Dear Students,

Welcome! ISS is here to help you get over some of the hurdles that you may face as you settle into the campus and Bothell community. The handbook is one of many of our efforts to assistance you during your studies at UW Bothell. The handbook provides information to get you acquainted with some of the basic services and resources in Bothell.

The Community Resource Handbook is available at: www.uwb.edu/iss/resources, and includes various topics such as banking, grocery stores, safety, religious services, transportation, U.S. laws, child care services, and more! While ISS does not make any endorsements or recommendations, the handbook includes information that you might want to check out.

In addition, ISS offers a variety of workshops and activities to help you explore the community and meet other international students. Recent activities have included volunteering at a local food bank, touring Boeing’s Future of Flight, snowshoeing in Leavenworth, and dining in downtown Bothell. A listing of upcoming workshops and activities is available at: www.uwb.edu/iss.

We hope you have an enjoyable experience at UW Bothell!

Sincerely,

Krista Garg
International Student Services Coordinator
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Bothell & Neighboring Areas

Bothell:
- City of Bothell: www.ci.bothell.wa.us
- Live Bothell: www.livebothell.com
- Bothell Visitors Center: www.explorebothell.com
- Bothell Chamber of Commerce: www.bothellchamber.com

Neighboring Areas:
- Bellevue: www.bellevuetourism.org
- Lynnwood: www.lynnwoodtouirsim.com
- Mountlake Terrace: www.ci.mountlake-terrace.wa.us
- Woodinville: www.woodinvillechamber.org
- Kenmore: www.ci.kenmore.wa.us
- Mill Creek: www.cityofmillcreek.com
- Redmond: http://redmondchamber.org
- Seattle: www.seattle.gov
Emergencies & Safety

Emergency - Dial “911”
In the case of a sudden illness or injury, crime, fire, natural disaster or other emergency that requires immediate assistance, dial 911. Make sure to inform the call-taker what type of emergency you have and do not hang up until help has arrived.

Blue Emergency Phones
Blue call boxes with the words “EMERGENCY” on them are located around campus. With the touch of the red button, you will get you instantly in contact with Bothell police. These phones are to be used in emergency situations only.

Security & Campus Safety Office
Provides professional security and campus safety services by monitoring local and campus crime, reporting to you on security threats, offering a comprehensive plan for disaster preparedness and providing service numbers for personal health and safety issues, such as domestic violence. Call to report any suspicious behavior.

Safety Escort Program
www.uwb.edu/safety/escort Dial 425-352-5359 to request a Safety Escort
For your safety, the University of Washington Bothell encourage students to use the campus Safety Escort Program. The service is free of charge. During busy periods, we may ask you to meet in a common location so as to facilitate the escorting of multiple persons.

UW Alert
www.washington.edu/alert/index.php
UW Alert shares official information during inclement weather emergencies or crisis situations by sending email and text messages, giving subscribers access to up-to-the-minute information. Sign-up online is required, and can easily be done online.

UW Bothell Emergency Procedures
http://www.uwb.edu/getattachment/admin/emergency/emergency-procedures-poster.pdf
The emergency procedures document provides detailed instructions for responding to specific campus emergencies, and is posted in prominent locations across the campus.

General Safety Practices:

- Never leave valuables out of your sight in public places, such as the classroom or library
- Don’t carry a lot of cash or your immigration documents if you don’t need them
- Never accept rides from people who you do not know
- Never walk alone in dark streets or areas
Before receiving medical attention or purchasing medicine at a pharmacy, it is best to know which places are covered by your health insurance. The places covered by your health insurance are called “in-network providers”. A listing of the in-network providers for the UW Student Health Insurance is available online from UW Bothell Student Services website at: www.uwb.edu/studentservices/insurance

**Pharmacies:**

**Bartell Drug Co**  
22833 Bothell Everett Highway, Bothell, WA  
(425) 481-7810  · bartelldrugs.com

**Rite Aid**  
19107 Bothell Way Northeast, Bothell, WA  
(425) 489-1814  · riteaid.com

**QFC (Pharmacy Inside)**  
18921 Bothell Way Northeast, Bothell, WA  
(425) 485-7548  · qfc.com

**Safeway (Pharmacy Inside)**  
18221 Bothell Way NE, Bothell, WA  
(425) 486-5652  · local.safeway.com

**Medical Services:**

**Bothell Women's Health**  
18323 98th Ave NE, Ste. 3, Bothell, WA  
(425) 806-4600  · bothellwomenshealth.com

**Canyon Creek Clinic**  
19125 North Creek Pkwy # 204, Bothell, WA  
(425) 424-2201  · canyoncreekclinic.com

**Eastside Medicine**  
18920 Bothell Way NE # 203, Bothell, WA  
(425) 318-1692  · eastsidemedicine.net

**Group Health Northshore Medical Center Bothell**  
11913 Northeast 195th Street, Bothell, WA  
(425) 489-3100  · ghc.org

**Lakeshore Clinic-Bothell**  
10025 Northeast 186th Street, Bothell, WA  
(425) 486-9131  · lakeshoreclinic.com

**Primary Care Clinic For Adults**  
19110 Bothell Way NE # 206, Bothell, WA  
(425) 806-8360  · aprimarycare.com

**Postal Services**

**U.S. Post Office**  
10500 Beardslee Blvd, Bothell, WA  
(800) 275-8777  · usps.com

**Safeway (Purchase Stamps Only)**  
18221 Bothell Way NE, Bothell, WA  
(425) 486-5652  · local.safeway.com

**U.S. Post Office**  
17610 Woodinville Snohomish NE, Woodinville, WA  
(425) 487-0995  · usps.com

**QFC (Purchase Stamps Only)**  
18921 Bothell Way Northeast, Bothell, WA  
(425) 485-7548  · qfc.com
Transportation Services

Public Transportation & the U-PASS:
The U-PASS provides UW Bothell students unlimited travel on the following transportation carriers: Community Transit, Everett Transit, King County Metro, Kitsap Transit, Pierce Transit, Sound Transit, and Sounder Commuter Train. The U-PASS is a popular option for students, and can be purchased each quarter at the Cashier’s office (UW1-160).

<table>
<thead>
<tr>
<th>Carrier</th>
<th>Bus Routes to UW Bothell:</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>King County Metro</td>
<td>238, 251, 312, and 372</td>
<td><a href="http://metro.kingcounty.gov/">http://metro.kingcounty.gov/</a></td>
</tr>
</tbody>
</table>

Zimride & Rideshare Programs:
Bothell Campus Zimride is a fun and easy way to find friends, classmates and colleagues who are going the same way you are. Zimride makes it easy to share the seats in your car or catch a ride. You save money, protect the environment and have more fun when you share the ride. Membership is free and easy. All UW Bothell students, staff, and faculty are eligible to sign-up at: [www.zimride.com/bothellcampus](http://www.zimride.com/bothellcampus)

The RideShare Program is another alternative for smart commuters. If you would like to sign up for this program or learn more about it please visit [http://rideshareonline.com](http://rideshareonline.com).

Bicycling:
Bicycling plays a big role in Washington's transportation. In fact, Washington State was named the nation’s number one “Bicycle Friendly State” by the League of American Bicyclists for the fourth year in a row! There are many bicycle trails in the area. Direct access between the Sammamish River Trail and the UW Bothell campus is available via the Burke-Gilman Trail. For trail details and maps, visit [www.kingcounty.gov/recreation/parks/trails.aspx](http://www.kingcounty.gov/recreation/parks/trails.aspx).

Bicycles can be carried onto public transportation (bus and train). Additional information is available at: [www.soundtransit.org/Rider-Guide/Bringing-your-bike.xml](http://www.soundtransit.org/Rider-Guide/Bringing-your-bike.xml). Bicycle laws, safety, trail maps, etc all can be found at: [www.wsdot.wa.gov/bike/](http://www.wsdot.wa.gov/bike/)

To/From the SEA-TAC International Airport:
It can be expensive (about $80 USD) to take a taxi from Bothell to the airport, so there are a few alternatives you can consider:

Shuttle Express: Shuttle Express can take passengers directly to/from the airport to the UW Bothell campus. Reservation information can be found online at: [www.shuttleexpress.com](http://www.shuttleexpress.com/)

Public Transportation: Take Sound Transit Bus 535 from UW Bothell, and then change to Bus 560 from the Bellevue Transit Center. Route timetables can be found at: [www.soundtransit.org](http://www.soundtransit.org/)
Grocery Stores

In the summer months, you can also find Farmers Markets in the area that sell fresh produce. The Farmers Market in Bothell is held at Country Village (www.countryvillagebothell.com/farmersmarket/)

**Safeway** (General Grocery)
18221 Bothell Way NE, Bothell, WA
(425) 486-5652  local.safeway.com

**QFC** (General Grocery)
18921 Bothell Way Northeast, Bothell, WA
(425) 485-7548  qfc.com

**Costco** (General Grocery)
24008 Snohomish Woodinville Road, Woodinville, WA
(425) 806-7700  costco.com

**Halal Meats** (Halal)
14625 NE 24th Streets #6, Bellevue, WA 98007
(425) 213-1120

**H Mart** (Asian)
184th Street Southwest, Lynnwood, WA
hmart.com

**Uwajimaya Inc** (Asian)
699 120th Avenue Northeast, Bellevue, WA
uwajimaya.com

**Apna Bazar** (Indian)
20710 Bothell Everett Highway, Bothell, WA
(425) 485-9900

**Mayuri Foods & Video** (Indian)
2560 152nd Ave NE # A, Redmond, WA
(425) 861-3800  mayurifamily.com

**JDs Market**
(Indian, Pakistani, Middle Eastern, Mexican)
4419 200th Street Southwest, Lynnwood, WA
(425) 672-3497

**Colonia Hispana** (Mexican)
10410 Beardslee Boulevard, Bothell, WA
(425) 572-6175

Banking

Opening a checking account with a bank in the U.S. is a great way to manage your money, and keep it safe. You will receive a checkbook and check card when you open a checking account, which are used as a form of payment for bills, rent, shopping, etc.

You must always be aware the current balance in your checking account, because if you spend more money than you have in your account the bank will charge you fee. You can use your checking account to make tuition payments at UW Bothell (www.uwb.edu/tuition/paying ).

**Banner Bank**
10125 Main Street, Bothell, WA
(425) 398-0559  bannerbank.com

**Washington Federal Savings**
10015 Northeast 183rd Street, Bothell, WA
(425) 486-2721  washingtonfederal.com

**Chase Bank**
18925 Bothell Way Northeast, Bothell, WA
(425) 489-2500  chase.com

**Wells Fargo Bank**
10210 Main ST, Bothell, WA
(425) 486-7124  wells Fargo.com

**Union Bank**
10304 Main Street, Bothell, WA
(425) 485-2265  unionbank.com
Restaurants & Cafes

Alexa’s Café
10115 Main Street, Bothell, WA
(425) 402-1754 · alexascafe.com

Bella Pizza & Pasta
2020 Maltby Rd # 6, Bothell, WA
(425) 806-8300 · bellapizzapasta.com

Bonefish Grill
22616 Bothell Everett Highway, Bothell, WA
(425) 485-0305 · bonefishgrill.com

Canyons Restaurant
22010 17th Avenue, Bothell, WA
(425) 485-3288 · canyonsrestaurant.com

Elizabeth & Alexander’s English Tea Room
23808 Bothell Everett Highway, Bothell, WA
(425) 485-9210 · elizabethandalexander.com

Grazie Ristorante Italiano
23207 Bothell Everett Highway, Bothell, WA
(425) 402-9600 · grazierestaurant.com

Hillcrest Bakery
10010 Main Street, Bothell, WA 98011
(425) 486-5292 · hillcrestbakery.com

Papa John's Pizza
18107 Bothell Way NE, Bothell, WA 98011
(425) 483-3333 · papajohns.com

Pen Thai
10107 Main Street, Bothell, WA
(425) 398-7300 · penthai.com

Starbucks
18931 Bothell Way N E, Bothell, WA 98011
(425) 485-7377 · starbucks.com

Subway
18827 Bothell Way NE, Bothell, WA 98011
(425) 487-1420 · subway.com

The Lyons' Den
10415 Beardslee Blvd, Bothell, WA 98011
(425) 398-9792 · the-lyonsden.com

Three Cups of Tea
18104 102nd Avenue NE, Bothell, WA, 98011
(425) 877-1385 · threecupsoftea.biz

Shopping & Entertainment

Target (Woodinville) · www.target.com
Alderwood Mall (Lynnwood) · www.alderwoodmall.com
Redmond Town Center (Redmond) · www.redmondtowncenter.com
AMC Theater (Woodinville & in Lynnwood) · www.amctheatres.com
Northshore Performing Arts Center (Kenmore) · www.npacf.org
Religious Services

You can find additional listing of various religious services in the Bothell community online at:  http://wa.allpages.com/bothell/community-services/religious-organizations/

Bothell United Methodist Church  
18515 92nd Avenue NE, Bothell, WA

Center for Peace West  
16823 28th Dr SE Bothell, WA 98012  
(425) 743-6370  http://cfpw.com/

Christian Science – Bothell First Church of Christ Scientist  
18301 102nd Avenue NE, Bothell, WA

Eastside Baha’i Center  
16007 NE 8th Street, Bellevue, WA 98008  
http://eastsid bahai center.org

First Lutheran Church  
10207 NE 183rd Street, Bothell, WA

Gurudwara Sikh Center  
20412 Bothell Everett Hwy, Bothell, WA 98012  
Phone: (425) 487-4878

Hindu Temple & Cultural Center  
3818 212th Street SE, Bothell, WA 98021  
https://www.htccwa.org

Islamic Center of Bothell  
10130B Main Street, Bothell, WA 98011  
http://bothellmosque.org

Northwest Community Church  
11715  North Creek Parkway S, Suite 110, Bothell, WA

Recreational Activities

Parks in Bothell:  
Blyth Park; Cedar Grove Park; Bothell Skate Park; North Creek Sports fields; and Park at Bothell Landing  
www.myparksandrecreation.com/ParksTrails/

Farmers Market (Bothell)  
www.countryvillagebothell.com/farmersmarket/

Burke-Gilman Trail (Bothell)  
www.kingcounty.gov/recreation/parks/trails/regionattrailssystem/burkegilman.aspx

Frisbee Golf in Blyth Park (Bothell)  
www.dgcoursereview.com/reviews.php?id=4111

Lynnwood Ice Center (Lynnwood)  
www.lynnwoodicecenter.com
Northshore School District
3330 Monte Villa Parkway, Bothell, WA
(425) 408-6000 · nsd.org

Shoreline School District
18560 1st Avenue NE # 5, Shoreline, WA
(206) 361-4223 · shorelineschools.org

Edmonds School District
20420 68th Avenue West, Lynnwood, WA
(425) 431-7000 · edmonds.wednet.edu

Lake Washington School District
16250 Northeast 74th Street, Redmond, WA
(425) 936-1200 · lwsd.org

Child Care Services

Washington State has a licensing system to set basic standards of safety and quality in child care programs – including school age care programs. The state issues licenses through the Department of Social and Health Services’ (DSHS) Division of Child Care and Early Learning. It is advised that you seek licensed child care services

- Child care in King County: www.childcare.org
- Child Care Resources for Parents: http://childcareaware.org/parents-and-guardians
- Child Care Services in Bothell: www.daycareresource.com/washingtonbothell
Important U.S. Laws & Regulations

A complete listing of Washington state laws (called Revised Code of Washington (RCW)) can be viewed at: http://apps.leg.wa.gov/RCW/default.aspx

Driving

- www.dol.wa.gov
  - It is mandatory to have a valid driver’s license (you may be able to use your license from home for a temporary period) and automobile insurance if you are operating a vehicle
  - “Click-it or Ticket”: Everyone in the vehicle is required to wear their seat belt
  - Booster Seat Law:
    - Children less than eight years old must be restrained in child restraint systems (i.e. child seat or booster seat), unless the child is four feet nine inches or taller.
  - Driving Under the Influence: It is illegal to drink alcohol and then drive a vehicle
  - It is illegal to drive through a red light or stop sign
  - It is illegal to leave the scene of an accident that you are involved in
  - You must immediately drive to the side of the road and stop your vehicle if a police car is behind you with their lights on (as they are pulling you over for a violation)
  - Pull Over Law: You must move out of the way to allow emergency vehicles to pass by you
  - Move Over Law: You must change lanes or lower your speed when passing by officers who are on the side of the road.

Biking

- www.wsdot.wa.gov/bike/Laws.htm
  - A cyclist must conform to traffic laws when riding on the roads.
  - Some cities and counties do require helmet use with bicycles. King County requires the use of a helmet (Bothell is located in King and Snohomish counties).

Alcohol, & Drugs

- http://alcohollaws.org/washingtonalcohollaws.html
  - You must be 21 or older to drink, sell, transport or serve alcohol
  - It is illegal to purchase alcohol for people under the age of 21
  - Open Container Laws:
    - Previously opened bottles of alcohol must be transported in a car’s trunk
    - It is illegal to be outside with an open container (for example, walking down the street)
  - It is illegal to sell or be in possession of drugs, such as marijuana, cocaine, heroin, etc.

Smoking

- www.smokefreewashington.com/laws/smokinginpublic.php
  - You must be 18 years or older to purchase or smoke cigarettes
  - It is illegal to smoke in a public place (i.e. University buildings, restaurant, bar, hotel rooms, etc. )
  - Smoking is prohibited within 25-foot (7.6 meters) outside of buildings.

It is also illegal to:
  - Hitchhike (standing on the side of the road to ask for a ride)
  - Bribe an officer
  - Urinate or expose yourself in public areas
A Social Security Number (SSN) is used to track an employee’s wages for benefits eligibility and tax-reporting requirements. As an F-1 international student, you are required to obtain a SSN if you become employed on or off campus in the U.S. If you are a student who has been awarded an on-campus fellowship, stipend, or assistantship, you should apply for a SSN as soon as possible upon your arrival at the University (see below for more details and suggested timing for your application).

According to U.S. law, a SSN is *required* only for employment and tax-reporting purposes. However, many institutions – including banks, cell phone companies, the Department of Licensing, utility companies, landlords, and other businesses – are in the practice of requesting a SSN as a means of establishing identity or credit history, before they agree to provide their services. It is not mandatory to have a SSN to obtain a driver's license, cell phone, credit card, insurance, admission to an academic institution or other "non-work" reasons.

You can apply no earlier than 10 business days after initially arriving in the U.S. and must apply *in person* at a local Social Security Administration office. There is a Social Security Administration office in Lynnwood, Bellevue and Seattle. The office locations, hours and directions for these three offices can be found at: https://secure.ssa.gov/apps6z/FOLO/Controller.

You must bring the following documents with you to the Social Security Office to apply:

1. **Social Security Verification Form** (obtain from International Student Services)
   You and your employer must complete this form. You must then submit your completed Social Security Verification Form to International Student Services to review and sign the bottom of the form. The form will be ready for pick-up after 24 hours from submission.

2. **SSN Application Form (SS-5)**
   The SS-5 form is available at: [http://www.socialsecurity.gov/online/ss-5.html](http://www.socialsecurity.gov/online/ss-5.html)
   Line item #1: Applicant’s name must be spelled as listed in the passport.
   Line item #5: Check box: “Legal alien allowed to work”.

3. **Immigration Documents: Passport, Visa, I-20, and I-94 card**

4. **EAD Card** (only required for students with Optional Practical Training authorization).
A Washington state driver’s license or state ID can be obtained from the Department of Licensing (DOL). For current information, please visit the DOL website at: www.dol.wa.gov

**Department of Licensing (DOL) Office Locations**

- https://fortress.wa.gov/dol/dolprod/dsdoffices

The Department of Licensing locations near Bothell are:

<table>
<thead>
<tr>
<th>Location</th>
<th>Address</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lynnwood</td>
<td>18023 Hwy 99 N Suite E</td>
<td>(425) 672-3406</td>
</tr>
<tr>
<td>Bellevue</td>
<td>13133 Bel-Red Road</td>
<td>(425) 649-4282</td>
</tr>
</tbody>
</table>

**Washington State Identification Card**

- [www.dol.wa.gov/driverslicense/gettingidcard.html](http://www.dol.wa.gov/driverslicense/gettingidcard.html)

It is highly recommended that students use a WA state identification card as official identification, rather than always carrying their original passport with them.

It is pretty easy to obtain a state identification card. You must visit a local Department of Licensing office and bring with your payment and acceptable forms of identification. Current information on fees and acceptable identification documents can be found on the website listed above.

**Washington State Driver’s License**

- [www.dol.wa.gov/driverslicense/gettingalicense.html](http://www.dol.wa.gov/driverslicense/gettingalicense.html)

In general, you must visit a local Department of Licensing office and bring your payment and acceptable forms of identification ([www.dol.wa.gov/driverslicense/idproof.html](http://www.dol.wa.gov/driverslicense/idproof.html)). If you do not have a Social Security number, it is not a problem -- you will just need to sign a form.

These instructions are for people who have never had a driver’s license before and are over 18. For current instructions, visit the DOL website: [www.dol.wa.gov/driverslicense/18over.html](http://www.dol.wa.gov/driverslicense/18over.html). In addition, you will need to:

- Complete an application for a license (given at the DOL office)
- Pass a vision test
- Pass a knowledge test (you must pass the knowledge test before you can schedule a driving test; knowledge test review information is available at: [www.dol.wa.gov/driverslicense/guide.html](http://www.dol.wa.gov/driverslicense/guide.html))
- Pass a driving test (If you plan to practice for your driving test, you must get an instruction permit)
- Have your photograph taken for your license

**Automobile Insurance Requirement**

- [www.dol.wa.gov/driverslicense/insurance.html](http://www.dol.wa.gov/driverslicense/insurance.html)

When you drive in Washington, you must have automobile insurance. Additional information regarding this requirement and the minimum insurance coverage can be found on DOL website listed above.