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Anna Winqvist, MN, RN

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EDUCATION

Master of Nursing

University of Washington Bothell

Bachelor of Science in Nursing

University of Washington Seattle

Bachelor of Arts in Political Science with Spanish Minor

Seattle University

ACADEMIC TEACHING EXPERIENCE

Part-Time Lecturer (2013 to present)

School of Nursing and Health Studies, University of Washington Bothell

- Courses taught:

Cultural and Social Issues in Health Care

This course consists of issues around social justice, culture, cultural competence and cultural humility, oppression, race, class, gender, health disparities, and social determinants of health.

Translating Scholarly Knowledge to Nursing Practice

Students are taught the skills of formulating an evidence-based question and to critically read and synthesize scholarly knowledge to shape health care practice. Attention is also given to nurses becoming confident researchers and writers, critical thinkers, and joining the healthcare conversation.

- Classes taught both 100% face-to-face and/or hybrid. Extensive training in active learning classroom designs and teaching online courses using various technologies and discussion tools.

Course Coordinator for BNURS 460 (Translating Scholarly Knowledge to Nursing Practice) and **Co-Course Coordinator** for BNURS 360 (Critical Thinking and Information Literacy in Nursing)

School of Nursing and Health Studies, University of Washington Bothell

- Collaborate with the Director of Nursing, the co-course coordinator for BNURS 360, as well as BNURS 360 and 460 faculty to ensure coordination of education across the Bachelor of Nursing (BSN) cohorts
- Help to create dependable linkages between the two BSN research courses, BNURS 360 and 460 to form a learning foundation for the rest of the Bachelor of Nursing (BSN) program
- Provide support, reference material, and a course template (in-class and hybrid) for BNURS 460 faculty.
- Encourage pedagogical discussion and communication between BNURS 360 and 460 faculty to enhance faculty and student academic experiences, as well to encourage coordination of education
- Ensure that course faculty understand and meet requirements for practice hours
- Schedule, organize, and conduct regular BNURS 460 meetings, as well as BNURS 360 and BNURS 460 combined meetings.

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Teaching Assistant as MN student

Online Writing Course for BSN students, School of Nursing and Health Studies, University of Washington Bothell

FELLOWSHIP

Community Based Learning and Research (CBLR) Fellow (2017-2018 academic year)

University of Washington, Bothell

- Through the CBLR Fellowship, I developed a CBLR course for BNURS 460: Translating Scholarly Knowledge to Practice in partnership with the UWB School of Nursing and Health Studies and Providence Regional Medical Center in Everett (PRMCE). This academic and community collaboration was based on the literature that indicates improved health outcomes and well-being are not solely associated with medical services; rather, community partnerships are essential to health promotion and prevention advocacy. PRMCE partners are asked to provide students with a “population problem,” and then RN-BSN students apply their course work to formulate an evidence-based question, create a literature review, provide a well-developed argument, and offer recommendations for change and/or further research. PRMCE are co-educators shaping nursing students as autonomous and empowered voices in healthcare, and the partnership experiences a sense of reciprocity and mutual exchange of evidence-based knowledge to ultimately, enhance the health of the community and underserved populations.

HEALTH CARE POLICY EXPERIENCE

Washington Center for Nursing (WCN)

- Worked closely with the Executive Director to assist in electronic distribution of the Transition to Practice Survey to hospital administrators in acute-care hospitals across Washington State to support and advocate for the transition of nurses to the nursing workforce.
- Reviewed and analyzed the Transition to Practice Survey data and distribute summary of results to key stakeholders that structure nurse residency programs.

Intern in Governmental Affairs with Washington State Nursing Association (WSNA)

Supported WSNA’s Senior Governmental Affairs Advisor as the WSNA advocated for nurses and patients in the shaping and implementation of the Washington State Health Care Exchange

- Tasks included: researching and advising best practices for WSNA contributions to the Health Care Exchange; attending policy group meetings; engaging with a variety of stakeholders, health care providers, lobbyists, and community representatives

PUBLICATION

Winqvist, A. (2012). The role of nurses in health reform implementation. Washington State Nursing Association, 42(3), 27-28.

NURSING EXPERIENCE

Forensic Nurse: Providence Intervention Center for Assault and Abuse

Providence Regional Medical Center in Everett, WA

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- Provided high quality medical assessment and forensic evidence collection to pediatric through geriatric patients who have experienced physical, mental, and/or sexual assault
- Patient education on reproductive health, general medical health issues, pregnancy prevention, sexually transmitted diseases, safety, and child abuse prevention
- Comprehensive care to vulnerable populations by collaborating with a variety of community health partners including: four Emergency Departments, law enforcement, Child Protective Services, victim advocates, mental health providers, Snohomish County Prosecuting Office, Snohomish County jail, county health departments, juvenile detention, and shelters

Registered Nurse: Maternal Fetal Medicine Clinic

Providence Regional Medical Center in Everett, WA

- Partnered with Maternal Fetal Medicine Specialists, genetic counselors, and sonographers to provide quality care and education to women experiencing high risk pregnancies
- Performed Neonatal Stress Tests (NST's) to women needing high risk prenatal care
- Shaped the development of a growing clinic by organizing patient flow, and designing office and patient documents and protocols
- Created educational materials for continuing RN education

Registered Nurse: Ante-Partum, Labor & Delivery, Post-Partum, Triage

Providence Regional Medical Center in Everett, WA

- Provided quality and compassionate nursing care to ante-partum, laboring, and post-partum patients, including triage and circulating in cesarean sections
- Clinical preceptor for the University of Washington School of Nursing, Seattle

OTHER HEALTH CARE EXPERIENCE

Nurse Technician, Hematology and Oncology

Children's Hospital and Regional Medical Center in Seattle, WA

Medical Assistant, Emergency Department/Urgent Care/ Crisis Triage

Harborview Medical Center in Seattle, WA

Patient Registration, Emergency Department/Urgent Care/Crisis Triage

Harborview Medical Center in Seattle, WA

Lab Assistant and Radiology Assistant

Group Health Cooperative in Seattle, WA

CASE MANAGEMENT EXPERIENCE

Account and Case Manager

Transitional Life Caring Services in Seattle, WA

- Case management which included visitation, assessment, and advocacy of clients in nursing homes, adult family homes, retirement communities, and/or in private homes
- Responsible for maintaining, auditing, and reconciling client bank and/or trust accounts

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- Researched and created the company invoicing database; implemented the office filing systems; computer proficiency in WordPerfect, Microsoft Word, Quicken and QuickBooks Pro
- Prepared confidential/sensitive legal documents and correspondence

Case Manager

El Centro de la Raza in Seattle, WA

- Provide intake/interviewing/assessment/advocacy for homeless, low income, and ethnically diverse populations in need of housing, shelter, food, and/or employment
- Community outreach
- Prepared monthly billing and gathering of statistical information

CURRENT VOLUNTEER

Volunteer Coordinator

Olympic Ballet School and Theatre in Edmonds, WA

- Coordinate approximately fifty plus volunteers in the semi-professional production of the theater's ballet performances by working closely with the school's directors, staff, stakeholders, and parents/caregivers
- Co-create and implement the volunteer online registration system

School Volunteer and Art Teacher

Everett School District

PAST VOLUNTEER

Project Homeless Connect, Snohomish County

King County Prosecuting Office Protection Order Program

Sight Connection for the Blind and Partially Sighted

El Central de La Raza

Seattle Children's Hospital

CURRENT CREDENTIALS AND CERTIFICATIONS

Registered Nurse (Credential Number RN 00142459)

Basic Life Support for Health Care Providers

Sexual Assault Nurse Examiner

PAST CERTIFICATIONS

Washington State School Nurse Certification

Neonatal Resuscitation Program (NRP) Provider

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SCHOLARSHIPS

Master of Nursing Merit Scholarship from University of Washington Bothell

Bachelor of Nursing Zesbaugh Scholar for Merit and Financial Need from University of Washington Seattle

Citizens of the World Scholarship from University of Washington School of Nursing

Suwa Maternity Clinic in Shimosuwa, Japan

- A cultural immersion volunteering in a Japanese maternity clinic assisting doctors, midwives and nurses with the birthing process, maternal care and education, infertility treatment, and newborn assessments

Belize Program Scholarship from Seattle University

Belize City, Belize

- As part of the first program to Belize, partnered with the Jesuit International Volunteer Core to provide health care to underserved and vulnerable populations

LANGUAGE AND TRAVEL

Educator of English Language

Vitoria, Spain

Minor in Spanish and conversational Spanish