Internships Abroad

Why intern abroad?

Interning abroad expands your understanding of the world and helps you develop usable skills, such as adaptability and intercultural communication, that are in high demand by employers and graduate programs.

Students have the ability to meet their personal, professional and cross-cultural goals as part of their academic experience while contributing meaningfully to the host organization.

With hundreds of professional experiences approved for UW students you are bound to find something that fits your needs. There are many opportunities through our partners IIE3, Omprakash, CIEE, CET, and more!

Can I afford it?

Program fees vary greatly depending on the program, but with good planning an affordable internship experience is possible. Most types of financial aid can be applied to UW-approved programs, and there is a list of scholarships available to students on our website. Be sure to plan ahead! Make an appointment with us and we can help you start your scholarship search, both Study Abroad Advising and the UWB Writing and Communication Center can help polish up application essays.

Traditional program vs. internship abroad

Traditional study abroad programs:
- are course based
- have clearly defined expectations (i.e. a course curriculum)
- engage other Americans or international students in a similar situation
- arrange housing, support, and activities with peers

Internships abroad:
- provide a more independent, self-motivated experience
- are unpaid, but can be used to earn academic credit
- offer deeper immersion with host nationals
- allow you to gain professional experience and contribute to an entire organization

Internship abroad options

Internship embedded in a study abroad program
Intern during or right after a course-based study abroad program

Full-time internship
Work full-time and earn credit through independent study with a UW professor

When can I intern abroad?

An internship—whether domestic or abroad—can be incorporated into your college career anytime. It can be an opportunity to narrow down your academic or career interests, or gain experience in your chosen discipline.

Consider what professional skills and experience you will be able to contribute to the host organization. It is also important to meet with your academic advisor to discuss how the credits will fit with your academic schedule.

“Traveling – it leaves you speechless, then turns you into a storyteller.”
– Ibn Battuta

How do I start?

Explore! Follow the link at the bottom of this page to review the tips and resources, search for programs, or set up an appointment to meet with a Study Abroad Advisor.

Questions to consider when considering an internship:

What skills do I want to gain and what can I offer?
Am I ready for an independent experience abroad?
What degree requirements will I fulfill?

Do I need to know a foreign language?

While some internships require some knowledge of the language of their host country, there are plenty of internships primarily in English. You can also learn a language while on the job!

Ryan Schmautz
Malaysia, 2015

Ashley Baker
Kosrae, 2014

Ashley Baker
Kosrae, 2014

www.uwb.edu/globalinitiatives/abroad
Internship Programs of Interest

Please note that the programs listed are just a sample of what programs offer.

**Internship Embedded Programs**

**Council on International Exchange (CIEE)** —
- Semester global internships combine 6 weeks of coursework + 8 weeks of a full-time internship after
- Part-time internships are offered as electives during a term-long study abroad

**CIEE Arts + Sciences at University of Ghana**
*Fall/Spring Semester, Academic Year | Legon, Ghana*
This program welcomes students from all academic disciplines who want to continue their studies while learning about Ghana, its people, and the predominant language, Twi. Gain important real-world experience and academic credit by pursuing an internship such as shadowing doctors and nurses at the West Africa AIDS Foundation and International Health Care Center; teaching children at the Future Leaders Underprivileged Care Center; or working alongside entrepreneurs in various fields of business.

**CET Academic Programs (CET)** —
- Programs with academic courses + an internship placement range from 8-17 weeks in fall, spring, or summer

**CET Shanghai**
*Fall/Spring Semester, Summer | Shanghai, China*
Shanghai is a cosmopolitan city with something for everyone—from China newbies to those with years of experience under their belt. Choose 3 courses from a wide selection of English-taught electives, including an option to explore a career abroad with a custom internship placement. You will also be placed in one comprehensive Chinese language course while living with a local roommate.

**Institute for the International Education of Students (IES)** —
- Part-time (full-time also offered), unpaid placement during the semester
- Required for-credit internship seminar
- Work hours vary by program/placement

**IES Business, Economics, & International Relations**
*Fall or Spring Semester | Vienna, Austria*
Choose from a wide selection of courses in disciplines such as Economics, Finance, International Business, Management, Marketing, and Political Science. Your studies will also take you throughout Vienna and outside the city, with a program-related trip where you’ll visit companies like Red Bull in Salzburg, and BMW in Munich, as well as organizations in and around Vienna. You can also enroll in an internship or field experience, including placements in banking, consulting, and not-for-profit organizations.

**Internship Only Programs**

**IE3 Global (IE3)** —
- Internships last at least 10 weeks and offered during any UW quarter
- Fees are paid in lieu of tuition. Interns earn 12 credits per quarter (through an independent study course)

**IE3 Technology, Engineering, and Computer Science**
*Any academic term | Auckland, New Zealand*
High-quality individualized internships are available in a variety of fields for students in Auckland and beyond. Open to all majors with relevant experience in preferred industry. Students are matched to internships based on industry interest, professional and academic experience, and personal goals, ensuring a relevant placement each time. In addition to building your resume, you will have the opportunity to take in the natural beauty of the country and connect with other interns.

**Omprakash** —
- Volunteer internships or service opportunities with grassroots organizations, primarily in the global South
- Duration of internship experience is flexible
- The EDGE curriculum complements the internship
- Students are eligible for the Omprakash Ambassador Travel Grant and other funds

**Omprakash & Indian Social Service Institute (ISSI)**
*Minimum of One Month | Pudukkottai, India*
ISSI promotes educational development, social and economic empowerment, and ecology of rural children. The position helps ISSI to improve its operations offering positions in web design, fundraising and resource development, teaching English, elderly care volunteer, and photographer. All meals and accommodation will be arranged for a daily average cost of $5.

**Other UW partners offering internships abroad** —
- School for International Training (SIT)
- School for Field Studies (SFS)

**Contact us:**

- UWGlobal.blog
- @UWBStudyAbroad
- uwbworld@uw.edu
- 425.352.3986
- https://uwb.campus.eab.com/