Note: If you have been prescribed medication previously for mental health concerns, the quickest way to obtain assessment and documentation is through your healthcare provider who prescribed you the medication. If you have never received any mental health treatment before, and wish to be assessed for depression, bipolar, anxiety, PTSD, or schizophrenia (e.g., any diagnoses that are not related to ADHD or learning disabilities), the clinics and practitioners listed below also provide assessment for those diagnosis. However, the quickest way to obtain assessment and documentation is to schedule an appointment with a primary care physician or a psychiatrist and ask them to assess you. This would be faster than going through the formal psychological assessment procedure for diagnosis that are not related to ADHD or learning disabilities.
Clinics

UW Learn Clinic
Psychological services and training center. Training clinic with estimated cost between $3,700-$4,500 based on a rate of $230/hour. Payments of $1,300 are required at the initial intake session and 2nd testing session.
- Address: 3751 W Stevens Way NE, Kincaid Hall Suite 410, Seattle WA. 98195
- Phone: (206) 543-6511
- Website: [UW Learn Clinic](#)

Antioch Community Counseling & Psychology Clinic
Trained in a variety of clinical psychology and counseling techniques, our staff consult with you to identify the best approach for your situation. Training clinic with sliding scale fees for assessment ($250-$1,200) and standard therapy sliding fees as low as $20. 2-3-week waitlist.
- Phone: (206) 268-4840
- Email: clinic.aus@antioch.edu
- Website: [Antioch Community Counseling & Psychology Clinic, Seattle](#)

NUhope Assessment Services
Training clinic with estimated cost between $3,000-$4,000 based on a rate of $200/hour. Actual cost based on scope of testing and number of service hours involved. 50% of fee will be due upon intake with remaining fee due after testing.
- Address: 5710 108th Ave NE, Kirkland, WA 98033, NUhope Community Counseling Center
- Phone: (425)-889-5261
- Email: nuhopeinfo@northwestu.edu
- Website: [NUhope Assessment Services](#)

LightHeart Psychological Associates
LightHeart Psychological Associates provides therapy and assessment for children, adolescents, and adults. We provide individual, family, couples, and group therapy.
- Address: 7902 168th Ave. NE, Suite 101, Redmond, WA. 98052
- Phone: (425) 996-8592
- Email: info@lightheartassociates.com
- Website: [Lightheart Psychological Associates](#)

Please reference the [UW Seattle DRS assessment referral list](#) for more resources and information.
**Practitioners**

Julie Stroemel, Psy.D.
- **Address:** Mill Creek Christian Counseling, 16000 Bothell Everett Highway, Suite 285, Mill Creek, WA. 98012
- **Phone:** (425) 381-4828
- **Website:** Julie Stroemel, Psy.D.
  (Not Accepting New Clients as of August 2022)

Daniel Marks Salzer, Ph.D.
- **Address:** 17311 135th Avenue NE, Suite C-100, Woodinville, WA. 98072
- **Phone:** (425) 529-5967

Sally Chung, PsyD.
- **Address:** Oceanside Psychological Services, PLLC, 40 Lake Bellevue Dr., Suite 100, Bellevue, WA. 98005
- **Phone:** (206) 489-3151
- **Website:** Sally Chung, PsyD.

Jared Hellings, Psy.D.
- **Address:** 144 Railroad Ave, Ste 202, Edmonds, WA. 98020
- **Phone:** (425) 686-8413
- **Website:** Jared Hellings, Psy.D.

Nora Thompson, Ph.D.
Neuropsychologist.
- **Address:** 8318 196th St SW, Edmonds WA. 98026
- **Email:** drnorat@outlook.com

Rosellini Barrymore, Psy.D.
- **Address:** 5404 Meridian Ave N, Seattle, WA. 98103
- **Phone:** (206) 214-6454
- **Email:** barrymoreresellinipsyd@gmail.com
- **Website:** Barrymore, Rosellini, Psy.D.
  (Currently Not Accepting New Clients Until 2023, as of August 2022)

Deborah Hill, Ph.D.
- **Address:** Northway East Building, Suite 345, 2150 N. 107th St., Seattle, WA. 98133
- **Phone:** (206) 364-6565
- **Website:** Deborah Hill, Ph.D.
Elizabeth MacKenzie, Ph.D.
- Address: 4746 44th Ave. SW, Suite 202 (Level C), Seattle, WA. 98116
- Phone: (206) 932-2590 Ext. 2
- Website: Elizabeth MacKenzie, Ph.D.

Fredric Provenzano, Ph.D.
- Address: 5506 33rd Ave. NE, Suite D, Seattle, WA. 98105
- Phone: (206) 361-2343
- Website: Fredric Provenzano, Ph.D.

Julie Davies, Ph.D.
- Phone: (206) 718-0906
- Email: drdavies@connectionspsychology.com
- Website: Julie Davies, Ph.D.

Karen Sanders, Ph.D.
- Address: 1600 E. Jefferson Street, Suite 601, Seattle, WA. 98122
- Phone: (206) 269-0290
- Website: Karen Sanders, Ph.D.

Michael Sakuma, Ph.D.
- Address: Integrative Counseling and Assessment, 3417 Fremont Ave. N, Seattle WA. 98103
- Phone: (206) 251-8391
- Website: Michael Sakuma, Ph.D.

Gregory E. Moy, Ph.D.
- Address: 8318 196th St. SW Floor 2, Edmonds, WA 98026
- Phone: 206-580-3723
- Website: SeattleChildPsych

Henry Lam, ADHD Couch
- Sliding scale for $300/mo for 2 month commitment
- 50% discount for students with an existing ADHD
- Virtual services based in Pennsylvania
- Phone: 267-509-8101
- Website: www.coachhenrylam.com