FIRST YEAR & PRE MAJOR PROGRAMS
FIRST YEAR STUDENTS MIGHT BE HEARING

- Get to the point
- Try new things
- Define career goals
- Be creative
- Think different
- Prioritize your passions
- Build professional relationship
- Never give up
- Trust yourself
- Be positive
- Don’t limit yourself
FIRST YEAR COMMUNITY

• Meeting new people & finding community

• Connecting with faculty & campus resources

• Discovering academic & professional interests
DISCOVERY CORE EXPERIENCE

• FALL QUARTER DCX (REQUIRED)

• FIRST-YEAR COMMUNITY

• SMALL CLASS SIZES

• INTRODUCES STUDENTS TO:
  • CAMPUS RESOURCES
  • INTERDISCIPLINARY LEARNING
  • COLLEGIATE-LEVEL THINKING
INTERDISCIPLINARY & REFLECTIVE

- Emphasis on growth in education: building connections, generating questions, & synthesis of ideas

- Reflection builds foundation for building and expressing career-ready skills
FULFILLS UWB REQUIREMENTS

- General Education Requirements
- Areas of Inquiry Requirement
- DIV(ersity) Requirement
- Linked Writing Course (10 cr)
WHAT IS A META-MAJOR?

- **Meta Majors** are groups of majors that have things in common like:
  - Common classes
  - Areas of learning
  - Career goals

- Based on intended major or field of study, help undergraduate students discover:
  - Academic
  - Co-curricular
  - Research opportunities
WHAT DO ADVISORS DO?

- Help students understand degree requirements and how to find related classes
- Provide strategies for navigating academic and university life
- Connect students to campus resources
HOW CAN FAMILIES HELP?

• Your authentic support means the most!

• Know they should be studying 30-45 hrs/week

• Ask if they have attended faculty office hours

• Encourage them to join a club & connect with their campus community

• Encourage them to meet with their advisor every quarter
CONNECT WITH ADVISING BY:

• Checking out our website where you can:
  • Schedule a 30-minute appointment
  • View “major planning” worksheets

• Emailing us at UWBadvis@uw.edu

• Visiting us UW1 (Founders Hall) - Room 160