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Our Mission

The Office of Community-Based Learning and Research (CBLR) holds as its mission the advancement of mutually beneficial relationships between the university and the extra-campus community through community-based learning and research for the purposes of education and growth among all involved parties.

CBLR supports the University of Washington Bothell in its mission to be a “transformational learning community,” and to “serve as a catalyst to enhance quality of life throughout our region” while fostering a “dynamic community of multicultural learning.”

What are CBLR classes?

A credit-bearing educational experience in which students participate in an organized activity (direct service, research, creative process, advocacy, consulting) in collaboration with a community entity (non-profit, industry, business, K-12 schools, local government) for the purpose of mutual beneficial exchange of knowledge and resources in a context of partnership and reciprocity.

Adapted from Bringle and Hatcher (1996), and the Carnegie Foundation for the Advancement of Teaching.
CBLR BY THE NUMBERS
Summer 2017 - Spring 2018

142

CBLR course sections were offered this year
117 undergraduate courses
25 graduate courses

1633 unique student enrollments

22% of UWB Students

2492 total student enrollments

- 1052 students took 1 CBLR course
- 368 students took 2 CBLR courses
- 167 students took 3 CBLR courses
- 46 students took 3+ or more CBLR courses

169 Community Partners collaborated with students and faculty in CBLR courses over the 2017-2018 year (see page 16 for full list)

166 Faculty members taught CBLR courses

36% of UWB Faculty
The graph above represents the percentage of students enrolled in community-based learning and research courses within a specific school or program.

HOW WE COUNT CBLR CLASSES

The Office of Community-Based Learning and Research makes multiple attempts to count all CBLR courses. Each year, the Provost requests counts of undergraduate student participation in UW-sponsored public service, internships, and research. The Office of CBLR takes this opportunity to tally the quarterly CBLR course lists, including number of students who participated in an optional CBLR component of a course, including graduate CBLR courses. The list is then divided by School and sent to the Deans to verify the representation of their School’s CBLR courses. The final list is sent to the Institutional Research Office (IRO), where the course information is merged with student data. The IRO provides the total number of students who participated in these courses as well as a distribution of CBLR enrollments by school. This information is then used to inform the CBLR Annual Report, campus reports and community engagement materials. We want to acknowledge that there are limitations in the CBLR course count process, and it is likely that courses and partnerships may be missing from each School.
ASSESSING OUR IMPACT

The ways to measure the success of community engagement are many. As part of our ongoing research, we seek feedback from our students and community partners about the impact of their shared work.

TO LEARN MORE ABOUT THIS RESEARCH, led by Shauna Elbers Carlisle, associate professor in the School of Interdisciplinary Arts & Sciences and associate director of the Master of Arts in Policy Studies Program, go to our Community Engagement website’s “impact” page: www.uwb.edu/community-engagement/impact.

Here are the latest student and community data from 2017-18:

**MAKING A DIFFERENCE FOR STUDENTS**

Due to my community-based learning experience, in the future I am more likely to:

- try a solution, assess its effects, and revise my approach to solving the problem.
  
  48% strongly agree 43% agree

- collaborate with others when solving problems.
  
  55% strongly agree 38% agree

- apply subject-specific knowledge to resolve a problem.
  
  51% strongly agree 40% agree

- be open to new ideas.
  
  52% strongly agree 41% agree

**MAKING A DIFFERENCE FOR COMMUNITY PARTNERS**

Our community engagement partnership with UW Bothell...

... provided an exchange of knowledge to our organization.

73% yes definitely 25% somewhat

... provided an exchange of resources to our organization.

63% yes definitely 29% somewhat

.. helped our organization meet our mission/goals.

71% yes definitely 29% somewhat

... allowed us to improve services.

60% yes definitely 35% somewhat

... introduced new ideas to our organization.

56% yes definitely 37% somewhat
ENGAGING STUDENTS

Restoring Life at North Creek Forest
Candice Magbag, Mahleah Grant, Kendra Potoshnik, Rebecca Bruemmer, Johnathon Rutledge
Students collaborated with Friends of North Creek Forest to transform a half-acre of North Creek Forest from a neglected eyesore to a haven teeming with life. The restoration effort provides capstone projects for teams of students from all three UW campuses. The students all agreed this was a standout moment in their academic career, for the experience, friends, and connections they made.

“For anybody who is thinking of taking this project on, you won’t regret it. When else in school will you get credit for working outside doing what you love to do and making a real long term difference in the local community?”
—Jonathon Rutledge, student partnered with Friends of North Creek Forest.

WA Campus Compact
Winners of the 2018 Presidents’ Civic Leadership Award

Ayva Thomas, ‘17,’19
As an undergraduate, Thomas created the North Star Program, which connects UW Bothell student mentors with students at Voyager Middle School in Everett, WA. Thomas graduated with a Bachelor of Arts in Community Psychology and is currently a student in the Master of Arts in Cultural Studies Program.

Salvador Salazar-Cano, ’18
Salazar-Cano interned at 21 Progress, a Seattle nonprofit for equity and justice; worked as a student assistant in the UW Bothell student diversity center; and served as the first full-time advocate at the Washington Legislature for the Associated Students of the UW Bothell. Salvador-Cano majored in Society, Ethics and Human Behavior.

Creating a Smart & Safe Bear Fence
Guangxiao Zhang, Brian Farkas and Nazary Vasilchenko
Mechanical engineering students worked on their capstone project in partnership with Farmer Frog, a nonprofit educational farm in the Paradise Valley conservation area. The students designed and built a system to enhance a smart electric fence for the farm.

“You have to work around things, learn how to work with other people. It’s a great opportunity for us to learn before going into the workforce.”
—Nazary Vasilchenko, student partnered with Farmer Frog
Recent Alumna

SUKHAMAN KAUR
Class of 2017, Health Studies

Sukhaman Kaur entered UW Bothell with a focus on classwork, applying to a major, and graduating. She did not expect to get as involved in public service as she did.

“I started out just taking classes,” said Kaur, “and then I later got involved, which I think was great for me. Without being involved and without the support of faculty and staff, I probably wouldn’t have been able to make it.”

Following her interest in public service and passion for working in the community, Kaur worked as an Achieving Community Transformation (ACT) Lead. ACT students help initiate and support ongoing dialogues between students and organizations to provide engaging service and civic engagement opportunities (see page 6 for more). Kaur noted, “Working with ACT allowed me to be a leader in many ways that taught me it is never too late to get involved — and that you should never limit yourself!”

In the summer before graduation, Kaur took a study abroad community-based learning and research course that delivered health services through “pop-up” clinics in seven villages in Guatemala. The experience aligned with her Health Studies major, and was a hands on experience.

*The experience “not only taught me about the fundamentals of the health care system, and the global determinants of health in Guatemala,” Kaur said, “but also taught me to make do with the amount of resources you are provided.”*

Additional involvement included participating as a member of the UW Bothell Community Engagement Council, and an internship with Lutheran Community Services Northwest in Snohomish County. Kaur was also awarded the Husky 100 in 2017.

After graduation Kaur began a job working for the Intake department at the Seattle Cancer Care Alliance. She is currently pursuing a Masters of Public Administration at Seattle University.

“As a student, I knew I wanted to work in health administration, but I did not know this is the exact route I would take to get to where I am today. From the professors and classes to my involvement as a student leader, I am so incredibly thankful for every opportunity I had at UWB.”
ACHEIVING COMMUNITY TRANSFORMATION (ACT)

ACT is a student organization supported by the office of CBLR. ACT initiates and supports an ongoing dialogue with internal and external organizations to provide opportunities for service, civic engagement, and social justice based on cultivating passion and the understanding of student and community needs. See below for the 2017-2018 ACT Programs:

HONORING DR. MARTIN LUTHER KING JR. 2018

ACT and the MLK Planning Committee worked together to plan Honoring MLK. UW Bothell and Cascadia College students, staff, and faculty were invited to engage in several events such as service projects, workshops, and a carnival featuring a spoken word artist.

OTHER ACT PROGRAMS & CIVIC EVENTS

- Kayak Clean Up with Puget SoundKeeper Alliance
- Youth Migrant Project
- Earth Week Programming: Food Waste Prevention Workshop
- Conversation Cafe with Seattle Children’s Alyssa Burnett Adult Life Center
- Mountains to Sound Overnight Service Trip
- Diversity Center Movie Night: I am Not Your Negro
- Threads and Treads Service Project

“I learned so much about leadership and that even though you are doing something small, you are still helping the community”
—Student participant, Mountains to Sound Overnight Service Trip

“THE DISCUSSION SECTION WAS VERY INTERESTING AND IT GAVE ME THE OPPORTUNITY TO LEARN ABOUT OTHERS’ EXPERIENCES AND PERSPECTIVES”
—Student participant, Movie Night: “I’m Not Your Negro” with Diversity Center

ASB is a student led initiative that gives students the opportunity to take part in educational service projects during their scheduled spring break. In 2018, the ASB program encouraged active citizenship by providing service opportunities addressing social and environmental justice needs within the community.

Students at Camp Korey

Students at 21 Acres Center for Sustainable Living

ALTERNATIVE SPRING BREAK

Former student Essam Muhammad performing spoken word

President of the Black Student Union

“I am Not Your Negro” with Diversity Center
ENGAGING THE COMMUNITY

Everett Housing Authority is a leader in developing and providing safe and affordable housing for low income families. As part of the fieldwork course UW Bothell RN to BSN students helped vulnerable residents in Everett Housing Authority apartments put together a “File of Life,” listing emergency medical information such as: conditions, prescriptions, doctor’s name and family contacts. The forms are then stuck on housing residents' refrigerators. This way in an emergency, paramedics will have easy access to that vital information.

“UW Bothell has been an invaluable partnership for the outreach programs. The students have been very professional and helpful to the program staff, and the youth have really enjoyed connecting with them.”
—Elysa Hovard, Director of Outreach, Cocoon House

Boeing has worked with UW Bothell faculty and students since the inception of the campus. Employees from Boeing have participated in numerous classroom projects, capstones and other forms of curricular engagement in subjects ranging from business to engineering, and policy studies.

In 2017, UW Bothell Masters of Business students as part of their Applied Consulting course partnered with Boeing. Students took on the company's need for a study of air cargo trends and researched air cargo operations at Sea-Tac International Airport. The students had the opportunity to present their findings to Boeing officials in May, offering the company insights on how to update methodology.

“They [UW Bothell Applied Consulting students] did probably the most precise measurement that's been done and we've been doing it for a number of years.” —Boeing Representative
The learning objectives of the class are tied to the partners’ own goals. Resources are limited for the county, and we are able to step in and help them conduct research they normally wouldn’t have enough time to do.” —Raissa DeSmet, Lecturer, School of Interdisciplinary Arts & Sciences

Raissa DeSmet’s class received hands-on experience working with managers to catalog, pack and transport 50,000 objects in preparation for the opening of the new Burke museum in 2019. As part of an ongoing project called Decolonizing Collections, students researched and made presentations about select artifacts to museum visitors. Student research will also be used to inform how the museum displays cultural artifacts in its new building.

Hoa B. Appel worked with the Korean Women’s Association to identify community members with behavioral or substance abuse issues, and then facilitated treatment plans for them.

Anna Winquist, lecturer for the School of Nursing and Health Studies, class partnered with nurses at Providence Regional Medical Center in Everett. Students reviewed health literature in the community, and recommended possible improvements based on outstanding needs.

ENGAGING FACULTY

CBLR 2017-2018 FELLOWSHIP
The Initiative for CBLR Faculty and Staff Fellowship program is designed to promote and support faculty and staff development of community-based scholarship, and creates pathways for students to deepen their community engagement within academic structures.

The purpose of this program is to enhance the capacity of UW Bothell faculty and staff to offer courses, facilitate programs, and conduct research in ways that are valued by the community and the academy. Fellows join a supportive faculty and staff learning community as they create or extend community-based work in courses or professional practice, conduct innovative research, and participate in strategic planning in support of community-based learning and research at UW Bothell.

Meet the eight faculty awarded the Fellowship in 2017-2018:

Raissa DeSmet, PhD
Lecturer, School of Interdisciplinary Arts & Sciences
Decolonizing Collections - A Partnership with the Burke Museum of Natural History and Culture

Hoa B. Appel, PhD, MPH
Lecturer, School of Nursing and Health Studies
Behavioral & Mental Health among Korean Americans

Anna Winquist, MN, RN
Lecturer, School of Nursing and Health Studies
A Problem-Solving Community Partnership: RN-BSN Students and Providence
Rajib Doogar, PhD  
Associate Professor, School of Business  
Speaking for the Defenseless  
Graduate students in Rajib Doogar’s Forensic Accounting class assisted the King County Economic Crimes Unit unravel allegations of fraud committed by trusted agents of youth organizations, and by individuals exploiting the infirmities of certain elderly individuals. The main objective of the project was to broaden the scope of the course to include undergraduate students, and to reach out to a broader population of communities that have fewer resources to devote to the prosecution of such predations.

“AThis course teaches students how things really work financially inside an organization and how to tell when something is off.”  
—Rajib Doogar, Associate Professor, School of Business

Jed Murr, PhD  
Lecturer, School of Interdisciplinary Arts & Sciences  
Black Arts Northwest  
Jed Murr’s multiyear, multiform collaborative project supported Black artists and cultural workers in the Pacific Northwest, in part by providing research about Black political and aesthetic movements.

Pierre Mourad, PhD  
Professor, School of Science, Technology, Engineering & Mathematics  
Community-Based Learning and Research Within Engineering Capstone Projects: A Pilot Study  
Pierre Mourad, professor of the School of Science, Technology, Engineering & Mathematics, worked with Farmer Frog (a local farming community) to support mechanical engineering students on their capstone project. The students designed and built a system to enhance a smart electric fence for the farm.

Arkady Retik, PhD  
Professor, School of Science, Technology, Engineering & Mathematics  
Inspiring Local Community Youth Through Computing Education  
Arkady Retik’s class helped teach K-12 students computer programming. They worked with community groups such as the University Family YMCA to inspire and teach kids who may not otherwise have had access to this information or considered programming a career path.
2017-2018 Community Partners

First Year & Pre-Major
21 Acres
Bloodworks Northwest
Bothell Community Kitchen
Cocoon House
Coding with Kids
Compass Housing Alliance
Eastside Audubon
Forterra
Friends of North Creek Forest
Full Life Care
Green Kirkland Partnership
Macha Theatre Works
Mary’s Place
NAMI Eastside
New Beginnings
Pacific Science Center
Puget Soundkeeper Alliance
Sustainable Agriculture Education Collaborative
UWB Grounds and Wetlands
Catholic Community Services
Volunteer Services Snohomish Co.
Voyager Middle School
Woodland Park Zoo
YMCA of Snohomish County
Young Women Empowered

Education
21 Acres
Arrowhead Elementary School
Asian Counseling and Referral Service
AVID, Henry Jackson High School
Cedar Valley Community School
Center for Human Services
Cocoon House
Coding with Kids
Compass Housing Alliance
Crystal Springs Elementary School
Dale Turner Family YMCA
East African Community Services
Echo Lake Elementary School
El Centro de la Raza
Everett High School
Friends of Youth
Hidden River Middle School
Hollywood Hill Elementary School
Kenmore Elementary School
Kenmore Middle School
Kokanee Elementary
Lake Stickney Elementary School
Lake Washington School District
Leota Junior High
Lockwood Elementary School
Lynnwood Elementary School
Meadowbrook Community Care
Mukilteo School District
North Creek High School
Northshore Middle School
Northshore Networks
Pacific Science Center
Seattle Children’s Alyssa Burnett Adult Life Center
Shelton View Elementary School
Skyview Middle School
University of Washington Bothell Sustainability
Voyager Middle School
Woodinville High School
Woodmoor Elementary School
Young Women Empowered
Youth Tutoring Program

Interdisciplinary Arts & Sciences
21 Acres
Seattle Children’s Alyssa Burnett Adult Life Center
Asian Counseling and Referral Service
AVID, Henry Jackson High School
Bloodworks Northwest
Bothell Community Kitchen
Bothell Municipal Court/Bothell Youth Court
Bothell Community Kitchen
Bothell-Kenmore-Kirkland Reporter
Burke Museum of Natural History and Culture
Center for Human Services
City of Redmond
Cocoon House
Community Alliance for Global Justice
Compass Housing Alliance
Dale Turner Family YMCA
Dwamish River Cleanup Coalition
EarthCorps
East African Community Services
Eastside Audubon
El Centro de la Raza
Farmer Frog
Forterra
Foundation for Sex-Positive Culture
Friends of North Creek Forest
Full Life Care
Gender Diversity
Grandmothers Against Gun Violence
Green Kirkland Partnership
Green Seattle Partnership
International Examiner
Jewish Family Services
La Raza del Noroeste
Latino Educational Training Institute
Lifelong
Lutheran Community Services Northwest
Magnuson Park Forest Steward
Martha Lake Advisory Board
Mary’s Place
New Beginnings
Northwest Parkinson’s Foundation
NW Network of Bi, Trans, Lesbian and Gay Survivors of Abuse
Pacific Science Center
Project Girl
Puget Soundkeeper Alliance
Real Change
We give thanks to our community partners (local government, non-profits, for-profits, schools, and internal UW Bothell departments) that worked with CBLR courses over the 2017-2018 academic year!
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2017-2018

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UWB students at 21 Acres for ACT Alternative Spring Break Programming