

Results for SAF Annual Proposal Form for the 2020-2021 Academic Year (By Participant)

Results for: ID# 19398171		Submission date: 1/15/2020 3:29 PM
		Total time: 13 minutes, 29 seconds
Question	Response	
<p><i>Question:</i> Proposing Group (i.e. Career Services, Sustainability Club, Campus Events Board, etc.)</p>	Outdoor Wellness	
<p><i>Question:</i> Department/Organization (i.e. Recreation and Wellness, First Year Pre-Major Programs, Student Engagement and Activities, School of Business, etc.)</p>	Recreation and Wellness	
<p><i>Question:</i> Contact Person This person will be the sole point of contact for any questions or additional information requests from the SAF Committee regarding your proposal.</p>	Matthew Busch	
<p><i>Question:</i> Contact Email This person will be the sole point of contact for any questions or additional information requests from the SAF Committee regarding your proposal. Please include a regularly checked email as the SAF Committee contacts groups primarily through email.</p>	mlbusc@uw.edu	
<p><i>Question:</i> Contact Phone Please include the phone number of the contact person. This person will be the sole point of contact for any questions or additional information requests from the SAF Committee regarding your proposal.</p>	4253535008	
<p><i>Question:</i> Faculty/Staff Member Please discuss your request with a staff or faculty member (i.e. Student Affairs Staff or faculty adviser) before submitting your request and include the name and title (i.e. John Smith, Club Adviser) of that individual. IMPORTANT: This person will also be listed as the budget owner. Please ensure the faculty or staff member understands they will be the budget owner and responsible for managing a SAF allocation. This person must be authorized in UW procurement and fiscal systems and familiar with university purchasing policies and processes.</p>	Matthew Busch	
<p><i>Question:</i> Faculty/Staff Member Email Please provide the email of the faculty or staff member you discussed your request with.</p>	mlbusch@uw.edu	
<p><i>Question:</i> Executive Summary of Your Proposal (500 word limit) Please provide a concise overview of the program, activity, or service for which you seek funding.</p>	<p>The Outdoor Wellness (OW) program is a vibrant, thriving addition to the student experience at UWB. The Outdoor Wellness Leaders (OWLs) are a team of students who work to create, organize, promote and implement OW initiatives and recreational opportunities for the student body. We realize many outdoor activities require previous experience, expensive gear, transportation and often a community of friends to recreate with. Thus, the OW Program breaks down these barriers for students, providing intentionally structured, beginner-focused outdoor experiences in variety of student interests, offering equipment at no cost through the "Nest" (gear</p>	

shop), and building a community of outdoor participants with diverse interests, experiences, and backgrounds. Entering its 6th year, OW has developed into a high-functioning program that's exceeded its initial goals and reach for students, providing the student body with life-changing, transformational experiences and establishing a profound and inclusive outdoor community. Through intentionally facilitating experiences to focus on relationships and community resiliency, OW uses the outdoors to create a space where students find a collection of high-impact benefits including; shelter for stress reduction and group therapy, engagement in meaningful socio-cultural conversations, tangible leadership and team development practice, tenacity in prevailing against adversity. These impacts are abundantly reflected in assessment, participation and a collection of student-shared experiences. OW has the rare opportunity to spend an extensive amount of quality time engaging with students on our trips. Whether it's spending the afternoon discovering and exploring caves near Mt. St Helens or learning about winter travel and avalanche dynamics at Mt. Baker, students are constantly developing in extended environments OW is providing. Complimentary to the time we spend with students, we train student leaders to acquire the skillset needed to facilitate wilderness experiences, where students find themselves in environments that magnify transferable skills and build valuable perspectives. During the Olympic backpacking trip, students learned to depend on others to ascend roped terrain, relying on the team to accomplish a variety of objectives. OW recognizes a need for, and have demonstrated resourcefulness regarding funding we're graciously allocated. Recently, we've taken initiative to find alternative cost-effective means of transportation to events, collaborated, scaled back and strategically used our certification funds to avoid need for outsourcing costly activities. OW has already incorporated these changes, while growing in impact for students in a budget-neutral environment. With participation numbers and wait lists at an all-time high, we're doing everything in our power to maintain the number of programs and level of quality that we're offering.

Question:

Need for this Program/Service (500 word limit)
Please describe the need for this program or service. Explicitly describe how this program directly and/or indirectly benefits the campus community? * If possible, include any data that might support your proposal (i.e. surveys indicating a need for your initiative)

Beyond the positive benefits of outdoor recreation and green exercise that are abundantly documented in health and holistic well-being research (Coon et al. 2011, American Public Health Association 2013) including; stress relief, improved cognitive functioning, development of transferrable skills and strengthened mental health (and much more), the UWB student body has shown staggering support and desire to attend and gain the benefits that the OW program provides, recorded in our

participation numbers. In the past year, the OW has seen over 5,000 student contact hours with the UWB population. We calculate student contact hours as a measure of participation that UWB students have with our program by tracking the amount of time a student spends on our trips (this number does not include any of our on-campus events or Nest gear shop hours). In past year, the majority of our trips filled within 4 days. In addition, 94% of our past year trip filled during registration and our waitlist that resulted in over 4,000 missed student contact hours that UWB students were looking for that we were not able to provide (75% from our Post-Grad Trip). Diving further into OW beyond the trips program, OW has been able to serve and educate over an additional 500 students through on campus events, and 450 equipment renters (1,433 total items rented) in the past year. Within each of these statistics, OW is breaking barriers for students in the very exclusive outdoor recreation industry. Lastly, OW has great benefit to the campus community because it develops UWB students and provides a variety of holistic transferable skills that contribute to the vibrant close-knit community that UWB has to offer, including creating many connections between these programs. With this in mind, the greatest impact of OW is for the development of students. This success is revealed through our post trip surveys, students reaching out to the PM and quotes shared with our staff, but mostly through the visible transformation and capabilities students develop through accomplishments in our trips program. The skills that we focus on fostering can be viewed below in our learning objectives.

2020 OW Learning Objectives

Student will connect in depth with peers in meaningful conversations and reflect upon a collection of relevant socio-cultural topics.

Students will challenge themselves physically and mentally to develop tenacity in achieving their goals and overcoming a variety of obstacles.

Students will develop a genuine sense of self-awareness, confidence and depth through internally grappling with their emotions, experiences and perspectives.

Students will discover a refreshed sense of appreciation for the outdoors and commit to improving the environmental well-being of the world.

Students will actively practice and improve group leadership and facilitation through direct leadership responsibility, group management and incorporation of leadership theory.

Question:

New Request or Previously Funded (500 word limit) Has this request been funded in the past? If yes, please indicate what part of the proposal was previously funded by SAF and what is a request

All of the lines in the request have been funded in previous years. We do have one new line for a necessary addition described below.

for new allocations. If this is a one time funding request, please note that in the description.

We are requesting a Summer Intern position to work 10 hours/week for 8 weeks during the summer. This position is vital for the program to remain open. We had close to 500 items rented over the course of this past summer, which is quite considerable. The only staff working over the summer, the Program Manager, felt overwhelmed at many times by the volume of appointments and time it takes to clean, repair and store gear - all while trying to perform the bulk of the rest of his work. The Nest also had to be closed any time where the PM was out of the office, creating frustration for students. A summer intern would allow the Nest to remain open on a consistent basis, provide stability and improvement for the space, allow the PM to focus on big picture projects and give a student a great opportunity to develop skills and structure running a rental operation. Without this funding, the Nest would likely be closed for a large portion of the summer.

Question:

Strategic Plan/5 Year Goals (500 word limit)
Please describe your strategic plan or description of your key strategic goals over the next five years.

1. Continue to dismantle barriers for underrepresented groups in the outdoors and serve as a flagship program to educate other higher ed. OR programs regarding equitable programming and student learning outcomes

Outdoor recreation (OR) has historically been reserved for people who have the social and economic privilege to pursue leisure activities. The UWB OW program has and will continue to lead the charge in trying to change this shortcoming. We've made great strides in bridging this "adventure gap" since opening our doors in 2015 and in the next five years, we aim to continue to expand our reach to underrepresented groups in the outdoors and further our wide-reaching marketing plan on campus. We recognize the OW program at UWB as an anomaly amongst other higher ed. OR programs in the country. After three of our staff members presented at a national conference in Oct. 2018, we received overwhelming support and contact for guidance on the prominent direction OW is heading regarding offerings and administrative strategies. As many colleagues in the field face stagnancy in participation, we've seen great growth in many areas. Thus, we aim to create greater influence externally by sharing our story and working to create a more equitable and inclusive industry.

2. Increase immersion of and develop a focus on educational and skill-building opportunities for participants and OWLs

Outdoor programming provides students with many benefits naturally such as stress-relief, exercise, cognitive functioning etc. Beyond these naturally-occurring outcomes, we recognize the outdoors as an optimal environment for students to develop critical transferable skills such as leadership, inter-personal skills, logistics-management (among much more). These transferable skills are enabled by this type of environment

due to the factors such as disconnect from technology, quality time spent with people and constantly changing environments. Providing a "safety-net" in these spaces, we offer students tangible experience in many capacities to allow them to build skills relevant to every career path. While we offer many of these opportunities in our current programming, we plan to immerse skill development in every program and assess students in improvements relating to our learning objectives.

3. Develop a new structure of programming, focusing on more extended excursion opportunities for a greater number of students in innovative environments and with intentional learning outcomes

Assessment has shown how transformational our extended and unique excursions can be for students. In our current structure, we're limited to only offering a few of these experiences per year. In working to develop a model with greater capacity to plan, lead and engage more students in our extended trips programming, we hope to have a greater impact on providing transformational for UWB students and complimenting academics holistically.

Question:

Program Benefit Estimate number of students that will benefit from your proposed program/service (500 word limit). * Indicate the benefits of your proposed program for students. * Estimate how many currently enrolled students will likely benefit from your proposed service or program. * Estimate the number of any other individuals (and indicate their affiliation) that might benefit from this service or program.

Using a combination of outdoor environments and strategically facilitated experiences, OW is able to provide a wealth of benefits for students. These benefits are comprised of the following - Health and Wellness benefits; stress-relief, exercise, mental health improvement, increased cognitive functioning, creativity - Community Building; relationship and trust development, communication, development as citizens, cooperation - Leadership; team-dynamics/management, leadership theory, planning and preparedness, conflict resolution, time management, decision making - Resiliency Building; overcoming adversity, perspective development, mental toughness, community dependency, grit, determination. These listed benefits reveal the common themes found through our programming. For many of our students, the impacts reach much further than these listed skills. Over the past year, we have been grateful to serve roughly 380 participants (5,000 contact hours) on our trips programs, over 500 students in on-campus events and roughly 475 students with equipment rentals. As winter 2019 programs have already filled at a high rate, we expect our waitlists and missed contact hours with students to be high again for a second year in a row. It is important to note that while our total number of participants may appear lower than other programs that are funded, OW spends a significant amount of time engaging each participant in the benefits we are able to provide. These contact hours have shown to have great influence on students and developing healthy habits and long-lasting skills.

We support many other programs and organizations with the funding we receive including; academic field work classes, student research projects, external community service and environmental sustainability organizations. Internally, we provide the equipment for classes to complete outdoor field work such as in the wetlands on campus or a student research project at Mount Adams. Externally, we are able to provide student volunteers for organizations such as Washington Trails Association or Bold Earth that perform community service projects and environmentally restorative work. Looking at the past year, we estimate that we assisted 70 individuals in classes or performing research and provided 35 volunteers to community service/environmental sustainability organizations. Our five-year strategic plan documents a leadership facilitation program for students and staff to partake in leadership development and skill building. In the coming years, we plan to provide this training service to a large number of groups on campus. Looking at the upcoming year, we estimate that we'll have impact on 40 additional Bothell individuals as a result of these efforts.

Question:

Financial and Operational Health (500 word limit)
How do you plan to assess the program or service? Please describe any metrics or operational targets your unit uses to assess its financial and operational health? Describe the metrics, the metric targets and actuals of metrics. (E.g. student- student employee ratios, student-to-staff ratios, in-process measures).

Assessment of the program and its objectives is a focus for OW. Currently, we assess our impact and learning outcomes for programs using post-trip surveys, post-trip leader reports, qualitative field descriptions, participation numbers, waitlist numbers, contact hours and contact hours missed. This data we have collected allows us determine the effectiveness of our programs and track which activities are popular and successful. In particular, our post-trip survey and observations allow us to assess our programs learning outcomes for students. Additionally, past participation numbers, and contact hours better inform us regarding attendance marks such as how many slots to add per trip, which activities are desired by students and areas where we need breadth in program design. We are currently in the process of revamping our curriculum with a model embraced by the Student Affairs Department and are excited to see where this takes our program! Looking at the financial/logistical side of our operational health, we track a variety of cost-related variables to determine the most efficient and cost-effective programming functions. Statistics related to these costs include; transportation type and cost, leaders to participant ratio and payment, inclusion of food costs and outside vendor payment amounts. This data has helped up maximize funds in the past and find alternative cost-effective strategies to increase our funds. An example of this is our transition to the rental of Enterprise vehicles to replace UCar where applicable. We found that driving one 12-person Enterprise vehicle at a flat-rate of roughly \$125 saved us money as opposed to renting two

7-passenger Ucar minivans for the majority of our trips, however, the minivans are cheaper for trips that travel a shorter number of miles. In addition, tracking cost of outside vendors has allowed us to determine that paying for a staff member to become certified in a particular area can save the program hundreds of dollars over a few years. The management of the Nest Gear Shop also requires assessment and data-tracking. We perform a yearly inventory of all the equipment in our shop and track lifespan and durability of the equipment. This information allows us to plan ahead for cycles where many items are to be retired at one time and funding may be short to cover a baseline inventory.

Question:

Additional Information (500 word count) If needed, please include any other information you feel is relevant to your request.

In anticipation of difficult allocation decisions, we'd like to share a few of the impact OW has had on our participants directly from their feedback, quotes and messages.

I have missed a puzzle piece in my college experience and that is beyond books or online. I have found that in this trip. I needed people and community. I have found a motivation to do things for the next couple of years.

I'm a graduating senior this year and only recently have been going on Outdoor Wellness trips. I wish I had started these trips earlier because there is so much to be gained as a student in these trips. I learned how to properly backpack, which has always been an interest in mine but I was intimidated to do it on my own and this program provided the perfect stepping stone to go backpacking with friends on our own. I learned how much I love being outdoors through these programs, being outside is something super important to me now. Up until my senior year of college I literally had no friends. I just had classmates and acquaintances, my support circle only consisted of a few family members, and because of this I was very unhealthy in terms of emotional health. This program has allowed me to meet people my age during school, which is an especially hard task at a commuter campus like UWB. Needless to say, I would not be the physically and emotionally healthy person I am today without this program.

I would also just like to thank you for planning the Cooper Lake trip and making that plan come to life. I'm still taken aback that I was given this amazing opportunity to become an OWL and I think it will never really sink in for me, but Cooper Lake helped cement the reality and the people that I'll be working with. After getting to know everyone better I am more than excited to start this school year and start working with everyone in the Nest!
Sara W.

Again, thanks a lot for taking me on the trip, I had a really good time with

everybody. This 4-day trip was my favorite one in my life and it's mostly because of all the preparations done by the four of you. Besides, this group of leaders is the best group I have ever seen and it sets up an excellent example of what leadership and cooperation mean in a team for us. I really appreciate everything you guys had done for this trip and hope to work with all of you again in the future.

Best wishes,
Renjie S.

This trip for me meant a final chance to build community with my peers from UWB, it also gave me more insight into the environment around us that I did not consider before.

Blanca R.

I felt really welcomed on this trip. I'm glad I pushed myself and came. To be honest this trip was out of my comfort zone. But I overcame! Thank you for fostering a welcoming, supportive environment!!!!

OWLs and the staff has allowed me to relieve so much stress in my life and has been a community that I can trust and feel comfortable sharing my struggles.

An enriching change of pace from the stressors and monotones of life

Question:

Salary/Wages Describe the funds you are requesting in detail below. Benefits will be calculated on the spreadsheet accordingly. Please detail the number of positions, hours per week/salary, salary, etc. If there are differences or distinctions in positions, please explain. Please show your math; for example: (1 student working X# hours per week at \$X per hour for X weeks).

Lines 1 and 2 – OWL Nest Hourly Salaries

Outdoor Wellness Leaders (OWL) Nest Office Hours Salary (Sept-Dec)
5 students x 10 hours/week x 15 weeks
x \$16.39/hour = \$11,925

Outdoor Wellness Leaders (OWL) Nest Office Hours Salary (Jan-June)
5 students x 10 hours/week x 24 weeks
x \$17/hour = \$22,608

Description: These two lines represent hourly payment for the OWLs to plan, market and organize logistics for Outdoor Wellness Trips and On-Campus Events. This includes submitting a number of different proposals and requests to the Program Manager, designing and planning itineraries, reaching out to vendors/organizations, meetings with collaborators and much more. OWLs operate on a schedule for this hourly rate.

These funding lines also pay for the complete powering of the Nest Gear shop and pays staff to maintain, clean, repair, check-out and inventory equipment. The Nest is open on a weekly schedule for student use.

Line 3 – OWL Stipend Fixed Fee Payment – Trip Leading

Trip Leading Stipend Payment for OWLs
New Trip Leader (2) x 13 days working
@ \$50.00 per day = \$1300
Trip Leader (1) x 13 days working @
\$60.00 per day = \$780
Advanced Trip Leader (2) x 13 days
working @ \$75 per day = \$1950
Total = \$4871

Description: This line represents fixed-per trip payment for OWLs leading off-campus trips they have organized. This fund is used ONLY for off-campus field time.

Line 4 – OWL Training Hourly Salary

OWL September on-campus Training Week
5 students x 35 hour/week x 1 week x \$16.39/hour = \$3468

Description: This line represents the first week of fall training for the OWLs. This training is on-campus and thus recorded as an hourly payment. This differs from line 5 (Field Fixed Fee Payment) due to the on-campus nature (as opposed to of campus field training) and regular 7 hour/day schedule.

Line 5 OWL Training Fixed Fee Salary

OWL September Field Training
5 OWLs x 5 days x \$60/day = \$1814

Description: This line is dedicated to the 5 field training days the OWLs will spend off campus as a part of their OWL training. This differs from the hourly training time as they will be off campus and on a non-regular schedule.

Line 6 Nest Summer Intern Salary

Summer Intern Nest Management
1 student x 10 hours/week x 8 weeks = \$1606

Description: Staffing for Nest Equipment Center during summer hours. This intern will manage, maintain, clean, make appointments and rent gear to student body. This position will also take on summer Nest projects.

Question:

Programming/Events Describe the funds you are requesting in detail below. Please put total dollar amount of programming/events in the bottom of this box. Please include in this box costs relating to security, honorarium, hospitality, and contracted costs, etc. Please put total dollar amount of programming/events in the bottom of this box and on the spreadsheet.

Line 7 – Outdoor Programming Trips/Events

Programming each academic year is strongly influenced by the interests, talents, and skills of our student staff. While the number of programs in a specific focus area may vary, we do try to maintain a diverse program plan with an emphasis Education, Exploration, Wellness and Community. We scaffold our quarters and academic year to allow for students to progress and become more comfortable with trips that have “high perceived risk”. This allows our participants the opportunity to develop over time and to be met at different levels of challenge. With this being said, ALL of our programs are “No Experience Required”. Please note that transportation (our largest programming cost) is included within each of these categories. With this in mind, below is a list of planned program areas for the 2019-20 year:

Program Title	Estimated Budget
Welcome Week Programs	\$500.00
Service Events	\$500.00
Hiking Programs	\$1,500.00
Climbing Programs	\$1,200.00
Backpacking Programs	\$2,100.00
On Campus Workshops / Speakers	

	<p>\$1,000.00 Ski & Snow Programs \$3,500.00 Travel Service/Adventure Trips \$3,500.00 Water Programs \$2,000.00</p> <p>Total \$15,000</p>
<p><i>Question:</i> Facilities & Equipment Rentals/Set-Ups/Purchase Describe the funds you are requesting in detail below. If you require facilities or equipment rentals/set-ups/purchase, please indicate it here. Take into account custodial fees and clean up. If you need assistance with estimated costs, please speak to a staff/faculty member. Please put total dollar amount of facilities and equipment in the bottom of this box and on the spreadsheet.</p>	<p>Description: This line supports the equipment in the Nest Gear Shop from an inventory standpoint. The equipment in the Nest is available both to rent for the UWB student population and to support our Outdoor Wellness Trips. Because of the volume of use this equipment sees, it is essential to have funding to repair and replace equipment that we have in our inventory. This funding supports the estimated \$45,000 of equipment that we house in the Nest and make available to students. In the fourth year of the program, we recognize impending life cycles of much of our outdoor gear with heavy use. While we are requesting less than we have in years past, this amount is a minimum to maintain what we have. Not having a fully stocked equipment shop has impacts on the type of trips and number of participants we can run. We've tightened up checkout and cleaning procedures in order to support this decrease in funding request from last year. \$4,000</p>
<p><i>Question:</i> Printing & Photocopying Describe the funds you are requesting in detail below. Please put total dollar amount of printing/photocopying in the bottom of this box and on the spreadsheet.</p>	<p>N/A</p>
<p><i>Question:</i> Office Supplies Describe the funds you are requesting in detail below. Please put total dollar amount of office supplies in the bottom of this box and on the spreadsheet.</p>	<p>N/A</p>
<p><i>Question:</i> Food/Refreshments Describe the funds you are requesting in detail. Please indicate why food is necessary in your proposal. Review the food policy/food form for the University policies before asking for food. The Food Policy and Food Approval Form can be found in this link: https://www.uwb.edu/finance/food-approvals Understand that food for normal meetings is not allowed. Describe below the reason you are requesting food and how it meets the food policy. Please ensure that you are in compliance with applicable per diem rates for meals. The per diem rates are available at the following link: http://finance.uw.edu/travel/meals#perdiem Please put total dollar amount of food refreshments in the bottom of this box and on the spreadsheet.</p>	<p>N/A</p>
<p><i>Question:</i> Transportation and Travel Describe the funds you are requesting in detail below for business travel (indicate in state/out of state, local travel, as well as type of transportation). Please note that flight bookings are done through the University. Please provide justification for out of state travel. Please put total dollar amount of transportation and travel in the bottom of this box and on the spreadsheet.</p>	<p>N/A</p>

Question:

Professional Development Describe the funds you are requesting in detail below. Please indicate number of students, staff, and the dollar amount. This should include all costs associated with registration, air or ground travel, meals, lodging, per diem, etc. Please insure that you are in compliance with applicable per diem rates for meals. The rates are available at the following link: <http://www.gsa.gov/portal/content/104877> Please note that flight bookings are done through the University. Please provide justification for out of state travel. Please put the total dollar amount of professional development in the bottom of this box and on the spreadsheet.

Line 10 Professional Development

The certification training the OWLs receive meets ONLY THE MINIMUM industry standard for student safety and travel in the backcountry. Professional development funds are put towards educating program leaders in skill specific outdoor activities at an industry standard level. With this knowledge, Outdoor Wellness broadens the variety of trips we can offer the campus and gives our leaders the instructional skills to facilitate new activities. This contributes to the sustainability of the program because it allows us to offer certain trips in-house rather than outsource and pay more money to a partnering organization. In addition, funds devoted to professional development allows the program to create high impact practices for students through leadership and risk management.

In professional development funding, we PRIORITIZE the above professional development funding that allows our leaders to gain certification and skills. Conference attendance for the OWLs is also an important part of allowing the Outdoor Wellness program to stay up to date on industry standards and national trends in higher education outdoor programming. At large conferences such as the Association for Outdoor Recreation and Education (AORE) or the Wilderness Risk Management Conference (WRMC), the number and variation of information and sessions is vast. To maximize what a conference has to offer, the Outdoor Wellness staff splits up to attend different presentations and workshops. In this way, the OWLs are responsible for providing insight into the sessions they attend and showing how they can maximize what our program can offer the student body. To break away from "silo-learning", an intentionally designed conference debrief is organized to allow for information sharing and reflection. Session information includes but is not limited to topics such as marketing outdoor programs, diversity and inclusion in the outdoors, risk management, group management, specific outdoor skills, leader and student training models, developing new programming and much more. In addition, attending conference keeps the program abreast of industry standards. With this information, the Outdoor Wellness staff is better prepared to meet the changing needs of the diverse student body on campus. This past year, two OWLs and the Program Manager used their professional development funds to present at AORE, providing great benefit to the individuals using these funds.

5 OWLs and 1 Program Manager (to accompany) \$300/person

\$1,800 total

Question:

Operations Describe the funds you are requesting in detail below. Please put the total dollar amount

N/A

of telecommunications, business cards, computer purchases, equipment, new hire packages, etc. in the bottom of this box and on the spreadsheet. Phone lines should be calculated at \$10 per line per month.
<https://itconnect.uw.edu/service/campus-telephone-services/>

Question:

Other Please include any other expenses that don't fall under any of the above categories in detail. Please put the total dollar amount of other in the bottom of this box and on the spreadsheet.

Line 9 – Medical Certifications
 People gain great benefits from being in nature, wilderness settings and the “back-country” of our world. These areas are often remote and are accompanied by greater risk than typical “front-country” because there may not be immediate access to an ambulance (with all the latest medical tools) that can drive within 100 feet of an injured person - much less, in some areas, cell phone service to make this call. So, by venturing out into these great, but remote areas, we are assuming more risk in the event of a medical emergency. To combat this risk, we turn to preparedness in many forms including providing our staff with wilderness medical certifications. These wilderness medical certification courses are designed to provide participants with extensive information regarding wilderness-related medical concerns such as, long term patient care, the ability to provide exceptional patient assessment, and the decision making ability regarding when to arrange an evacuation.
 There three common levels of this training; Wilderness First Aid (WFA), Wilderness First Responder (WFR) and Wilderness Emergency Medical Technician (WEMT). Industry standards have dictated rough capabilities for each certification. The two certifications we are requesting funding for are the WFA and WFR. A WFA typically allows a leader to lead day trips into the backcountry for short periods of time, where the WFR allows a leader to lead overnight trips and excursions deeper into remote areas. Because we’ve found greater impact with these extended trips, it’s important that our student leaders all become WFRs – as they are often asked to lead overnight trips. OWLs must first receive their WFA (2 day course) at the start of their employment and then have typically progressed to WFR by the end of their first academic year, taking the ten-day course over the summer. With the decrease of funding from the professional development line, OWLs will now be required to use the certification funding to obtain their WFR. Costs for WFA are typically around \$300 and costs for WFR are typically around \$1000 + (these costs are highly variable and are dependent on location, provider and duration). In addition to students receiving these certifications, the Program Manager also needs to re-certify to keep his certifications current.
 \$7,500

Question:

Total Amount Requested Please list your total amount requested, please make sure all line items are on the spreadsheet. Enter the total from the

74593

spreadsheet here. These numbers should match line item for line item.

Question:

Terms and Conditions By submitting this application, you are agreeing to the terms and conditions below: * I have read and agree with the terms and conditions of the SAF Bylaws: <http://www.uwb.edu/studentaffairs/safc/safbylaws> * I understand that late applications will not be accepted, except at the discretion of the Committee, and completed applications include a narrative as well as a spreadsheet. Adjustments to the final total requested by any club, group, organization, or department will not be accepted. After a request has been submitted, it may not be reopened for alterations or changes. * I understand that hearings will be held between 8:30am and 11:30am, tentatively scheduled for Friday, January 31, 2020 and Friday, February 7, 2020. Someone from my group will be available to attend a brief hearing scheduled during that time frame.

I Agree

Questions or comments?
[Contact us](#) or email catalysthelp@uw.edu
