

	First Year (0-45 credits)	2 nd & 3 rd Years (45-135 credits)	4+ Years (135+credits)	Career Development Checklist
EDUCATION <i>What do I want to do?</i>	<ul style="list-style-type: none"> ➤ Explore Biology Webpage ➤ Meet with professors/Pre-Major Advisors ➤ Consider taking the Career Exploration class BISSKL 250 ➤ Explore study abroad opportunities ➤ Familiarize yourself with Biology prerequisites to make sure you are on track ➤ Begin chemistry series 	<ul style="list-style-type: none"> ➤ Explore faculty bio pages and the undergraduate research database to find research opportunities ➤ Explore graduate school options, including program and admission requirements ➤ Participate in Community-Based Learning and Research (CBLR) coursework ➤ Participate in a study abroad program ➤ Apply to a National Science Foundation Research Experiences for Undergraduates 	<ul style="list-style-type: none"> ➤ Complete Investigative Biology requirement ➤ Apply to graduate ➤ Apply to graduate school (if applicable), make an appointment with Career Services to help you with the process 	<ul style="list-style-type: none"> <input type="checkbox"/> Register on Handshake <input type="checkbox"/> Develop Resume <input type="checkbox"/> Build LinkedIn & Handshake profiles <input type="checkbox"/> Network with alumni/ industry professionals <input type="checkbox"/> Research careers and skill requirements for your major <input type="checkbox"/> Participate in an internship <input type="checkbox"/> Practice mock interviews <input type="checkbox"/> Develop list of references and recommenders
HANDS ON LEARNING <i>What can I do to achieve my goals?</i>	<ul style="list-style-type: none"> ➤ Join a club such as the Biology club or student government (ASUWB) to build skills in leadership, communication, and working with diverse populations. ➤ Participate in campus activities to build community and network with others ➤ Find volunteer opportunities with your ➤ Use the UW Bothell's LinkedIn Alumni page, WOIS.org, What Can I Do With This Major, and O*NET Online to research careers and skill requirements 	<ul style="list-style-type: none"> ➤ Network with faculty, advisors, peers, & alumni in your major/career focus ➤ Attend Technology & Engineering career fairs/networking events 	<ul style="list-style-type: none"> ➤ Practice your elevator speech and network with faculty, peers and alumni for post-graduation planning ➤ Join the UW Alumni Association and Husky Landing to stay connected and attend networking events ➤ Utilize LinkedIn Learning to develop and enhance skills ➤ Join a local professional organization 	<p>Employment Opportunities: Research & Development, Healthcare, Organic/Ecological Biology, Bioinformatics, Biomedical Sciences</p> <p>Related Careers: Biotechnology, Research, Medicine, Pathology, Pharmaceuticals, Environmental Law, Natural Resource Management, Conservation</p> <p>Licensing/certification: Biomedical Engineering or Bioscience Certificate</p> <p>Post-Baccalaureate Degree Paths: Master's in Biology, Doctor of Medicine or Pharmacy</p> <p>Companies who have hired on Handshake: Seattle Children's, Juno Therapeutics, Adaptive Biotechnologies Corp., Seagen, Fred Hutch</p> <p>Professional Associations: American Institute of Biological Sciences, American Society of Cell Biology, Society for Industrial Microbiology and Biotech</p>
CAREER PREPARATION <i>How can I help myself get a job?</i>	<ul style="list-style-type: none"> ➤ Make your first appointment with Career Services to develop your resume and LinkedIn profile ➤ Register for Handshake (UW's free job and internship board) and complete your profile ➤ Conduct informational interviews with alumni and other industry professionals for career advice, job research, and discuss mentorship opportunities 	<ul style="list-style-type: none"> ➤ Intern with an employer/career of interest (Apply for summer internships Autumn of 3rd year - Example(s): Research, Cell Biology, Molecular Biology) ➤ Job shadow to clarify career interests ➤ Update resume with relevant academic coursework/project ➤ Update LinkedIn/e-portfolio and Handshake profile with projects and accomplishments which highlight your skills ➤ Apply to Student Employment opportunities to gain experience and leadership 	<ul style="list-style-type: none"> ➤ Visit Career Services to refine your resume/LinkedIn profile, job search strategies, and interview skills ➤ Develop a list of academic references and recommenders ➤ Begin applying for jobs 	