

**University of Washington Bothell
School of Nursing and Health Studies**

CURRICULUM VITAE

Name: Kosuke Niitsu, PhD, ARNP, PMHNP-BC
Assistant Professor

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EDUCATION

- 2019 *Post-Doctoral Fellow*, Precision Psychiatric Mental Health Care, **University of Colorado Anschutz Medical Campus**, Aurora, CO
- 2017 *Ph.D.*, Psychiatric Mental Health Nursing, **University of Nebraska Medical Center**, Omaha, NE
- 2013 *Master of Science in Nursing.*, Family Psychiatric Mental Health Nurse Practitioner, **University of Nebraska Medical Center**, Omaha, NE
- 2009 *Bachelor of Science in Nursing*, **University of Nebraska Medical Center**, Lincoln, NE
- 2007 *Bachelor of Science in Biological Sciences*, **University of Nebraska-Lincoln**, Lincoln, NE

DISSERTATION

Niitsu, K. (2017, May). *Genetic influence on resilience to potentially traumatic events* (Doctoral dissertation). Retrieved from Digital Commons at University of Nebraska Medical Center, <http://digitalcommons.unmc.edu/etd/205/>

EMPLOYMENT HISTORY

- 01/2020 – Present *Affiliate Assistant Professor (Adjunct)*, University of Tokyo and Medical University, Tokyo, Japan
- 08/2019 – Present *Assistant Professor (Tenure Track)*, University of Washington Bothell, Bothell, WA
- 07/2017 – 06/2019 *Post-Doctoral Fellow*, University of Colorado Anschutz Medical Campus, Aurora, CO
- 07/2017 – 06/2019 *Psychiatric Mental Health Nurse Practitioner*, Campus Health Center (affiliated with University of Colorado Hospital), Aurora, CO
- 08/2016 – 05/2017 *Graduate Assistant*, University of Nebraska Medical Center, College of Nursing, Omaha, NE
- 08/2016 – 05/2017 *Psychiatric Mental Health Nurse Practitioner (Shadowing)*, All Care Health Center, Council Bluffs, IA
- 08/2014 – 07/2016 *Project Manager*, Behavioral Health Education Center of Nebraska (affiliated with University of Nebraska Medical Center), Omaha, NE
- 08/2010 – 07/2014 *Graduate Assistant*, University of Nebraska Medical Center, College of Nursing, Omaha, NE
- 07/2009 – 06/2010 *Staff Nurse*, Lasting Hope Recovery Center (affiliated with Alegent Health), Omaha, NE

LICENSES

Active:

- 2019 *Advanced Registered Nurse Practitioner (ARNP)*, #AP60989975, Washington State Department of Health, Exp. 11/23/2021
- 2019 *Registered Nurse*, #RN60954052, Washington State Department of Health, Exp. 11/23/2022
- 2017 *Mid-level Practitioner's Authorization*, #MN4177792, Drug Enforcement Administration, Exp. 10/31/2022

2017 *National Provider Identifier, #1073059259, National Plan and Provider Enumeration System (NPPES)*

Inactive (Expired):

2018 *Registered Nurse, #RN.1657239, Colorado Department of Regulatory Agencies, Exp. 09/30/2020*

2017 *Compact Nurse Practitioner – Prescriptive Authority (C-RXN), #C-RXN.0000360-C-NP, Colorado Department of Regulatory Agencies, Exp. 09/30/2019*

2017 *Compact Nurse Practitioner – Advanced Practice Nurse (C-APN), #C-APN.0000823-C-NP, Colorado Department of Regulatory Agencies, Exp. 09/30/2019*

2016 *Controlled Substance Registration, #5204196, Iowa Board of Pharmacy, Exp. 10/31/2018*

2016 *Advanced Registered Nurse Practitioner (ARNP): Psych/Mental Health Nurse Practitioner, #G145896, Iowa Board of Nursing, Exp. 10/31/2018*

2013 *Advanced Practice Registered Nurse – Nurse Practitioner (APRN-NP), #111689, Nebraska Department of Health and Human Services, Exp. 10/31/2018*

2009 *Registered Nurse, #68964, Nebraska Department of Health and Human Services, Exp. 10/31/2018*

CERTIFICATIONS

2019 *Mindfulness Based Stress Reduction Certificate, PESI, Inc.*

2019 *Mindfulness Certificate, PESI, Inc.*

2018 *Competency Based Training for Suicide Prevention: Psychiatric Mental Health Nurse Generalist Role, American Psychiatric Nurses Association*

2018 *Responsible Conduct of Research, Colorado Clinical and Translational Sciences Institute*

2013 *Psychiatric-Mental Health Nurse Practitioner (PMHNP), #2013010739, American Nurses Credentialing Center, Exp. 12/22/2023*

- 2012 *Psychological First Aid*, Nebraska Disaster Behavioral Health
- 2007 *Basic Life Support (CPR & AED)*, American Heart Association, Exp. 10/2019

HONORS, FELLOWSHIPS, AND AWARDS

- 2021 *School of Nursing and Health Studies (SNHS) Summer Research Fellowship 2021 (\$5,139)*, Awarded by University of Washington Bothell, School of Nursing and Health Studies, Bothell, WA
- 2020 *Best Poster Prize*, Collaborative Online International Learning (COIL): An Innovative Pedagogy to Build Cross-Cultural Understanding, Awarded by Transcultural Nursing Society Conference, Kobe, Japan
- 2020 *University of Nebraska Medical Center (UNMC) College of Nursing Alumni Council's 2020 Nursing Excellence Award*, Awarded by UNMC, Omaha, NE
- 2020 *School of Nursing and Health Studies (SNHS) Summer Research Fellowship 2020 (\$10,248)*, Awarded by University of Washington Bothell, School of Nursing and Health Studies, Bothell, WA
- 2019 *Collaborative Online International Learning (COIL) Fellows 2019 – 2021*, awarded by University of Washington Bothell, Global Initiatives, Bothell, WA
- 2018 *Travel Award (\$500) to attend American Psychiatric Nurses Association (APNA) Annual Conference in Columbus, OH*, Awarded by Postdoctoral Association at University of Colorado Anschutz Medical Campus, Aurora, CO
- 2018 *Research Poster Award 2nd Place*, Western Institute of Nursing (WIN) Annual Conference, Spokane, WA
- 2017 *Postdoctoral Fellowship*, University of Colorado Anschutz Medical Campus, Aurora, CO
- 2017 *Dean's MNRS Travel Award (\$500) to attend Midwest Nursing Research Society (MNRS) Annual Conference in Minneapolis, MN*, Awarded by University of Nebraska Medical Center, College of Nursing, Omaha, NE
- 2016 *A.M. Berger, PhD & T. Berger Scholarship (\$2142.00)*, University of Nebraska Medical Center, College of Nursing, Omaha, NE
- 2015 *Student Nurse Essay Contest Graduate Scholarship (\$1,000.00)*, American Assembly for Men in Nursing

- 2015 *PhD Students Research Poster Award: 2nd place*, Midwest Nursing Research Society (MNRS) Annual Conference, Indianapolis, IN
- 2015 *Dean's MNRS Travel Award (\$500) to attend Midwest Nursing Research Society (MNRS) Annual Conference, Indianapolis, IN*, Awarded by University of Nebraska Medical Center, College of Nursing, Omaha, NE
- 2015 *Membership for American Association for the Advancement of Science (AAAS)*, Endorsed by University of Nebraska Medical Center, Graduate Studies, Omaha, NE
- 2014 *Research Poster Award 1st Place*, American Psychiatric Nurses Association (APNA) Annual Conference, Indianapolis, IN
- 2014 *Research Fellowship (\$22,700 per year) 2014 – 2016*, University of Nebraska Medical Center, Graduate Studies, Omaha, NE
- 2013 *A.M. Berger, PhD & T. Berger Scholarship (\$530)*, University of Nebraska Medical Center, College of Nursing, Omaha, NE
- 2013 *Dean's MNRS Travel Award (\$500) to attend Midwest Nursing Research Society (MNRS) Annual Conference, Chicago, IL*, Awarded by University of Nebraska Medical Center, College of Nursing, Omaha, NE
- 2012 *Nebraska University Foundation Scholarship (\$1,087): Nancy Bergstrom Graduate Nursing Fellow (\$671) & Jeannene Boosinger Scholarship (\$416)*, University of Nebraska Medical Center, College of Nursing, Omaha, NE
- 2012 *Janssen Student Scholarship*, American Psychiatric Nurses Association
- 2009 *Graduation with Distinction*, University of Nebraska Medical Center, Lincoln, NE
- 2009 *Who's Who Among Students*, American Universities & Colleges Recognition
- 2008 *Student Nurse Pin*, American Red Cross
- 2005 *Undergraduate Creative Activities and Research Experiences (UCARE): "Biochemical-genetic study of lipid metabolism in a cricket species"*, University of Nebraska-Lincoln, Lincoln, NE
- 2004 *Spacht Family Memorial Scholarship (\$5,000)*, University of Nebraska-Lincoln, Lincoln, NE
- 2002 *Dean's List (2002 – 2006)*, University of Nebraska-Lincoln, Lincoln, NE

GRANTS / FUNDING

- 2021 – 2023 **Niitsu, K. (Course Developer)**. *Support funding for 2021 – 2022 Collaborative Online International Learning (COIL) offerings*. University of Washington Bothell, Global Initiatives, \$500.
- 2021 – 2023 Appel, H., & **Niitsu, K. (Co-PI)**. *Engagement and Collaboration with Nurses in Washington State*. Patient-Centered Outcomes Research Institute (PCORI), Engagement Submission for Stakeholder Convening Support. In Review, \$100,000.
- 2021 – 2023 Aguirre, T. M. (PI) & **Niitsu, K. (Co-PI)**. *A study of the differences in telomere length between patients with and without food addiction*. University of Nebraska Medical Center (UNMC) Diversity Grant, funded, \$20,000. Collaborating with Elizabeth Blackburn Lab at the University of California San Francisco.
- 2020 – 2022 Kondo, A. (PI), **Niitsu, K. (Co-PI)**, & Renaguli, A. (PhD Student). *The relationship between Health Behavior, Perceived control, and Perceived Health Competence among U.S and Japanese students in medical universities under coronavirus Pandemic*. Scientific Research Fund of Japan Society for the Promotion of Science; Grants-in-aid for Scientific Research (C) 19K10794, funded, ¥4,290,000 (= about \$41,000).
- 2020 – 2022 **Niitsu, K.** (Course Developer). *2020 Course Development Grant for BHLTH497: Resilience and Mental Health*. University of Washington Seattle, Center for Global Studies, East Asia Center, Office of Global Affairs, Funded, \$2,000.
- 2020 – 2022 **Niitsu, K. (PI)**, Appel, H. (Co-PI), White, B. (Collaborator), Early, J. (Collaborator), & Simmons, R. (Collaborator). *Resilience through virtual mindfulness*. University of Washington Seattle, Resilience and Compassion Initiatives Seed Grant, Funded, \$1,475.
- 2020 – 2022 **Niitsu, K. (PI)**, Appel, H. (Co-PI), White, B. (Collaborator), Early, J. (Collaborator), & Simmons, R. (Collaborator). *Resilience through virtual mindfulness*. University of Washington Bothell, School of Nursing and Health Studies Pilot Grant Program, Funded, \$14,750.
- 2020 – 2022 **Niitsu, K. (PI)**, Appel, H. (Co-PI), White, B. (Collaborator), Early, J. (Collaborator), & Simmons, R. (Collaborator). *Resilience through virtual mindfulness*. University of Washington Bothell, Scholarship, Research, and Creative Practice (SRCP) Seed Grant Program, Funded, \$16,360.

- 2019 – 2021 **Niitsu, K.** (Course Developer). *University of Washington Collaborative Online International Learning (COIL) Fellow*. University of Washington Bothell, Global Initiatives, Funded, \$1,000.
- 2017 – 2019 **Niitsu, K. (PI)** & Rice, M. J. (Advisor). *Genetic relationships of inflammation and stress with psychological resilience (Post-doctoral fellowship research project)*. University of Colorado College of Nursing Endowment to Advance Psychiatric Mental Health Care, Funded, \$15,000.
- 2017 – 2019 **Niitsu, K. (PI)**, Rice, M. J. (Advisor), & Stoltenberg, S. F. *Influence of polymorphisms in IL-6 & TNF- α genes on resilience to potentially traumatic events*. University of Colorado College of Nursing Endowment to Advance Psychiatric Mental Health Care, Funded, \$10,000.
- 2017 – 2019 American Psychiatric Association & American Psychiatric Nurses Association. *Clinical support system for serious mental illness*. Substance Abuse and Mental Health Services Administration (SAMHSA), Not Funded, \$2,900,000 up to 5 years. **Niitsu, K.** Role: Programs steering committee.
- 2017 – 2018 Kraus-Parello, C. A. (PI), Rice, M. J. (Co-PI), & **Niitsu, K. (Co-PI)**. *Military Veteran Reintegration: Human Animal Interactions*. Human Animal Bond Research Institute (HABRI), Not Funded, \$48,000.
- 2015 – 2018 Kraus-Parello, C. A. (PI), Rice, M. J. (Co-PI). *Stakeholder-Driven Veteran's Suicide Protection Community Advisory Group*. Patient-Centered Outcomes Research Institute (PCORI), Funded, \$50,000 for Tier III (2017 – 2018), \$25,000 for Tier II (2016 – 2017), & \$15,000 for Tier I (2015 – 2016), Grant # AWD3406820. **Niitsu, K.** Role: Board Member.
- 2015 – 2017 **Niitsu, K. (PI)**, Houfek, J. F. (Chair), Rice, M. J., Stoltenberg, S. F., Kupzyk, K. A., & Barron, C. R. *Genetic influence of resilience on potentially traumatic events (to partially support the dissertation research)*. American Psychiatric Nurses Association (APNA), Funded, \$10,000.
- 2015 – 2017 **Niitsu, K. (PI)**, Houfek, J. F. (Chair), Rice, M. J., Stoltenberg, S. F., Kupzyk, K. A., & Barron, C. R. *Genetic influence of resilience on potentially traumatic events (to partially support the dissertation research)*. International Society of Nurses in Genetics (ISONG), Funded, \$2,500.
- 2015 – 2017 **Niitsu, K. (PI)**, Houfek, J. F. (Chair), Rice, M. J., Stoltenberg, S. F., Kupzyk, K. A., & Barron, C. R. *Genetic influence of resilience on potentially traumatic events (to partially support the dissertation research)*. Sigma Theta Tau International (STTI) Gamma Pi Chapter, Funded, \$1,000.

- 2014 – 2016 Liu, H. (PI) & Keeler, H. (Co-PI). *Addressing the rural shortage of mental health providers through a virtual mentorship network*. Rural Futures Institute at the University of Nebraska, Funded, \$18,000. **Niitsu, K.** Role: Project Manager.
- 2013 – 2015 Watanabe-Galloway, S. (PI) & **Niitsu, K. (Co-PI)**. *Influence of genes on resilience to the natural disaster among Japanese college students in the United States*. University of Nebraska Medical Center (UNMC), College of Public Health, Funded, \$1,000.
- 2010 – 2012 Rice, M. J. (Project Director). *Primary Integrated Psychiatric Nursing (PIP)*. U.S. Division of Health and Human Services 1-D09HP14988-01-00, Funded, \$1,189,799.00. **Niitsu, K.** Role: Graduate Assistant.

PUBLICATIONS (Chronological)

Niitsu, K., Rice, M. J., Houfek, J. F., Stoltenberg, S. F., Kupzyk, K. A., & Barron, C. R. (In Preparation). Genetic associations with resilience to potentially traumatic events and vantage sensitivity to social support. Manuscript to be submitted to *Journal of Affective Disorders*.

Niitsu, K., Kondo, A., Jing, H., & Dyba, N. A. (2021). A case report of Collaborative Online International Learning (COIL) in nursing and health studies between the United States and Japan. Manuscript Accepted by *Nursing Education Perspectives*.

University of Washington Well-Being for Life & Learning. (2020). *A guidebook for advancing student well-being at the University of Washington*. Retrieved from <https://s3-us-west-2.amazonaws.com/uw-s3-cdn/wp-content/uploads/sites/5/2020/10/28214048/WBLL-Guidebook-FINAL.pdf> Role: Contributor.

Krause-Parello, C. A., Rice, M. J., Sarni, S., LoFaro, C., **Niitsu, K.**, McHenry-Edrington, M., & Blanchard, K. (2019). Protective factors for suicide: A multi-tiered veteran-driven community engagement project. *Journal of Veterans Studies*, 5(1), 45-51. doi:10.21061/jvs.v5i1.111

Niitsu, K., Rice, M. J., Houfek, J. F., Stoltenberg, S. F., Kupzyk, K. A., & Barron, C. R. (2019). A systematic review of genetic influence on psychological resilience. *Biological Research for Nursing*, 21(1), 61-71. doi:10.1177/1099800418800396

Keeler, H., Sjuts, T., **Niitsu, K.**, Watanabe-Galloway, S., Mackie, P. F., & Liu, H. (2018). Virtual mentorship network to address the rural shortage of mental health providers. *American Journal of Preventive Medicine*, 54(6S3), S290-S295. doi:10.1016/j.amepre.2018.02.001

- Niitsu, K.**, Houfek, F. J., Barron, C. R., Stoltenberg, S. F., Kupzyk, K. A., Rice, M. J. (2017). A concept analysis of resilience integrating genetics. *Issues in Mental Health Nursing*, 38(11), 896-906. doi:10.1080/01612840.2017.1350225
- Niitsu, K.** (2017). Reflection of personal experience with the nursing education in the United States. In Japan – North America Medical Exchange Foundation (Ed.), *Passport to study nursing in the United States* (pp. 97 – 119). Tokyo: Haru Shobo.
- Niitsu, K.**, Watanabe-Galloway, S., Sayles, H., Houfek, J., & Rice, M. (2014). A pilot study of the psychological impact of the Great East Japan earthquake and tsunami. *Journal of American Psychiatric Nurses Association*, 20(3), 194 – 202. doi:10.1177/1078390314536615
- Niitsu, K.**, & Berger, A. M. (2013). Doctoral education in nursing in the United States. *Nursing Business*, 7(11), 51.
- Niitsu, K.**, & Rice, M. J. (2013). Recovery – the new model for standards of psychiatric care. *Nursing Business*, 7(5), 59.
- Kaneko, M., & **Niitsu, K.** (2013). Mental care for anger. In Penrod, M. G., & Paulk, S. N. (Eds.), *Psychology of anger: New research* (p. 151-153). New York: NOVA Publishers.
- Niitsu, K.** (2012). Current mental health issues in the United States. *Nursing Business*, 6(10), 79-81.
- Rice, M. J., Beam, B., Brown, H. L., Costa, S. A., Gonzalez, S., Moser, D. L., **Niitsu, K.**, Rejda, P., Tompkins, J., & Syphers, B. (2012). *Social media in education at University of Nebraska Medical Center: An assessment of the use of social media in education*. University of Nebraska Medical Center, Omaha, NE.

PROFESSIONAL REVIEW ACTIVITIES

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|----------------|---|
| 2021 – Present | Peer Reviewer for <i>Journal of the American Psychiatric Nurses Association</i> |
| 2021 – Present | Ambassador for Patient-Centered Outcomes Research Institute (PCORI) |
| 2021 – Present | <p>Grant Reviewer for American Psychiatric Nurses Association (APNA):</p> <ul style="list-style-type: none"> • Category 1: Research studies to generate new knowledge to advance psychiatric mental health nursing • Category 2: Evidence-based practice change or quality improvement projects to apply evidence to practice |

- 2019 – Present *Scholarly Review Committee (Abstract Reviewer & Poster Judge) for APNA Annual Conferences:*
- APNA 35th Annual Conference in Louisville, KY, in 2021
 - APNA 34th Annual Conference (virtual due to pandemic) in 2020
 - APNA 33rd Annual Conference in New Orleans, LA, in 2019
- 2019 – Present *Advisory Panel and Steering Committee for APNA Research Council*
- 2019 – Present *Awards and Recognition Committee for APNA Board of Directors Student Scholarship*
- 2018 – 2020 *Manuscript Reviewer for Biological Research for Nursing*
- 2018 – 2019 *Abstract Reviewer for Western Institute of Nursing (WIN) Annual Conference 2019*
- 2018 – 2019 *Manuscript Reviewer for “Substance Abuse and Trauma Care” in McQuillan Trauma Nursing 5e, Elsevier*

PROFESSIONAL MEMBERSHIPS

- 2020 – Present *Member, American Public Health Association (APHA)*
- 2020 – Present *Member, American Mindfulness Research Association (AMRA)*
- 2017 – Present *Member, Western Institute of Nursing (WIN)*
- 2014 – Present *Member, International Society of Nurses in Genetics (ISONG)*
- 2014 – Present *Member, American Nurses Association (ANA)*
- 2012 – Present *Member, Honor’s Society of Nursing Sigma Theta Tau International (STTI)*
- 2012 – Present *Member, Japanese Advanced Practice Nurses and Physician Assistants of America (JAPNPAA)*
- 2009 – Present *Member, American Psychiatric Nurses Association (APNA)*
- 2015 – 2020 *Member, American Association for the Advancement of Science (AAAS)*
- 2018 – 2019 *Member, National Postdoctoral Association*

- 2017 – 2019 *Member, Post-Doctoral Association, University of Colorado Anschutz Medical Campus, Aurora, CO*
- 2017 – 2018 *Board Member, Veterans' Suicide Protection Advisory Group (VSPAG)*
- 2013 – 2018 *Member, American Assembly for Men in Nursing (AAMN)*
- 2015 – 2017 *Ambassador, International Student Ambassador Program, University of Nebraska Medical Center, Omaha, NE*
- 2015 – 2017 *Mentor, High School Alliance, University of Nebraska Medical Center, Omaha, NE*
- 2011 – 2017 *Member, Midwest Nursing Research Society (MNRS)*
- 2011 – 2013 *Member, Nebraska Nurse Practitioner*

PRESENTATIONS

International

- Niitsu, K. & Kondo, A.** (2020, July 12). *Collaborative Online International Learning (COIL): An innovative pedagogy to build cross-cultural understanding*. Poster presentation, Transcultural Nursing Society Conference, Kobe, Japan (Virtual due to pandemic). * ***Selected for the Best Poster Prize.***
- Niitsu, K.** (2019, December 26). *Overcoming the odds: How it's like to be a nurse scientist in the United States*. Oral presentation, Tokyo Medical and Dental University, Tokyo, Japan.
- Niitsu, K.** (2013, July 22). *The career path in nursing in the United States: From BSN to MSN to DNP & PhD*. Oral presentation, Kameda Medical University, Chiba, Japan.
- Niitsu, K.** (2012, August 3). *BSN education in the United States: Curriculum at UNMC College of Nursing*. Oral presentation, University of Tokyo, Tokyo, Japan.
- Niitsu, K.** (2011, August 8). *Nurse practitioner issues in the United States*. Oral presentation, Tokyo Medical and Dental University, Tokyo, Japan.

National

- Niitsu, K.** (2020, November 6). *Trauma, resilience, and outreach*. Oral presentation, Nebraska Action Coalition Future of Nursing Annual Collaborative Leadership/Culture of Health Conference 2020, Omaha, NE (Virtual due to pandemic).
- Daniel-Ulloa, J., Early, J. O., Iyer, S., & **Niitsu, K.** (2020, October 24). *Beyond academic pipelines: Teaching strategies that support first generation public health college students and pre-professionals*. Poster presentation, American Public Health Association (APHA) Annual Meeting & Expo, San Francisco, CA (Virtual due to pandemic).
- Niitsu, K.**, & Rice, M. J. (2020, October 2). *The relationships among stress, genetics, and inflammation on resilience in professional learners: Preliminary analyses*. Poster presentation, American Psychiatric Nurses Association (APNA) Annual Conference, Lake Buena Vista, FL (Virtual due to pandemic).
- Niitsu, K.** & Rice, M. J. (2019, April 13). *Genes, inflammation, and resilience to stress*. Poster presentation, Western Institute of Nursing (WIN) Annual Conference, San Diego, CA.
- Niitsu, K.** (2018, October 26). *Behavior genetics 101 for psychiatric mental health nurses in 45 minutes*. Podium presentation, American Psychiatric Nurses Association (APNA) Annual Conference, Columbus, OH.
- Niitsu, K.** & Rice, M. J. (2018, April 14). *Genetic influence on resilience to potentially traumatic events*. Podium presentation, Western Institute of Nursing (WIN) Annual Conference, Spokane, WA.
- Niitsu, K.** & Rice, M. J. (2018, April 13). *Systematic review: Genetic variants associated with psychological resilience*. Poster presentation, Western Institute of Nursing (WIN) Annual Conference, Spokane, WA. ***Research Poster Award, 2nd Place.**
- Niitsu, K.** (2016, October 21). *Genetic influence of resilience to potentially traumatic events: Preliminary findings*. Poster presentation, American Psychiatric Nurses Association (APNA) Annual Conference, Hartford, CT.
- Niitsu, K.** (2015, October 29). *Genetic influence of resilience to potentially traumatic events: Progress report*. Poster presentation, American Psychiatric Nurses Association (APNA) Annual Conference, Lake Buena Vista, FL.
- Niitsu, K.**, & Houfek, J. (2015, April 18). *Identification of candidate genes for psychological resilience to develop an additive genetic resilience index: An integrative review*. Poster presentation, Midwest Nursing Research Society (MNRS) Annual Conference, Indianapolis, IN. ***PhD Students Poster Award, 2nd Place.**

Niitsu, K. (2014, October 23). *Role of the serotonin transporter gene in resilience to trauma: An integrative review*. Poster presentation, American Psychiatric Nurses Association (APNA) Annual Conference, Indianapolis, IN. ***Student Research Poster Award, 1st Place.**

Niitsu, K. (2013, October 10). *The gene x environment interactions to resilience framework*. Poster presentation, American Psychiatric Nurses Association (APNA) Annual Conference, San Antonio, TX.

Niitsu, K., Watanabe-Galloway, S., Sayles, H., Houfek, J., & Rice, M. J. (2013, March 8). *Great Eastern Japan Disasters psychological impact study*. Poster presentation, Midwest Nursing Research Society (MNRS) Annual Conference, Chicago, IL.

Niitsu, K., Watanabe-Galloway, S., Sayles, H., Houfek, J., & Rice, M. J. (2012, November 8). *Great Eastern Japan Disasters psychological impact study: Preliminary findings*. Poster presentation, American Psychiatric Nurses Association (APNA) Annual Conference, Pittsburg, PA.

Rice, M. J., Houfek, J., & **Niitsu, K.** (2011, October 20). *Constructivist outcomes for rural psychiatric NP videoconferencing*. Poster presentation, American Psychiatric Nurses Association (APNA) Annual Conference, Anaheim, CA.

Local / Regional

Niitsu, K. (2020, October 26). *My COIL (Collaborative Online International Learning) experience with a Japanese partner university in the Resilience and Mental Health course*. Served as a COIL fellow to talk about COIL pedagogy, Global Initiatives, University of Washington Bothell, Bothell, WA.

Niitsu, K. (2020, September 25). *2021 Master of Nursing Program Welcome: Graduate faculty-student mixer*. Served as a graduate faculty in School of Nursing & Health Studies, University of Washington Bothell, Bothell, WA.

Niitsu, K., Early, J., Anderson, S., & Cabaral, S. I. (2020, September 24). *School of Nursing and Health Studies (SNHS) faculty panel and Q&A*. Served as a panelist, University of Washington Bothell, Bothell, WA.

Niitsu, K. (2020, September 23). *Connect gladly with kindness*. Oral presentation delivered at the School of Nursing & Health Studies Fall Retreat for faculties and staffs, University of Washington Bothell, Bothell, WA.

Niitsu, K. (2020, August 19). *Here and now to stay resilient*. Oral presentation delivered at "Zoom Zoom to Connect" program for faculties and staffs, University of Washington Bothell, Bothell, WA.

Niitsu, K. (2020, January 24). *Mindfulness in the classroom*. Oral presentation delivered at the Winter eLearning Symposium, University of Washington Bothell, Bothell, WA.

Niitsu, K. (2019, November 6). *Trauma to resilience to...? What I've done in NE & CO and where I may go in WA with you!* Oral presentation delivered at the Scholarship Meeting, University of Washington Bothell, Bothell, WA.

Niitsu, K. (2019, October 23). *New faculty member presentation: Scholarly journey as a nurse scientist from NE to CO to WA*. Oral presentation delivered at the Health Care Advisory Board Meeting, University of Washington Bothell, Bothell, WA.

Niitsu, K. (2019, August 20). *Scholarly journey to become a nurse scientist in the United States*. Guest lecture for Japanese nursing students from Tokyo Medical and Dental University, University of Washington Bothell, Bothell, WA.

Niitsu, K. & Rice, M. J. (2019, July 11). *Stress Resilience and Mental Health among Professional Learners: Primary Data Analysis*. Poster presented at the 10th Annual Postdoctoral Research Day, University of Colorado Anschutz Medical Campus, Aurora, CO.

Prag, P., Artmann, A. A., & **Niitsu, K.** (2018, September 10). *Cultural experience within the U.S. education system*. Guest lecture for Japanese nursing students from Yamagata University, University of Colorado Anschutz Medical Campus, Aurora, CO.

Niitsu, K. (2018, May 3). *Four actions that professional health students can take to stay resilient*. Guest lecture requested by Mental Health Lunch & Learn Series by Office of Student Health Promotion, University of Colorado Anschutz Medical Campus, Aurora, CO.

Niitsu, K. (2018, March 9). *Genetic influence on resilience to potentially traumatic events*. Guest lecture for psychiatric mental health nurse practitioner students, University of Colorado Anschutz Medical Campus, Aurora, CO.

Prag, P., Artmann, A. A., & **Niitsu, K.** (2018, March 9). *Reflecting nursing experiences in the United States*. Guest lecture for Japanese nursing students from Hiroshima University, University of Colorado Anschutz Medical Campus, Aurora, CO.

Niitsu, K. (2017, October 12). *Genetic influence on resilience to potentially traumatic events*. University of Colorado College of Nursing's Precision Mental Health Care Lecture, University of Colorado Anschutz Medical Campus, Aurora, CO.

Niitsu, K. (2016, April 26). *Genetic influence on resilience to potentially traumatic events: Progress report*. Poster presentation, Gamma Pi-at-Large Chapter of Sigma Theta Tau International, Lincoln, NE.

Niitsu, K. (2015, March 27). *Genetic influences on psychological resilience to potentially traumatic events*. Oral presentation, American Psychiatric Nurses Association (APNA) Nebraska Spring Chapter Meeting, Omaha, NE.

Niitsu, K. (2014, November 13). *Three reasons to attend the American Psychiatric Nurses Association annual conference*. Oral presentation, American Psychiatric Nurses Association (APNA) Nebraska Fall Chapter Meeting, Omaha, NE.

Niitsu, K. (2011, November 18). *Great Eastern Japan disasters psychological impact study*. Oral presentation, High School Alliance, University of Nebraska Medical Center, Omaha, NE.

OTHER PROFESSIONAL SERVICE ACTIVITIES

Services at the National Level

American Psychiatric Nurses Association (APNA). (2021 – Present). Role: *APNA Diversity, Equity, and Inclusion Advisory Committee*. Appointed by the APNA President Matthew Tierney, Falls Church, VA.

American Psychiatric Nurses Association (APNA). (2019 – Present). Role: *APNA Research Council Steering Committee*. Appointed by the APNA President Gail R. Stern, Falls Church, VA.

Services at the University of Washington

School of Nursing and Health Studies Faculty Council (2021 – Present). Wade, C. (Chair), Eaton, L., Iverson-Cabral, S., Kenworthy, N., Martelino, J., **Niitsuk, K.** (representing the Master of Nursing Curriculum Committee), & Smith, C. University of Washington Bothell, School of Nursing & Health Studies, Bothell, WA.

Search Committee for an Assistant Teaching Professor Position (2020 – Present). Wade, C. (Chair), **Niitsu, K.**, & West, M. University of Washington Bothell, School of Nursing & Health Studies, Bothell, WA.

MN Curriculum Committee (2020 – Present). Ezeonwu, M. (Chair), Bustillos, D., Eagen-Torkko, M., Lee, **Niitsu, K.**, C., Howerter, E., Iyer, S., Kirk, N., & Smith, C. University of Washington Bothell, School of Nursing & Health Studies, Bothell, WA.

COIL Fellows Selection Committee (2020 – Present). Dyba, N. (Chair), Charusheela, S. (Co-Chair), **Niitsu, K.** (Reviewer), Conaway, T. A. (Reviewer), & Krabill, R. (Reviewer). University of Washington Bothell, Global Initiatives, Bothell, WA.

International Student Learning Community (2020 – Present). Chair: Al-Noori, S. & Rodriguez Hidalgo, P. Members (alphabetically): Allman, M., Bennett, D., Chen, L., Ellis, A., Lopez, A. E., Nesvig, C., Sandhu, K., Lee, J., & **Niitsu, K.** University of Washington Bothell, Interdisciplinary Team, Bothell, WA.

Behavior Health Learning Community Year 2. (2020 – 2021). Facilitator: Appel, H. Members (alphabetically): Blue, J. Gordon, C., McFeely, E., **Niitsu, K.**, Simmons, R., Thompson, A., West, M., and White, B. University of Washington Bothell, Interdisciplinary Team, Bothell, WA.

Behavior Health Learning Community Year 1. (2019 – 2020). Facilitator: Appel, H. Members (alphabetically): Bruck, A., Gordon, C., **Niitsu, K.**, Simmons, R., Thompson, A., West, M., and White, B. University of Washington Bothell, Interdisciplinary Team, Bothell, WA.

Behavior Health Working Group. (2019 – Present). Chair: Dworkin, S. Director: Appel, H. Members (alphabetically): Bruck, A., Dahal, P., Fleming, R., Iyer, S., **Niitsu, K.**, Stone, A., & West, M. University of Washington Bothell, School of Nursing & Health Studies, Bothell, WA.

BSN Curriculum Committee. (2019 – 2020). Chair: Anderson, S. Members (alphabetically): Bruck, A., Cabral, S., Eaton, L., **Niitsu, K.**, & Perez, N. University of Washington Bothell, School of Nursing & Health Studies, Bothell, WA.

UW Resilience Lab. (2019 – Present). Well-being for life & learning initiative. Role for **Niitsu, K.:** Faculty Fellow. Tri-Campus Initiatives: University of Washington Seattle, Bothell, & Tacoma.

Strategic Planning. (2019 – Present). Strategic pillars #1: Increase access to educational excellence and opportunity & improve existing program quality. Role for **Niitsu, K.:** Faculty Member, University of Washington Bothell, School of Nursing & Health Studies, Bothell, WA.

Mentorship for Graduate Students in Master of Nursing in School of Nursing & Health Studies at the University of Washington Bothell:

Admission Year	Student Name	Scholarly Chair	2nd Reader
2020	Lamb, J.	Niitsu, K.	Early, J.
2020	Beebe, S.	Wade, C.	Niitsu, K.
2019	Vassileva, I.	Niitsu, K.	Wade, C.
2019	Lin, A.	Niitsu, K.	Dworkin, S.
2019	Mathies, J.	Niitsu, K.	Early, J.
2019	Humphries, L.	Kenworthy, N.	Niitsu, K.
2019	Teeter, L.	Lasker, G.	Niitsu, K.
2018	Ward, J.	Lasker, G.	Niitsu, K.
2018	Tsai, A.	Wade, C.	Niitsu, K.

Community Service / Media Attention

Nurses Week 2021. (2021, May 7). *Become more mindful*. University of Washington Bothell, School of Nursing & Health Studies, available at <https://www.uwb.edu/nhs-news/may-2021/niitsu-nurses-week>

Tokyo Medical and Dental University (TMDU). (2021, May 6). *International exchange program Collaborative Online International Learning (COIL) with University of Washington Bothell was held*. Newsletter posted on TMDU official website, available at https://www.tmd.ac.jp/files/topics/54866_ext_26_0.pdf

Wellness Fest: Behavioral Health Day. (2021, May 4). *Live event: Mindfulness practice* led by **Niitsu, K.** University of Washington Bothell.

The Wellbeing for Life and Learning RN Community of Practice. (2021, May 4). *Transforming the nursing education system through self-care: A roundtable discussion*. Discussion led by Evans-Agnew, R. A. Role for **Niitsu, K.**: Panelist. University of Washington Tacoma, School of Nursing & Healthcare Leadership.

Niitsu, K., Appel, H., Bruck, A., Iyer, S., Stone, A., & West, M., (2021, April 13). *UW Bothell Behavioral Health team reflect on mental health and wellness*. School of Nursing and Health Studies (SNHS), University of Washington Bothell, available at <https://www.uwb.edu/nhs-news/april-2021/behavioral-health>

Niitsu, K. (2021, March 29). Writing forward for a book titled, *The American Medical Association On Teaching Racism Afrocentric Literary Pedagogy in Nursing Education and Clinical Practice*, authored by Kwarteng, F. Africa World Press and the Red Sea Press.

Niitsu, K. (2020, December 02). *Stress Reduction through Mindfulness during the COVID-19 Pandemic*. School of Nursing and Health Studies (SNHS) All-School Meeting, University of Washington Bothell.

Niitsu, K. (2020, November 18). *Building mental health resilience to stress*. Office of Advancement and External Relations, University of Washington Bothell, available at <https://www.uwb.edu/news/november-2020/mental-health-resilience>

Niitsu, K. (2020, November 04). *Stress Reduction through Mindfulness during the COVID-19 Pandemic*. School of Nursing and Health Studies (SNHS) All-School Meeting, University of Washington Bothell.

Niitsu, K. (2020, October 26). *Alumni Association announces 2020 award recipients*. University of Nebraska Medical Center, available at <https://www.unmc.edu/news.cfm?match=26442>

- Niitsu, K.** (2020, September 23). *Stress Reduction through Mindfulness during the COVID-19 Pandemic*. School of Nursing and Health Studies (SNHS) School Retreat, University of Washington Bothell.
- Niitsu, K.** (2020, September 1). *Dr. Kosuke “Ko” Niitsu: Featured Researcher*. American Psychiatric Nurses Association, available at <https://community.apna.org/blogs/kayla-herbell1/2020/09/01/september-featured-researcher>
- Niitsu, K.** (2020, June 23). *Niitsu receives UNMC (University of Nebraska Medical Center) Nursing Excellence Award*. University of Washington Bothell, School of Nursing and Health Studies News, available at <https://www.uwb.edu/nhs-news/june-2020/niitsu-nursing-excellence-award>
- Niitsu, K.** (2020, May 28). *Health profession project interview*. Interviewed by Hernandez, N. (undergraduate student in Health Studies), University of Washington Bothell, Bothell, WA.
- Niitsu, K.** (2020, May 7). *Raising awareness around mental health*. Office of Advancement and External Relations, University of Washington Bothell, available at <https://www.uwb.edu/news/may-2020/mental-health-awareness>
- Niitsu, K.** (2020, May 18). *Live mindfulness session with a certified mindfulness instructor*. Event: Mental Health Awareness Day during the Wellness Week. Role: Mindfulness Instructor. University of Washington Bothell, Bothell, WA.
- Niitsu, K.** (2020, April 27). *Dr. Niitsu named UWB (University of Washington Bothell) COIL (Collaborative Online International Learning) fellow*. University of Washington Bothell, School of Nursing and Health Studies News, available at <https://www.uwb.edu/nhs-news/april-2020/niitsu-coil-fellow>
- Niitsu, K.** (2020, April 7). *Dr. Niitsu presents in Tokyo*. University of Washington Bothell, School of Nursing and Health Studies News, available at <https://www.uwb.edu/nhs-news/april-2020/niitsuseminar>
- Niitsu, K.** (2020, January 28). *The American Dream: Injustices and disparities among people of color*. Role: Panelist. Event hosted by Health Educators Reaching Out (HEROs), University of Washington Bothell, Bothell, WA.
- Niitsu, K.** (2019, November 15). *Global collaboration: SNHS and TMDU*. University of Washington Bothell, School of Nursing and Health Studies News, available at <https://www.uwb.edu/nhs-news/november-2019/collaboration-snhs-tmdu>

Niitsu, K. (2019, November 15). *Dr. Niitsu attends APNA conference*. University of Washington Bothell, School of Nursing and Health Studies News, available at <https://www.uwb.edu/nhs-news/november-2019/niitsu-apna>

Niitsu, K. (2019, September 22). *Convocation 2019 for new students*. Role: Faculty. University of Washington Bothell, Bothell, WA.

Campus Health Center. (2018, October 17). *Orientation for Psychiatric Mental Health Nurse Practitioners*. Role: Psychiatric mental health nurse practitioner mentor, University of Colorado Anschutz Medical Campus, Aurora, CO.

Niitsu, K., & Landry, L. (2018, August 22). *Inflammation, mental health, and campus resources*. Role: Guest speaker for the PhD student orientation at the University of Colorado Anschutz Medical Campus, Aurora, CO.

Mellenthin, M., Ismael, A., **Niitsu, K.** & Ding, J. (2017, September 20). *Science at the Market with Project Bridge through the University of Colorado Anschutz Medical Campus*. Role: Postdoctoral scientist volunteer, Denver, CO.

Behavioral Health Education Center of Nebraska (BHECN). (2016, January 27). *BHECN Mentorship Dinner*. Role: Nurse mentor, University of Nebraska Medical Center, Omaha, NE.

Niitsu, K. (2015, November 13). *Ph.D. candidate receives grant from International Society of Nurses in Genetics*. University of Nebraska Medical Center, available at <https://www.unmc.edu/news.cfm?match=17472>

Niitsu, K. (2015, October 30). *Researching the Genetics of Resilience: Conversation with Kosuke "Ko" Niitsu, MSN, APRN-NP, PMHNP-BC*. American Psychiatric Nurses Association, available at <https://www.apna.org/i4a/pages/index.cfm?pageID=5951>

Niitsu, K. (2015, October 9). *College of Nursing's Niitsu receives APNF grant*. University of Nebraska Medical Center, available at <https://www.unmc.edu/news.cfm?match=17633>

Niitsu, K. (2015, September 13 to 15). *University of Nebraska Medical Center Campus Tour for a Visiting Researcher from Japan (Hayakawa, S., PhD)*. Role: Program coordinator, Omaha, NE.

University of Nebraska Medical Center (UNMC). (2015, May 19th). *Orientation for UNMC College of Nursing PhD Program*. Role: Senior PhD student, University of Nebraska Medical Center, Omaha, NE.

Behavioral Health Education Center of Nebraska (BHECN). (2015, May 11). *BHECN College Ambassador Conference*. Role: Nurse mentor, University of Nebraska Medical Center, Omaha, NE.

Niitsu, K. (2015, May 1). *College of Nursing efforts recognized at MNRS event*. University of Nebraska Medical Center, available at <https://www.unmc.edu/news.cfm?match=16864>

Behavioral Health Education Center of Nebraska (BHECN). (2015, April 10). *BHECN High School Ambassador Conference – Kearney*. Role: Nurse mentor, University of Nebraska Medical Center, Kearney, NE.

Behavioral Health Education Center of Nebraska (BHECN). (2015, March 6). *BHECN High School Ambassador Conference – South Omaha*. Role: Nurse mentor, University of Nebraska Medical Center, Omaha, NE.

Niitsu, K. (2014, November 21). *UNMC College of Nursing students earn research awards*. University of Nebraska Medical Center, available at <https://www.unmc.edu/news.cfm?match=16040>

Niitsu, K. (2014, October 10). *Kosuke Niitsu selected for the 1st place Poster Presentation Award*. University of Nebraska Medical Center, available at <https://www.unmc.edu/news.cfm?match=15821>

Niitsu, K. (2014, October 2). *University of Nebraska Medical Center Doctoral Programs Special Event: “Take a closer look... PhD & DNP”*. Role: Senior PhD student, University of Nebraska Medical Center, Omaha, NE.

Liu, H. (Director), **Niitsu, K.**, & Behavioral Health Education Center of Nebraska (BHECN) Academy Members. (2013 – 2016). *Online education: Non-pharmacological treatment for Attention Deficit Hyperactivity Disorder (ADHD)*. Role: BHECN Academy member, Omaha, NE.

Liu, H. (Director), Cordell, R., **Niitsu, K.**, & Preston, E. (2013, July 8). *Stimulus video: aggressive patient in emergency room setting*. Role: Actor playing the role of an ER nurse, Behavioral Health Education Center of Nebraska (BHECN), Omaha, NE.

Bary, T. (Chair), Howey, M., Kreman, B., **Niitsu, K.**, & Schumacher, K. (2013, July 3). *Professional graduate nursing program admissions, progression, graduation and scholarship Committee for a NP student*. Role: Student grade appeal committee, University of Nebraska Medical Center, Omaha, NE.

Rice, M. J. (Chair), Beam, B., Brown, H. L., Costa, S. A., Gonzalez, S., Moser, D. L., **Niitsu, K.**, Rejda, P., Tompkins, J., & Syphers, B. (2012, January – February). *Social media in education at University of Nebraska Medical Center: An assessment of the use of social*

media in education. Role: Student representative, University of Nebraska Medical Center, Omaha, NE.

Abdel, N. (Facilitator) & **Niitsu, K.** (2011, December 19). *Improving the experience of the international students at University of Nebraska Medical Center*. Role: International student representative, University of Nebraska Medical Center, Omaha, NE.

Niitsu, K. (2011, May 19). Japan earthquake/tsunami and psychological impact. Role: Lecturer for 6th grade students, St. Albert School, Council Bluffs, IA

Watanabe-Galloway, S., & **Niitsu, K.** (2011, April 18). *University of Nebraska Medical Center Community Gathering to Support Japan Disaster Relief*. Role: Student representative, University of Nebraska Medical Center, Omaha, NE.

Niitsu, K. (2007, February 22). *Change in language test helps student get into UNMC*. University of Nebraska-Lincoln (The Daily Nebraskan), available at http://www.dailynebraskan.com/change-in-language-test-helps-student-get-into-unmc/article_eeb10878-4898-55fa-9848-6d0395e7f743.html

Courses Taught

Month/Year	Course Title	Institution
01/2021 – Present	International Health Welfare	Tokyo Medical & Dental University
03/2020 – Present	Practicum of English for Nursing	Tokyo Medical & Dental University
03/2020 – Present	BHLTH497: Resilience and Mental Health	University of Washington Bothell
03/2020 – Present	BNURS505: Pathway Planning, Practicum, and Portfolio	University of Washington Bothell
03/2020 – Present	BNURS506: Advanced Pathophysiology, Pharmacology, and Health Assessment	University of Washington Bothell
09/2019 – Present	BNURS360: Critical Reading and Information Literacy in Nursing	University of Washington Bothell
03/2018 – 03/2018	NRSG6661: Diagnosis and Management of Adults for the Psychiatric Mental Health Nurse Practitioner	University of Colorado Anschutz Medical Campus
08/2013 – 05/2014	NRSG665: Neuroscience of Psychopharmacology for Advanced Practice Nursing	University of Nebraska Medical Center