



1. Hold the frame with two hands, one on each side of the LiteDisc.
2. Collapse the frame by twisting it.
3. With a half-twist, the LiteDisc resembles a figure eight. Continue twisting the frame.
4. With a full-twist, an edge of the frame will want to slide in between the two outer edges.
5. The LiteDisc should have three circular "layers." These layers can be resized by pulling on a smaller circle while "feeding" it from the larger circle.
6. When the LiteDisc is properly collapsed, put it away in the nylon carry bag.