

WADIYA UDELL
Professor
School of Interdisciplinary Arts and Sciences
University of Washington Bothell
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Academic Training

Columbia University, New York NY
Doctor of Philosophy, Developmental Psychology, 2004

Wheaton College, Norton MA
Bachelor of Arts, Psychology, 1996

Academic Appointment

- 7/22 – present **Interim Assistant Vice Chancellor for Faculty Success**, University of Washington Bothell.
- 9/19 – present **Professor of Psychology**, University of Washington Bothell, School of Interdisciplinary Arts and Sciences, WA.
- 9/15 – 9/16 **Interim Associate Dean for Faculty Development and Scholarship**, University of Washington Bothell School of Interdisciplinary Arts and Sciences, WA.
- 9/12 – 9/19 **Associate Professor of Community Psychology**, University of Washington Bothell School of Interdisciplinary Arts and Sciences, WA.
- 9/06 – 9/12 **Assistant Professor of Community Psychology**, University of Washington Bothell School of Interdisciplinary Arts and Sciences, WA.

Honors and Awards

- 10/12 – 10/14 **National Institutes of Health Loan Repayment Program Award for Health Disparities Research**, National Institutes of Health, Bethesda, MD. (2 years award for research on promoting health among youth in the juvenile justice system).
- 9/08 – 12/10 **American Psychological Association Cyber Mentor Program**, American Psychological Association, Washington D.C (2 year fellowship for early career social scientists studying HIV/AIDS and health disparities).
- 7/04 – 7/06 **National Institute of Mental Health Post-Doctoral Fellow**, HIV Center for Clinical and Behavioral Studies at Columbia University, New York, NY.

SCHOLARSHIP

Refereed Journal Articles

- Ahrens, K., **Udell, W.**, Albertson, K., Coatney, A., Golub, S., & Lowry, S. (2023). Sexual Health and Communication between foster youth and their caregivers. *Academic Pediatrics, 23* (4), 731-736.
- Ahrens, K., **Udell, W.**, Albertson, K., Lowry, S., Hoopes, T., & Coatney, A. (2021). Development and two-phased pilot RCT of a foster/kinship caregiver intervention to improve sexual health communication with youth. *Children and Youth Services Review, 122* (1), 557-567.
- Albertson, K., Crouch, J., **Udell, W.**, Schimmel-Bristow, A., Serrano, J., & Ahrens, K. (2020). Caregiver-endorsed strategies to improving sexual health outcomes among foster youth. *Child and Family Social Work, 25*, 557-567.
- Udell, W.** & Mohammed, S. (2019). The prevalence of physical health problems among youth in the juvenile justice system: A systematic review. *Journal of Health Disparities Research and Practice, 12* (3), 71-94.
- Albertson, K., Crouch, J., **Udell, W.**, Schimmel-Bristow, A., Serrano, J., & Ahrens, K. (2018). Caregiver perceived barriers to preventing unintended pregnancies and sexually transmitted infections among youth in foster care. *Children and Youth Services Review, 94*, 82-87.
- Jarrett, S., **Udell, W.**, Sutherland, S., McFarland, W., Scott, M., & Skyers, N. (2018). Age of sexual initiation and subsequent sexual and health risk behaviors among Jamaican youth. *AIDS and Behavior, 22*, 57-64
- Udell, W.**, Hotton, A., Donenberg, G., & Emerson, E. (2017). Does parental monitoring moderate the impact of community violence exposure on probation youth's substance use and sexual risk behavior. *Journal of Child and Family Studies, 26*(9), 2556-2563.
- Mohammed, S., & **Udell, W.** (2017). American Indians/Alaska Natives and cardiovascular disease: Outcomes, interventions, and areas of opportunity. *Current Cardiovascular Risk Reports, 11*(1), 1-12.
- Udell, W.**, Mohammed, S., & Breland, D. (2017). Barriers to independently accessing care among detention youth. *Journal of Adolescent Research, 32*(4), 433-455.
- Walters, K., Simoni, J., Evans-Campbell, T., **Udell, W.**, Johnson-Jennings, M., Pearson, C., MacDonald, M., Duran, B. (2016). Mentoring the mentors of underrepresented racial/ethnic minorities: Beyond cultural competency. *AIDS and Behavior, 20* (Suppl 2), 288-203.
- Udell, W.**, & Donenberg, D. (2015). Remembering the basics: African American Youth and HIV knowledge. *Journal of the National Medical Association, 107* (3), 20-24.
- Simoni, J., Yang, J., Shiu, C., Chen, W., **Udell, W.**, Bao, M., Zhang, L., & Lu, H. (2015). HIV disclosure: Results from a pilot randomized controlled trial in China. *AIDS, 29* (Suppl 1), S99-S107.
- Donenberg, G., Emerson, E., Mackesy-Amiti, M., & **Udell, W.** (2015). HIV-Risk reduction with juvenile offenders on probation. *Journal of Child and Family Studies, 24* (6), 1672-1684.
- Udell, W.**, & Donenberg, G. (2014). Parental discussion about sexual risk with African American sons: The role of religiosity. *Journal of Health Disparities Research and Practice, 7* (6), 121-129.
- Udell, W.**, Donenberg, G., & Emerson, E. (2011b). Parents matter in HIV-risk among probation youth. *Journal of Family Psychology, 25* (5), 785-789.

- Udell, W.**, Donenberg, G., & Emerson, E. (2011a). The impact of mental health problems and religion on African-American girls' HIV-risk. *Cultural Diversity and Ethnic Minority Psychology, 17*, 217-224.
- Udell, W.**, Sandfort, T., Reitz, E., Bos, H., & Dekovic, M. (2010). The relationship between early sexual debut and psychosocial outcomes: A longitudinal study of Dutch adolescents. *Archives of Sexual Behavior, 39* (5), 1133-1145.
- O'Sullivan, L., **Udell, W.**, Montrose, V., Antonello, P., & Hoffman, S. (2010). A cognitive analysis of college students' explanations for engaging in unprotected sexual intercourse. *Archives of Sexual Behavior, 39* (5), 1121-1131.
- DeFuccio, M., Kuhn, D., **Udell, W.**, & Callender, K. (2009). Developing argument skills in severely disadvantaged adolescents in a residential correctional facility. *Applied Developmental Science, 13* (1), 30-41.
- Udell, W.**, Bannon, W., & McKay, M. (2008). Parenting and adolescent decision-making: The importance of racial socialization. *Social Work in Mental Health, 6* (4), 65-79.
- Udell, W.** (2007). Enhancing adolescent girls' argument skills in reasoning about personal and non-personal decisions. *Cognitive Development, 22*, 341-352.
- Kuhn, D., & **Udell, W.** (2007). Coordinating own and other perspectives in argument. *Thinking and Reasoning, 13* (2), 90-104.
- O'Sullivan, L., **Udell, W.**, & Patel, V. (2006). Young urban adults' heterosexual risk encounters and perceived risk and safety: A structured diary study. *Journal of Sex Research, 43* (4), 343-351.
- Kuhn, D., & **Udell, W.** (2003). The development of argument skills. *Child Development, 74* (5), 1245-1260.

Refereed Published Abstracts

- Ahrens, K., Udell, W., Lowry, S. & Albertson, K. (2020). Training foster and kinship caregivers as a strategy to reduce STI and pregnancy risks in foster youth: Results from a randomized controlled trial. *Journal of Adolescent Health, 66*, S17-S18.
- Ahrens, K. R., **Udell, W.**, Albertson, K., & Coatney, A. (2018). Heart to Heart – Pilot Testing a Sexual Health Training for Foster and Kinship Caregivers. *Journal of Adolescent Health, 62* (2), S35-S36.
- Serrano, J. C., **Udell, W.**, Crouch, J. M., & Albertson, K. M., Schimmel-Bristow, A. G., Ahrens, K. A. (2016). Caregiver Perceptions of Barriers and Facilitators to Preventing Pregnancies and Sexually Transmitted Infections (STIs) in Foster Youth. *Journal of Adolescent Health, 58* (2), S68.
- Cooke, C. L., **Udell, W.**, Weadon, C., & Bell, J. (2009). Women with Incarcerated Partners: Examining health concerns and challenges. *International Journal of Qualitative Methods, 8* (4), 8-9.

Invited Book Chapters & Journal Articles

- Gillespie, D., & **Udell, W.** (2008). Teaching with case studies. In B. E. Dietz & L. H. Ritchey (Eds.), *The American Sociological Association's Best Practices in Using Instructional Strategies Resource Guide: Scaffolding Student Success*. Washington DC: American Sociological Association. Reprinted (2010) in *Trails: Teaching Resources and Innovation Library for Sociology*. Available at <http://trails.asanet.org/Pages/SearchResults.aspx?all=Diane+Gillespie&subjectarea=any>
- Udell, W.** (2004). Decision-making among adolescents. In C. Fisher & R. Lerner (Eds.), *Encyclopedia of Applied Developmental Science* (pp. 324-327). Sage Publishers.

Kuhn, D., & **Udell, W.** (2001). Thinking. In J. & R. Lerner (Eds.), *Adolescence in America: An Encyclopedia* (pp. 762-766). Santa Barbara: ABC-CLIO.

Kuhn, D., & **Udell, W.** (2001). The path to wisdom. *Educational Psychologist*, 36 (4), 261-264.

Research Grants

2018 – 2021. Royalty Research Fund. “Assessing the acceptability and feasibility of an electronic personal health records system for promoting sexual and reproductive health among detention youth.” Role: Principal Investigator

2017- 2019. Conrad N. Hilton Foundation. “Assessing a foster caregiver training to reduce early pregnancies and sexually transmitted infections among adolescents in foster care.” PI: Kym Ahrens; Role: Co-Investigator

2013 – 2016. Conrad N. Hilton Foundation. “Developing a foster caregiver training to reduce early pregnancies and sexually transmitted infections among adolescents in foster care.” PI: Kym Ahrens; Role: Co-Investigator

2012 – 2014. National Institute of Child and Human Development. “Developing an Intervention for Disclosure of Parental HIV to Children in China.” R21 HD074141-01; PI: Simoni. Role: Co-Investigator

2010 - 2014. Institute of Ethnic Studies in the United States. “Feasibility of a Community-based HIV Primary Prevention Program for African American Juvenile Detainees.” With Drs. David Breland and Selina Mohammed (Co-PI). Role: Co- Principal Investigator

2009 – 2011. Royalty Research Fund. “What about the teens who didn’t wait? Sexual risk behaviors and religiosity among African American youth.” Role: Principal Investigator

2008 – 2009. Worthington Grant. “Assessing the Parenting Practices and health Status of Mothers with Incarcerated Partners.” With Cheryl Cooke (Co-PI). Role: Co-Principal Investigator

Funded Consulting Work and Organizational Collaborations

2017 – 2019. Conrad N. Hilton Foundation. “Evaluating the individual programs of the Los Angeles Reproductive Health Equity Project for Foster Youth collective impact campaign.” PI: Kym Ahrens

2017 – 2019. Power to Decide. “Evaluating a systems level approach to improving outcomes among current or former foster youth attending community college.” PI: Kym Ahrens

Refereed Presentations

Ahrens, K., **Udell, W.**, Albertson, K., Coatney, A. (2018). Heart to Heart – Pilot testing a sexual health training for foster and kinship caregivers. Poster presented at the Society for Adolescent Health and Medicine 2018 Annual Meeting. Seattle, WA.

Yang, J.P., Simoni, J., Shiu, C., Chen, W., **Udell, W.**, & Lu, H. (July, 2016). Nurse-delivered counseling intervention for parental HIV disclosure in China. Poster presented at the 21st International AIDS Conference AIDS 2016 in Durban, South Africa.

Serrano, J., **Udell, W.**, Crouch, J., Alberston, K., Scimmel-Bristow, A., Ahrens, K. (2016). Caregiver perceptions of barriers and facilitators to preventing pregnancies and sexually transmitted infections in foster youth. Poster presented at the Society for Adolescent Health and Medicine 2016 Annual Meeting. Washington D.C.

- Udell, W.**, Brittain, A., Emerson, E., Donenberg, G. (2015). Peer relationships and sexual risk: Profiles of risk and resilience among probation youth. Paper presented at the 143rd Annual American Public Health Association meeting. Chicago, IL.
- Udell, W.**, Mohammed, S., Donenberg, G. (2014). Barriers and Facilitators of Continuity of Care for Youth in the Justice System. Poster presented at the National Institute MHD 2014 International Symposium on Minority and Health Disparities Grantees' Conference, "Transdisciplinary Collaborations: Evolving Dimensions of US and Global Health Equity." National Harbor, MD.
- Donenberg, G., Emerson, E., **Udell, W.**, Freels, S. (2014). PHAT Life Outcomes for Juvenile Offenders. Poster presented at the NIMHD 2014 International Symposium on Minority and Health Disparities Grantees' Conference, "Transdisciplinary Collaborations: Evolving Dimensions of US and Global Health Equity." National Harbor, MD.
- Sullateskee-Rincon, B., & **Udell, W.** (2013). Listen to the Youth: Understanding the medical care needs of high risk youth. Poster presented at the NW Eco-Community Psychology Conference. Portland, Oregon.
- Udell, W.**, & Donenberg, G. (2012). Remembering the basics: African American youth and HIV knowledge. Poster presented at the 11th International AIDS Impact Conference. Barcelona, Spain.
- Udell, W.**, & Donenberg, G. (2012). Parental religiosity and African American youth HIV prevention: the relationship between parental religiosity, parental HIV knowledge and parent-youth communication about sexual risk. Poster presented at the 11th International AIDS Impact Conference. Barcelona, Spain.
- Donenberg, G., Emerson, E., **Udell, W.**, Mackesy-Amiti, M. (2012). Reducing HIV-risk among juvenile offenders on probation. Poster presented at the 11th International AIDS Impact Conference. Barcelona, Spain.
- Donenberg, G., Emerson, E., Mackesy-Amiti, M., **Udell, W.** (2012). PHAT Life: Preventing HIV/AIDS Among Teens in Juvenile Justice. Poster presented at the Science of Eliminating Health Disparities Summit. National Harbor, MD.
- Udell, W.**, Woods, B., Donenberg, G., & Emerson, E. (2011). Parents Matter in Probation Youth's HIV-Risk. Poster presented at the United States Conference on AIDS. Chicago, IL.
- Udell, W.** (2010). The Impact of Maternal Religion on African-American Girls' HIV Risk. Paper presented at the NIMH Annual International Research Conference on the Role of Families in Preventing and Adapting to HIV/AIDS. Nashville, TN.
- Donenberg, G., Wilson, H., **Udell, W.**, Coleman, G., & Devlin, C. (2010). A Systematic Approach to Developing HIV-Prevention Programs for Mothers and Daughters: An Active Demonstration of the ADAPT-ITT Model. Workshop presented at the NIMH Annual International Research Conference on the Role of Families in Preventing and Adapting to HIV/AIDS. Nashville, TN.
- Cooke, C. L., **Udell, W.**, Weadon, C., & Bell, J. (2009). *Women with Incarcerated Partners: Examining health concerns and challenges*. Paper presented at the 15th Annual International Interdisciplinary Conference on Qualitative Health Research, Vancouver, BC, CA.
- Udell, W.** (2008). *What about the teens who don't wait? Sexual risk behaviors and religiosity among African American adolescents*. Research presentation at the annual meeting of the Centers for AIDS Research, Social and Behavioral Sciences Research Network, Washington.

- Udell, W.** (2007). *Participatory action research involving youth: The challenge of Navigating Multiple Stakeholders*. Paper presented at the biennial meeting of the Society for Community Research and Action, California.
- Udell, W., & O'Sullivan, L. F.** (2005). *Social cognitive predictors of the degree of sexual intimacy among ethnic minority adolescent girls*. Poster presented at the annual meeting of the International Association for Sex Research, Ottawa, Canada.
- Savard, M. C., Shvayetsky, T., **Udell, W.**, CHAMP Collaborative Board, & McKay, M. M. (2005). *Understanding motivators and challenges to involving urban parents as collaborators in HIV prevention research efforts*. Poster presented at the NIMH International Scientific Conference on the Role of Families in Preventing and Adapting to HIV/AIDS, New York.
- Udell, W.** (2003). *Arguing and Deciding: The effects of an argument intervention on decision-making skills*. Paper presented at the biennial meeting of the Society for Research in Child Development, Florida.
- Kuhn, D., & **Udell, W.** (2003). *The development of argument skills*. Paper presented at the biennial meeting of the Society for Research in Child Development, Florida.
- Kuhn, D., & **Udell, W.** (2003). *Performance-level and meta-level components in the development of argument skills*. Paper presented at the annual meeting of the American Educational Research Association, Illinois.
- Udell, W., & Kuhn, D.** (2002). *An argumentive reasoning curriculum for academically at-risk adolescents*. Poster presented at the biennial meeting of the Society for Research on Adolescence, Louisiana.

TEACHING

Courses Taught

Undergraduate Courses

BIS 220	Developmental Psychology
BIS 333	Individual and Society
BIS 337	Risk and Resilience
BISCP 343	Community Psychology
BIS 364	Realities and Representations of Adolescent Development
BIS 490	Senior Seminar: Adolescents as Decision Makers
BIS 499	Portfolio Capstone

Independent student research projects supervised (BIS 398 and BIS 498)

Caleb Akana	Social Development, Empathy and ADHD	2022
Jessica Malone	Executive function impairment and PTSD	2019
Moriah Boggs	Health status among justice-involved youth	2017, 2016
Leslie Orr	Juvenile justice services and associated impacts	2017
Brooke Sullateskee	Sexual health intervention for Jamaican teen mothers	2014, 2013
Alisa Hirota	Korean parenting and child development	2013
Alexis Love	Sexual health intervention for Jamaican teen mothers	2013
Brooke Sullateskee	Positive development among detention girls	2013
Christa Plikat	Cataloging graduate programs and internships in CP	2013
Brandy Tujillo	Developmental psychology and secondary education	2012

Ashley Thorington	Positive development among detention youth	2012
Adrianna Petruska	Religion, adolescent girls and sexual risk	2011
Jessica Lusk	Historical trauma and Native American youth risk	2011
Daniel Rush	Criminal desistance and re-entry programs in WA	2011
Suzan Agelopoulos	Religion, sexual risk and Black youth	2011, 2010
Ashley Lambert	CP approach to working with children with chronic illness	2011
Brittany Grenier	Pedagogical approaches to teaching about child development	2010
Jennifer O'Hare	Community Psychology and psychiatric nursing	2010
Alaina Githens	Religion, sexual risk, and Black youth	2010, 2009
Jessica Bell	Religion, sexual risk, and Black youth	2009
Emily Lee	Developmental psychology and education	2009
Hollie Martinez	Duchenne Muscular Dystrophy and psychosocial experiences	2008, 2007

Senior Theses (role: faculty advisor)

Caleb Akana - Examining the Relationship Between Social-Emotional Development and Empathy in Children with ADHD, June 2023
 Brooke Sullateskee-Rincon – Understanding the health care needs of youth in the juvenile justice system, June 2014
 Daniel Rush – Case study of three adult reentry programs in Washington State, December 2011
 Jessica Lusk - Historical trauma and Native youth mental health, June 2011
 Holli Martinez - Psychosocial experiences of men living with Duchenne Muscular Dystrophy, June 2008

Undergraduate Student Awards

Brooke Sullateskee-Rincon – Mary Gates Research Fellowship, 2013 – 2014
 Jessica Lusk – McNair Fellowship, 2010 – 2011

Teaching Awards and Media

UWB Distinguished Teaching Award Nomination: 2008, 2012, 2014

[“Faculty Friday: Wadiya Udell.”](#) *The Whole U*. A review of my research and teaching. April 7, 2017.

[“Faculty Diversity Scholars Support Inclusive Teaching.”](#) *Leading Change in Public Higher Education: A Provost Series on Trends and Issues*. November 2015.

[“Innovators Among Us: Preparing Students for Life after Graduation.”](#) *Leading Change in Public Higher Education: A Provost Series on Trends and Issues*. May 2014.

SERVICE

University of Washington Bothell, IAS Service

IAS Personnel Committee: 2019-2022 (cochair/chair), 2017-2018 (member), 2008-2010 (member)
 IAS Dean Search Committee: 2020-2021
 IAS Digital Instruction Resource Team: 2019-2020
 Junior Faculty Mentoring (formal): Naomi Bragin (2017- 2022), Charles Collins (2013 – 2019), Lauren Lichty (2013 – 2015), Janelle Silva (2016-2017)
 BIS499 Co-coordinator: 2019-2020 (Coordinator), 2013-2017 (Co-coordinator)

Promotion and Tenure Committee: Janelle Silva (2022, chair spring quarter), William Hartmann (2021, chair), Mira Shimabukuro (2020, chair), Amoshaun Toft (2019), Lauren Berliner (2018), Karam Dana (2017, chair), Shauna Carlisle (2016), Susan Harewood (2013)
 IAS Diversity Committee: 2017-2019
 IAS Assessment Committee: 2015 – 2016, 2009 -2013
 Faculty Search Committee (Community Psychology): 2015-2016, 2012-2013 (Chair), 2011- 2012
 IAS Faculty Diversity Workshop Facilitator: 2014
 IAS School/Faculty Council: 2011-2014, 2007-2010
 Community Psychology Major Coordinator: 2007-2010, 2013-2014, 2017-2019 (with E. Stewart)
 Organizing & Providing Mentoring Resources for Junior Faculty: 2012-2013
 IAS Curriculum Committee: 2007-2009

University of Washington Bothell Service

Campus Council for Promotion and Tenure Committee: 2017-2020
 College Awareness Day: Provided mock lectures to Black high school students, Spring 2018
 Research in Progress Curator: Population Health, Spring 2017
 Promotion and Tenure Committee: 2018 (UWB Nursing), 2015 (UWB Nursing)
 Academic Transition Program Mentor: 2009 – 2010, 2012-2013

University of Washington Service (tri-campus)

UW CFAR Behavioral Innovations Core Member, 2021-present
 UW Graduate School Public Lecture Selection Committee 2017 - 2021
 UW Population Health Initiative Executive Council, 2016 – 2019
 UW Diversity Symposium, panel workshop “Best Practices in Teaching Diversity,” 2015
 UW “Black Lives Matter” Teach-in, Speaker, 2015
 UW Faculty Diversity Scholar, 2014, 2015
 Royalty Research Fund Selection Committee Member, 2013 – 2014; 2016
 Women Investigated Race and Difference (WIRED) Member, 2007 – present
 Royalty Research Fund Grant Reviewer, 2009, 2012
 Chester Fritz Endowed Undergraduate Scholarship & Global Opportunities Scholarship Reviewer, 2010, 2011

Professional Service

Mentor, INSPIRE: An Indigenous Substance Use and Addictions Prevention Interdisciplinary Research Education program, The Indigenous Wellness Research Institute, 2021-2023
 Youth Workshop Facilitator (“Girls’ Group”), King County Juvenile Detention, 2010-2019
 Mentor, ISMART: Indigenous Substance Abuse, Medicines, and Addictions Research Training program, The Indigenous Wellness Research Institute, 2018-2019
 Advisory Board Member, IHART² Lāuhoe: Indigenous HIV/AIDS Research Training program, The Indigenous Wellness Research Institute, 2015-2017
 Board Member, Community Psychiatric Clinic, 2014-2019
 External Reviewer for Tenure Case at University of Minnesota, 2012
 The Behavioral and Social Science Volunteer Program, American Psychological Association, 2009 – 2015

Reviewer for Lightfoot, C., Cole, M., & Cole, S. (2009). *The Development of Children*, 6th Edition. New York: Worth

National Institutes of Health Grant reviewer:

National Institutes of Health. Academic Research Enhancement Award: Healthcare Delivery and Methodologies SRG, 3/2015

National Institutes of Health. Division of AIDS: Risk, Prevention and Health Behavior IRG, 6/2011, 10/2012

Manuscript Peer reviewer:

AIDS Education and Prevention

Annals of Behavioral Medicine

Archives of Sexual Behavior

Health and Place

Health Psychology

Journal of American College Health

Journal of Black Studies

Journal of Child and Family Studies

Journal of Family Psychology

Journal of Health Care for the Poor and Underserved

Journal of Health Disparities Research and Practice

Journal of Prevention and Intervention in the Community