



# Food Resources

## On Campus Resources

**Food Pantries:** We understand that sometimes students go through a rough patch and need a little help. Both UWB and Cascadia operate student food pantries on campus to provide free resources for students who might be between paychecks or just need some extra resources to get through the week or month. These pantries may be accessed by any currently enrolled student who is facing food insecurity to shop for grocery staple items, as well as seasonal products, hygiene and toiletry items (all items are non-perishable).

Students enrolled at either UW-Bothell or Cascadia College can access their college's food pantry. Check the website for up-to-date information on hours of operation and current offerings:

**UWB: Husky Pantry in ARC 120 (Health and Wellness Resource Center)**

<https://www.uwb.edu/student-affairs/husky-pantry>

**Cascadia: Kodiak Cave in LB2-006 (Across from the ARC, next to Campus Safety office)** [https://www.cascadia.edu/studentlife/kodiak\\_cave.aspx](https://www.cascadia.edu/studentlife/kodiak_cave.aspx)

**Hopelink Mobile Market:** Twice per month, the Hopelink Mobile Market is on campus handing out free groceries! Offerings may include local produce, pantry staples, frozen meat, and milk/eggs. Bring your own bag!

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**Fall Hours:** 1st and 3rd Thursday of the month from 11:30am-12:30pm

Location: In front of the ARC (18115 Campus Way NE)

Eligibility: Open to all students, staff, and community members

**Emergency Grant Funding Request:** Both UW Bothell and Cascadia College offer students a one-time emergency grant, which can be used for food if needed. Students can request up to \$1000 one time per quarter by submitting a request below:

**UW Bothell:** [https://uwb-advocate.symplicity.com/care\\_report/index.php/pid203733](https://uwb-advocate.symplicity.com/care_report/index.php/pid203733)

**Cascadia College:** [https://cascadia-advocate.symplicity.com/care\\_report/index.php/pid774396](https://cascadia-advocate.symplicity.com/care_report/index.php/pid774396)

## Off Campus/Community Resources

Below is a list of the food banks/food pantries that are closest to campus. Please check the individual location's website for open hours, eligibility, and other information.

- Kirkland/Northshore Hopelink Market and Service Center  
<https://www.hopelink.org/location/kirklandnorthshore-market-and-service-center>
- Food Bank at Cedar Park Kenmore Church <https://cpkenmore.com/food-bank>
- Woodinville Storehouse Food Bank <https://www.woodinvillestorehouse.org/>
- Canyon Hills (Bothell) Community Church Food Bank  
<https://www.canyonhillscommunitychurch.com/assistance/>
- Bellevue Hopelink Market and Service Center  
<https://www.hopelink.org/location/bellevue-market-and-service-center>
- Mill Creek Community Food Bank <https://www.hopecreekcf.org/mccfb/>

**Need something closer to you? Check Food Lifeline's map of local food resources:** <https://foodlifeline.org/need-food/#map>

## Basic Food/SNAP Quick Facts

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**What is Basic Food?** In Washington State, Basic Food, also known as the Supplemental Nutrition Assistance Program (SNAP), EBT, and/or food stamps, provides individuals and families with more money for groceries.

<https://www.dshs.wa.gov/esa/community-services-offices/basic-food>

**How it works:** Each month, Basic Food dollars are automatically loaded onto an EBT card, which functions similarly to a prepaid debit card. Your EBT card is accepted at grocery stores, limited online stores, and at many farmers markets.

**Immigration Status:** Basic Food is not considered as part of the public charge rule and does not impact immigration status. Mixed-status households can ALWAYS apply on behalf of eligible children.

How to sign up? Students must complete a) an application and b) an interview with DSHS in order to be eligible. You may complete an online application by using the [www.WashingtonConnection.org](http://www.WashingtonConnection.org) website, applying by phone at 877-501-2233 or going to your local [Community Services Office](#).

Need more information or help applying for SNAP benefits?



UWB and Cascadia students can make an appointment with a United Way Benefits Hub coach to be screened for SNAP and for assistance in accessing other food resources.

**Schedule an appointment at**

<https://benefitshub.as.me/schedule.php>

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