg Press - 310lb.
10-Lockers (totalling 40)
2-Automatic hand dryer and install
4-Automatic paper towel dispenser and install
2-Automatic hand sanitizer and install
2-Automatic soap dispenser and install
9-Data activation for fitness machines

Transportation No answer submitted.

Describe the funds you are requesting in detail below (indicate in state/out of state, as well as type of transportation). Please note that flight bookings are done through the University.
Please put total dollar amount of transportation in the bottom of this box.

Meals and Lodging for Travel No answer submitted.

Describe the funds you are requesting in detail below. Please insure that you are in compliance with applicable per diem rates for meals. The rates are available at the following link: <http://www.gsa.gov/portal/category/21287>
Please note that hotel bookings are typically done through the University.
Please put the total dollar amount of meals and lodging in the bottom of this box.

Telecommunications Phone set and activation: 300.00

Describe the funds you are requesting in detail below.
Telephone equipment should be estimated at \$35 per handset, per month (this includes only one extension).
Please put the total dollar amount of telecommunications in the bottom of this box.

Other

Please include any other expenses that don't fall under any of the above categories in detail.
Please put the total dollar amount of other in the bottom of this box.

Construction Costs: \$111,204.00
\$75.17/sq ft x 1200 sq ft = \$90,204
\$2000 mirrors
\$2000 contingency (wall shelving, clocks, display cases, bathroom accessories, trash cans, etc.)
\$10,000 moving costs
\$7000 rubber flooring

[Required] Total Amount Requested \$165,008.00

Please take the time to carefully add all of your figures from above. Please note that adjustments will not be made to the total amount requested in the event of an error. Round your final total up to the nearest dollar.

[Required] Terms and Conditions I Agree

-I have read and agree with the terms and conditions of the SAF Bylaws: <http://www.uwb.edu/studentlife/safc/safbylaws>

-I understand that once submitted, adjustments cannot be made to the total amount requested above.

-I understand that hearings will be held between 8:00am and 12:00pm, tentatively scheduled for Friday, February 8, 2013 and Friday, February 15, 2013. Someone from my group will be available to attend a brief hearing scheduled during that time frame.