Crisis Resources

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International Help Center
Currently not in the USA. Find Emergency Numbers and Suicide Hotline Numbers from around the world. [https://www.suicidestop.com/call_a_hotline.html](https://www.suicidestop.com/call_a_hotline.html)

**Living with Emotional Challenges**
- [Washington Warm Line](#): 1-877-500-WARM (9276)
  - Peer support for people living with emotional challenges

**BIPOC**
- [BIPOC](#): Blackline: 1-800-604-5841

**LGBTQ**
- [Trevor Lifeline](#): 1-866-488-7386
  - Provides crisis intervention, suicide prevention, and life-affirming services to LGBTQ youth ages 13-24.
- [Trans Lifeline](#): 1-877-565-8860

**Muslim**
- [Amala Muslim Youth Hopeline](#): Call 855-95-AMALA (855-952-6252)
- [Muslim Crisis Text Line](#): Text "SALAM" to 741741

**Spanish**
- [Ayuda en la crisis Español](#): Call 1-888-628-9454

**Veterans Crisis Line**
- [Veterans Crisis Line](#): 988 (Press 1)

**Crisis Text Line**
- Phone: Text "HOME" to 741-741. Free 24/7. Confidential.
- Website: [Crisis Text Line](#)

**Crisis Connection 24-hr Crisis Line**
- Phone: 1-866-427-4747
- Website: [Crisis Connection 24-hr Crisis Line](#)

**IMAlive**
An online network that uses instant messaging to respond to people in crisis.
- Website: [IMAlive](#)

**National Suicide Prevention Lifeline**
- Phone: 1-800-273-TALK (8255) or 988
- Website: [National Suicide Prevention Lifeline](#)

**Trans Lifeline**
- Phone: 1-877-565-8860
- Website: [Trans Lifeline](#)

**Text Messaging**
- [Crisis Text Line](#): Text "HOME" to 741741
- Muslim Crisis Text Line: Text "SALAM" to 741741
- [People of Color Text Line](#): Text "STEVE" to 741741
Trevor Project
Provides crisis intervention, suicide prevention, and life-affirming services to LGBTQ youth ages 13-24.
  • Phone: 1-866-488-7386
  • Website: Trevor Project

Ayuda en la crisis Español
  • Phone: 1-888-628-9454

Washington Warm Line
Peer support for people living with mental illness
  • Phone: 1-877-500-9276
  • Website: Washington Warm Line

Alcohol/Drug 24-hour Helpline
  • Phone: (206) 722-3700 or 1-800-562-1240

UW Violence Prevention & Response (SAFECAMPUS)
This is the hotline for students, faculty, and staff regarding violence prevention.
  • Phone: 206-685-SAFE (7233)
  • Website: SAFECAMPUS
Hospitals

**Evergreen Hospital**
- **Address:** 12040 NE 128th Street, Kirkland, WA. 98034 (for Emergencies, use west entrance and parking)
- **ER Phone:** (425) 899-1700
  - **Hospital Medical Center:** (425) 899-2736
  - **General Questions:** (425) 899-1000
- **Website:** [24-Hour Emergency Care](#)

**Evergreen Health**
- **Address (Redmond ER):** 8980 161st Ave. NE, Redmond, WA. 98052
- **Phone:** 425-883-3333
- **Website:** [Evergreen Health](#)

**Fairfax Behavioral Health**
Fairfax provides acute mental health inpatient, partial hospitalization and chemical dependency programs.
- **Kirkland Address:** 10200 NE 132nd St., Kirkland, WA. 98034
- **Everett Address:** 916 Pacific Ave, Everett, WA. 98201
- **Monroe Address:** 14701 179th Ave. SE., Monroe, WA. 98272
- **Phone:** (425) 821-2000
- **Website:** [Fairfax Behavioral Health](#)

**Harborview Medical Center Emergency Medicine**
This center provides mental health evaluation and in-patient services.
- **Address:** 325 9th Avenue, Seattle, WA. 98104
- **Phone:** (206) 744-3000
- **Website:** [Harborview Medical Center](#)

**Overlake Emergency & Trauma Center**
Overlake Hospital provides same day/next day urgent mental health evaluations, inpatient/day hospital treatment programs and chemical dependency evaluations.
- **Address:** 1035 116th Ave NE, Bellevue, WA. 98004
- **Phone:** (425) 688-5000
  - **Trauma Center:** (425) 688-5100
  - **Physician referral line:** (425) 688-5211
- **Website:** [Overlake Emergency & Trauma Center](#)

**Swedish Medical Center**
Swedish Medical Center provides acute mental health inpatient and partial hospitalization programs.
- **Address:** 21601 76th Ave W, Edmonds, WA. 98026
- **Phone:** (425) 640-4090 *(Mental Health Intake)*
- **Website:** [Swedish Medical Center](#)

**Northwest Hospital & Medical Center**
- **Address:** 1550 N. 115th Street, Seattle, WA. 98133
- **Phone:** (206) 364-0500
- **Website:** [NW Hospital & Medical Center](#)
Swedish/Edmonds Hospital
- **Address:** 21601 76th Ave W, Edmonds, WA. 98026
- **Phone:** (425) 640-4000
- **Website:** Swedish/Edmonds Hospital

Swedish/Redmond Emergency Room
- **Address:** 18100 NE Union Hill Road, Redmond, WA. 98052
- **Phone:** (425) 498-2020
- **Website:** Swedish/Redmond Emergency Room

Swedish/Mill Creek Hospital
- **Address:** 13020 Meridian Ave. S. Everett, WA. 98208
- **Phone:** (206) 386-6000
- **Website:** Swedish/Mill Creek Hospital

**Partial Hospitalization Program**

Cascade Behavioral Health
Offers Partial Hospitalization Program (PHP), and on-site or virtual Intensive Outpatient Program (IOP). Two Addresses:
- **Address:** 12844 Military Rd S, Tukwila, WA 98168
- **Phone:** (855) 978-1284
- **Address:** 1300 114th Avenue SE. Suite 100, Bellevue, WA 98004
- **Phone:** (206) 248-4787
- **Website:** Cascade Behavioral Health

Fairfax Behavioral Health
Offers Adult Day Program (PHP) and Adult Evening Program (IOP)
- **Kirkland Address:** 10200 NE 132nd St., Kirkland, WA. 98034
- **Everett Address:** 916 Pacific Ave, Everett, WA. 98201
- **Monroe Address:** 14701 179th Ave. SE., Monroe, WA. 98272
- **Phone:** (425) 821-2000
- **Website:** Fairfax Behavioral Health Adult Outpatient Programs

Overlake Adult Day Hospital Program (PHP)
Need referral from outpatient therapist. Download the referral form.
- **Address:** 1035 116th Ave NE, Bellevue, WA 98004
- **Phone:** (425) 688-5000
- **Website:** Overlake Adult Day Hospital Program

Swedish Edmonds Partial Hospitalization Program
- **Address:** 21601 76th Ave W, Edmonds, WA. 98026
- **Phone:** (425) 640-4098
- **Website:** Swedish Edmonds Partial Hospitalization Program

Thira Health
Offers Partial Hospitalization Program (PHP), and morning or evening Intensive Outpatient Program (IOP).
- **Address:** 11400 SE 6th St Ste 200, Bellevue, WA 98004
- **Phone:** (425) 620-4266
- **Website:** Thira Health