

2011-2012 SAF Contingency Application

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On behalf of Health Educators Reaching Out

2011-2012 SAF Contingency Application

Program/Service Title

BACCHAS Regional Conference

Campus Department

Student Life

Contact Person

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Executive Summary of Your Proposal

Please provide a concise overview of the program, activity, or service for which you seek funding.

The BACCHUS Network is a non-profit organization that works to join university students and communities with a health and safety focus. Each year they have 12 regional conferences around the nation and UW Bothell was chosen to be the Area 1 representative. UW Bothell along with the HEROs will be holding the BACCHUS Area 1 Conference on our campus April 21st where Peer Wellness Educators from Alaska, Idaho, Oregon, and Washington State colleges and universities will attend. Since joining the Network this year, this conference will put UW on the map and help to establish our presence as a part of the BACCHUS Network.

We are asking for three things:

20 scholarships for a registration fee for UW Bothell students. The conference has \$35 registration fee that we would like to provide scholarships for up to 20 UW Bothell students.

Funding for a Keynote speaker to present to all the students at the conference. The speaker will be health and wellness related.

Funding for a hands-on ending activity or on-going activities throughout the day that will provide students with wellness and health information. Examples of the activities include a chef to talk about easy ways to make healthy food, an artist to illustrate how art can reduce stress, and a Planned Parenthood Representative illustrating safe-sex

practices.

Need for this Program/Service

In 150 words or less, please describe the need for this program or service. Please include any data that might support your proposal (e.g., the number of students who have participated in your service or program in the past). If your program is currently funded by SAF, please indicate how you have used the money to help your organization meet its goal(s).

In the Student Life survey that was taken last year of over 500 students, nearly half (262) said they would like to utilize wellness programming in the future. Over 300 said they would like programming on stress and anxiety related issues among other topics which the conference will address in related workshop. This conference will provide the 20 UW students which we ask for registration scholarships (and the HEROs, CEB, Diversity Programmers, and RAs who are planning to attend), the opportunity to attend a rare wellness program that hasn't been done before on this campus.

How do you plan to assess the program or service?

How do you plan to track the effects of this program or service?

For example, how would track how the event/program/service went? How would you track how successful it was and what you could change in the future?

Our learning objectives for this conference are as listed:

By the end of this conference, students will: create cross-campus relationships, expand program ideas by exchanging views and lessons learned, and leave the conference having learned to better their health and how to promote wellness on our campus. This will be accomplished by workshops and seminars, a Keynote speaker, and hands-on activities throughout the conference. We will be handing out a survey at the end of the conference for all attendees to fill out which will ask what students learned and if our learning objectives were met in the hopes to better the conference if this or one similar is done at UW again.

Estimate number of students that will benefit from your proposed program/service

In 150 words or less, estimate how many currently enrolled students will likely benefit from your proposed service or program. Please estimate the number of other individuals (and indicate their affiliation) that might benefit from this service or program. Finally, please indicate other sources of financial support.

This conference will benefit all attendees from other schools and UW Bothell (up to 300 students). Also, by attending this conference, the 20 scholarship recipients, HEROs, RAs, Diversity Programmers, and CEB can work together to promote health and wellness to the greater UW Bothell community. This will ensure that the conference will have lasting effects after it is over.

Benefits to Participants

In 150 words or less, please describe the benefits that participants are likely to gain by attending or participating in this program or service.

By attending the conference, participants will gain a better understanding of holistic wellness (mental, social, physical health) via the speaker and workshops, learn ways to better themselves and their communities, and create new relationship with students from other college campuses.

Additional Information

Please include any other information you feel is relevant to your request. (There is no character limit on this field.)

The 20 students will be chosen on a first come first serve basis which we will advertise for as the program gets closer. We will have an application which all UWB students will be eligible for.

Salary/Wages

NA

Benefits

Benefits paid to regular employees working at least .50 FTE should be calculated at 33.4% of earnings. Benefits paid to hourly employees should be calculated at 14.9% of earnings.

Honoraria

Health and Wellness speaker \$3000
Chef: \$200

Facilities Rentals/Set-Ups

If you require facilities rentals/set-ups, please indicate it here.

NA

Telecommunications

Telephone equipment should be estimated at \$35 per handset, per month (this includes only one extension).

Security

Printing & Photocopying

Transportation

Meals and Lodging for Travel

Office Supplies

Art supplies: \$40

Food/Refreshments

Food for nutrition workshop \$200

Equipment Rentals/Purchase

Other

Please include any other expenses that don't fall under any of the above categories.

20 Student Scholarships at \$35 each= \$700

Total Amount Requested

\$4140