



Health-Focused Study Abroad



Why study abroad?

Studying abroad expands your understanding of the world and helps you develop usable skills such as adaptability and intercultural communication that are in high demand by employers and graduate programs.



Global Health Promotion, Guatemala, Summer Term A 2016

What kinds of programs are there?

With over 200 programs offered by UW you are bound to find something that fits your needs. There are four types of programs offered:

UW Faculty-Led Programs:

- Short-term (2 weeks)
- Early Fall Exploration Seminars (3-4 weeks)
- Summer Term A or B (4-5 weeks)
- Quarter-long

Affiliated Programs: Semester long programs organized by other groups or companies

University Exchanges: Semester / year long programs at UW partnering universities

Internships Abroad: Quarter long professional placements through IE3

When can I study abroad?

You can study abroad any time during your college career, and we have programs ranging from a couple weeks to a full year all of which guarantee UW credits. We encourage students to consider studying abroad early in their college career so the opportunity is available to study abroad again if they desire. There may be more flexibility in course scheduling during the first couple years while completing general areas of knowledge requirements. It is important to meet with your academic advisor to make sure your study abroad credits will fit well with your academic schedule. If you love it the first time, you may want to consider an IE3 internship.



"It was the best experience...I would do it again...It made a huge impact because it does show our privilege to have access to health care, privilege to just go to school."

- MyKa'La Alexander, Global Health Promotion, Guatemala, 2016

Can I afford it?

Absolutely! Program fees vary greatly depending on the program, but with good planning an affordable study abroad experience is possible. Most types of financial aid can be applied to the programs offered through the UW and there is a list of scholarships available to students studying abroad on our website, including the [UW Bothell Study Abroad Scholarship!](#) Make an appointment with us and we can help you start your scholarship search. Remember, we are here to help!



"Before I left for Togo, I was a little unsure how my knowledge in public health would be very useful in a clinic, but I realized that so many of the systemic problems in Togo directly affect the people coming into the clinics."

Aimee Desrochers,
2014
Health Studies, Togo

Do I need to know a foreign language?

Not necessarily. While many exchanges and affiliated programs may have a foreign language requirement, there are plenty of programs primarily in English. Study abroad does provide a fantastic chance to start learning a new language, as you will practice the native language when speaking with locals. A lot of programs also incorporate introductory language lessons into their curriculum.

How do I get started?

Explore! The link at the bottom of the page will take you to the UWB study abroad home page, and from there you can look at the tips and resources on the website, search for programs, or set up an appointment to meet with a study abroad advisor. Things to consider when looking for a program: What do I want to study? How long do I want to go? Where do I want to go?

Health-Focused Programs of Interest

Please note that the programs listed are just a sample of what the UW offers

Global Health Promotion: Health Services Delivery in Resource-Poor Settings

Students are exposed to the population and local health practitioners as they work with minimal resources. Following students' orientation to the environment, students work collaboratively with multidisciplinary teams from United States and Guatemala to support health needs of the community.

UWB Program, Summer Term A, Guatemala

BNHS India-Health in the Context of Culture

This course provides a basic overview of the health and health care challenges in a developing and low-income country. Socio-cultural, environmental, economic, political and ecological factors that influence health, illness, disability and death as well as responses to health issues both within and outside the health sector are addressed.

Early Fall Exploration Seminar, India

Family and Child Nursing-Korean Culture, Immigration, and Health

The program and course comprise a broad and diverse look at cultural ideologies of heritage and mainstream cultures, immigration and acculturation process, social and health issues, and issues in families such as inter-generational cultural conflict.

Early Fall Exploration Seminar, South Korea

Psychosocial and Community Health Thailand: Health in a Developing Nation

In this course, students will be provided with opportunities to explore psychosocial and community health issues in the context of the Thai health care system and culture. Socio-cultural, environmental, economic, political and ecological factors that influence health and policies and interventions aimed to reduce inequalities in health will be explored.

Early Fall Exploration Seminar, Thailand

Public Health England-Dark Empire: Race, Health, and Society in Britain

Guided by an African American professor with expertise in health and race-relations, explore historical and contemporary factors responsible for the presence and well-being (health) of Black and other racial and ethnic minorities in Britain.

Early Fall Exploration Seminar, England

SIT China: Community Health and Traditional Chinese Medicine

From barefoot doctors to traditional remedies, the Chinese public health system has drawn increasing attention in the West. In this program, students have the unique opportunity to study traditional Chinese medicine and public health issues by working with professionals in the field in both urban and rural settings.

Affiliated Program, Summer Quarter, China

SIT Argentina: Public Health in Urban Environments

This program will provide students interested in public health, health sciences, development studies, and other disciplines the opportunity to scrutinize health-related challenges in urban environments. Students will learn from academics and practitioners associated with leading institutions in Argentina.

Affiliated Program, Semester, Argentina

SIT Switzerland: Global Health and Development Policy

This program examines public health systems, health policy, and development from the international nexus of Geneva. Particular emphasis is placed on the role played by international agencies; civil society actors; and the public sector in shaping health policy and systems.

Affiliated Program, Semester, Switzerland

CIEE Community Public Health Program

Through coursework, Setswana language learning, a community health practicum, and homestays, in a rich and challenging social environment, Community Public Health in Gaborone gives you the opportunity to critically appraise the issues developing nations face in their efforts to provide their citizens with sustainable public healthcare.

Affiliated Program, Semester, Botswana

IE3 Child Family Health International (CFHI) Bolivia: Pediatric Health

The Pediatric Health program offers a holistic learning experience, which includes unique clinical rotations serving children and families, medical and conversational Spanish classes, and a home stay with a local family in La Paz. Students on this internship program will observe healthcare in a variety of settings. The student role is primarily to observe and learn, although some basic patient care may be part of the duties.

IE3 Internship, Bolivia

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