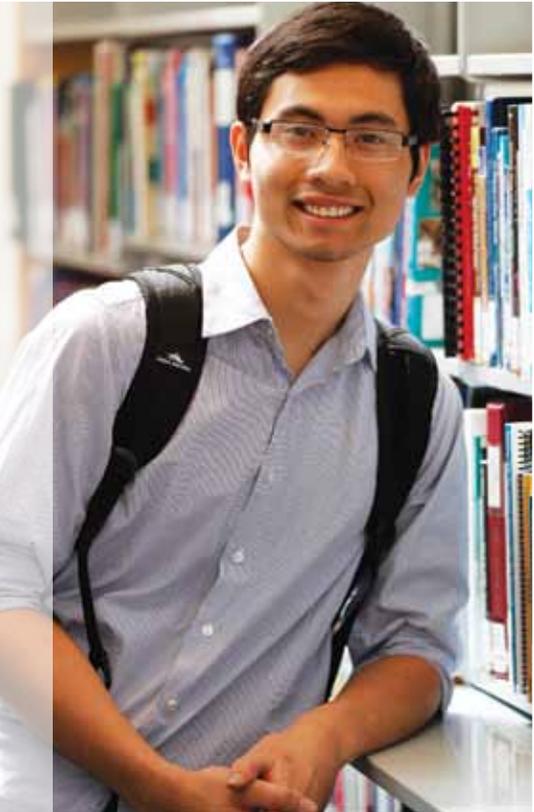




SCHOOL OF NURSING AND HEALTH STUDIES

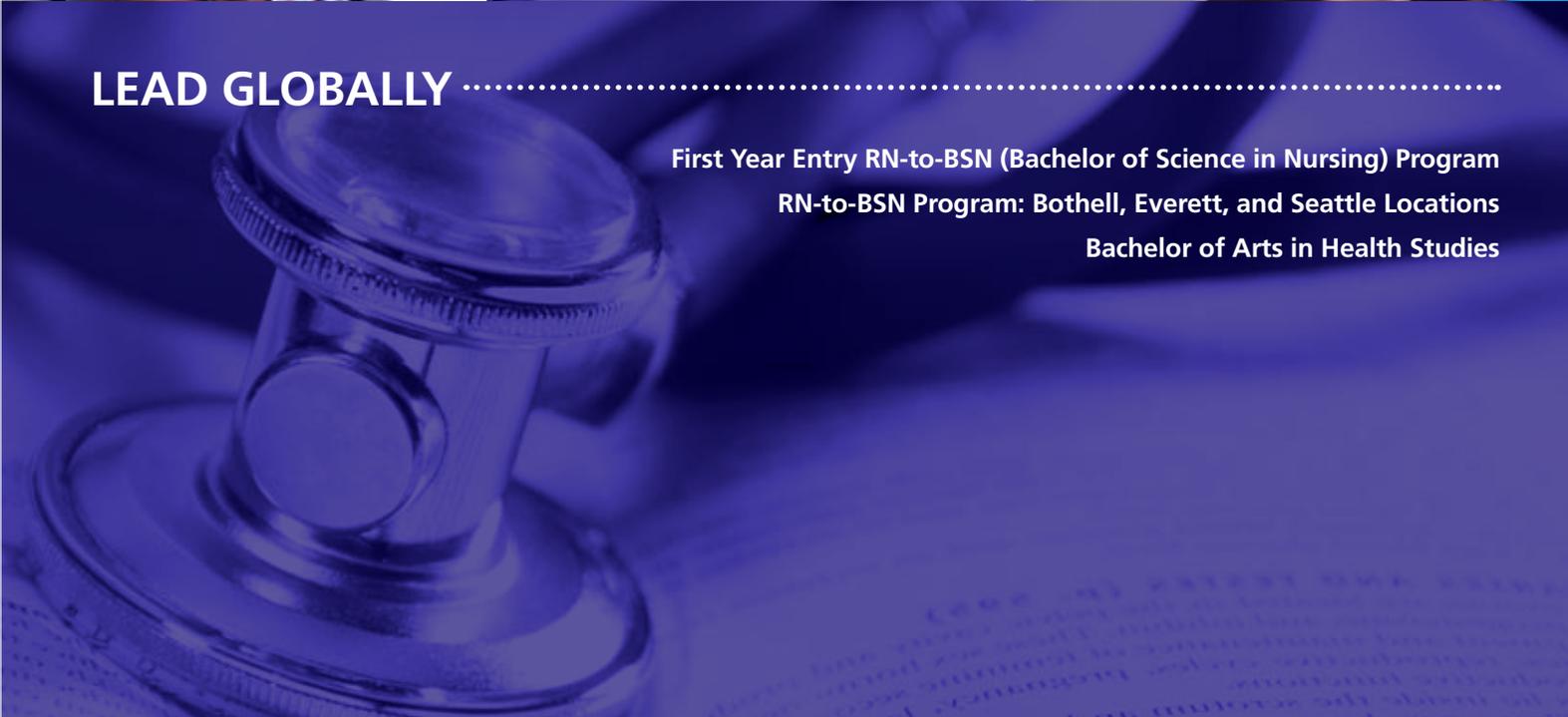


LEAD GLOBALLY

First Year Entry RN-to-BSN (Bachelor of Science in Nursing) Program

RN-to-BSN Program: Bothell, Everett, and Seattle Locations

Bachelor of Arts in Health Studies



SCHOOL OF NURSING AND HEALTH STUDIES

WHY PURSUE YOUR HEALTH CAREER AT UW BOTHELL?

The University of Washington Bothell opens the door to an internationally and nationally-ranked university experience that inspires innovation and creativity. Its faculty foster big ideas in small classes that encourage new discoveries, interaction and critical thinking. The campus is located in the thriving, dynamic and globally-engaged greater Seattle area, home to some of the world's most iconic and entrepreneurial corporations, foundations and arts organizations.

The university takes advantage of the region's extraordinary capacity for creativity and innovation by connecting students to career-building experiences. Committed to the greater good, UW Bothell builds regional partnerships, inspires change, creates knowledge, shares discoveries and prepares students for leadership in the state of Washington and beyond.

Should you decide to visit our campus, we trust that you will feel welcomed, valued, and quickly recognize the very special place that we call UW Bothell.

ABOUT THE SCHOOL OF NURSING AND HEALTH STUDIES

Nursing and Health Studies is a major resource for creating our region's health workforce. The program's outstanding faculty and staff are committed to the UW Bothell mission statement that holds "the student-faculty relationship to be paramount." We facilitate individual student progress while providing a sense of community that inspires students to accomplish their academic goals and professional dreams.

The world of health and health care is complex. To be effective requires both a broad perspective and specific skills. Our curriculum is grounded in social justice and helps you build an interdisciplinary foundation of knowledge and skills that incorporates nursing, public health sciences and the humanities. As a community, our faculty, staff and students collaborate around core values that include transformational education, engaged scholarship and an inclusive culture. We are committed to increasing the diversity of the health workforce, partnering with community health organizations and providing access to dynamic pathways for students to complete their studies.



UNDERGRADUATE MAJORS IN NURSING AND HEALTH STUDIES

Nursing Degrees

UW Bothell offers two entry points to the Bachelor of Science in Nursing:

1. Prospective first year students firmly committed to the nursing field can choose to apply directly to the BSN program at the time of application to UW Bothell. This major is the First Year Entry RN-to-BSN Program.
2. Prospective transfer students who have earned an Associate Degree in Nursing at the Community College level can apply to the RN-to-BSN program and earn a BSN after 45 additional credits of study. Nursing and Health Studies offers this program in three locations: Bothell, Everett, and our newest site in Seattle.

Health Studies Degree

UW Bothell offers a Bachelor of Arts degree in Health Studies. Prospective Health Studies students may apply to the degree after completing the admissions requirements, which includes a minimum of 30 quarter college credits. Both current UW Bothell students and prospective transfer students may apply to the degree.

Please come to an Information Session to learn more about our degree programs: www.uwb.edu/nhs/nhsinfosessions

First Year Entry RN-to-BSN Degree Program

Are you an incoming student directly from high school and committed to pursuing a Bachelor of Science Degree in Nursing with the goal of becoming a Registered Nurse?

Are you ready to engage in a fast-paced, full-time major program studying off-campus at a partner community college for two years? If so, we encourage you to explore the University of Washington Bothell First Year Entry RN-to-BSN program.

This dynamic degree program combines associate and baccalaureate degree education, allowing students the opportunity to pursue Registered Nursing Licensure as part of

the Bachelor of Science Degree in Nursing rather than after graduation with a BSN. Students accepted to the major, study at the UW Bothell School of Nursing and Health Studies and at the Everett Community College Registered Nursing Program.

While the program will be rewarding, and fast tracks students in becoming an RN holding a BSN degree, the curriculum and course load are rigorous. The first three years are full-time starting with both general education and science coursework and requires students to meet specific academic, professional and licensing requirements throughout the program.

UW BOTHELL CAMPUS	EVERETT COMMUNITY COLLEGE	UW BOTHELL CAMPUS
80 Credits <ul style="list-style-type: none">• Five quarters at UW Bothell• General education and pre-nursing science coursework	77 Credits <ul style="list-style-type: none">• Years two and three at Everett Community College• Nursing courses and hands-on clinicals	45 Credits <ul style="list-style-type: none">• Year four at UW Bothell• Upper division academic nursing coursework
5 QUARTERS	6 QUARTERS	4 QUARTERS

Note: Because of the tightly designed curriculum and set timelines between both institutions, the First Year Track BSN is only available to incoming first year autumn quarter students. Current UW Bothell, transfer and international students are not eligible to apply. If you are not a first year student, we encourage you to explore the RN-to-BSN option with an advisor. International students who hold RN licensure in Washington are encouraged to apply to our RN-to-BSN program. To learn more, please visit www.uwb.edu/nhs/nhsadmissions

In addition to the credits listed above, 45 credits are awarded for completion of the NCLEX-RN licensing exam. This brings the total number of college credits earned to 197. To view curriculum details and term-by-term schedule, visit www.uwb.edu/nhs/nhsdegrees/fyebsn

FIRST YEAR ENTRY RN-TO-BSN ADMISSIONS

Application to the major is competitive and the review is holistic. The application review is a two-step process. Applicants are first reviewed by the Office of Admissions for general admission as a pre-major student. If accepted as a pre-major student, applicants are instructed to demonstrate intermediate algebra proficiency. This is demonstrated by the completion of a college level algebra course or by placement into college level algebra. Please note that only applicants who place into college level algebra are eligible for review into the major. The major only admits autumn quarter and does not accept internal or external transfer students; first year applicants only.

GENERAL UNIVERSITY PRE-MAJOR ADMISSIONS:

Meet UW Bothell First Year admission requirements as outlined below with additional information online

- Completion of College Academic Degree Requirements (advanced studies in biology, chemistry and math are encouraged)
- Minimum cumulative GPA of 2.0
- Submission of official SAT or ACT scores with the Writing section
- Personal statement

COLLEGE ACADEMIC DEGREE REQUIREMENTS

SUBJECT	HIGH SCHOOL
English	4 years
Mathematics	3 years
Social Science	3 years
Lab Science	2 years
Foreign Language	2 years
Fine, visual, or performing arts	1/2 years
Academic Electives	1/2 years

FIRST YEAR ENTRY RN-TO-BSN ADMISSIONS FOR THE MAJOR:

- Demonstrate intermediate algebra proficiency. This is demonstrated by the completion of a college level algebra course with a 2.0 or higher at the time of application or by placement into college level algebra
- Goal statement, journal of activities/accomplishments, two recommendations (for example, volunteer, academic or professional recommendations)

COMPETITIVE APPLICANT EXPECTATIONS

Competitive applicants have a combination of the following: advanced studies in the sciences such as chemistry, biology, and math; have maintained a strong GPA above the minimum required for general university pre-major review, have participated in allied health or health related courses if available, submit a well-developed goal statement clearly demonstrating a strong connection to nursing and understanding of the major and the profession, have an active CPR or BLS card, at least one or more health care or human services related activity sustained over a period of time, and recommendations that support success in the major.

For further information regarding First Year English, Mathematics, Foreign Language and Science requirements, application deadlines and how to apply visit www.uwb.edu/admissions/firstyear

For more information on the major, application process and math requirement visit www.uwb.edu/nhs



SATISFACTORY CONTINUATION IN THE MAJOR AFTER ADMISSION

In order to progress into years two and three, you will be required to pass the Test of Essential Academic Skills to commence the nursing and clinical coursework at EvCC. For testing details, visit: www.atitesting.com. Other requirements for satisfactory continuation are listed at www.uwb.edu/nhs/nhsdegrees/fyebns/expectations

We invite you to learn more at our website. Please visit:

www.uwb.edu/nhs/nhsdegrees/fyebns



“Returning to college at UW Bothell for my BSN gave me a broader understanding of the nursing research process, current health care disparities, and the ever-increasing role that ethics plays in healthcare in our culture. My degree has added a richness and depth to my nursing practice. I believe we are all life-long learners!”

MARYL SKJEI, BSN '08

RN-TO-BSN PROGRAM

ARE YOU READY TO ADVANCE YOUR NURSING CAREER? The University of Washington Bothell RN-to-BSN Program offers nurses with an RN both full- and part-time study options for earning a Bachelor of Science in Nursing for those nurses who are licensed RNs in the state of Washington. Our graduates apply leadership concepts in the provision and oversight of nursing practice in a variety of settings, translate current evidence into nursing practice, demonstrate effective professional communication and collaboration to optimize health outcomes, deliver and advocate for health promotion and disease prevention strategies at the individual, family, community and population levels, and much more.

Our program is accredited as part of the University of Washington School of Nursing and awards a University of Washington degree. We combine the UW School of Nursing’s acclaimed professional program with the University of Washington Bothell’s well-rounded arts and sciences curriculum, building a foundation of knowledge in nursing science, humanities and social sciences, and related professional course work. Critical thinking, decision-making, and oral and written communication skills are emphasized.

HIGHLIGHTS OF THE PROGRAM INCLUDE:

- A schedule designed for working nurses who have both professional and personal responsibilities, with Nursing courses meeting only once per week (electives could be other days)
- An emphasis on applying course content to your professional practice
- An ability to complete your degree in 4-9 quarters
- An opportunity for nurses to be admitted early, under our Priority Admission program. Visit www.uwb.edu/nhs/nhsadmissions/rnbsn/priorityadmission for priority admission requirements and deadlines

CONVENIENT OPTIONS FOR LOCATION, CLASS DAY AND ENTRY TO THE PROGRAM:

- Summer Bothell – Tuesday and Thursday cohorts
 - Fall Bothell – Thursday cohort
 - Fall Everett – Tuesday cohort
 - Fall Seattle – Monday cohort
 - Winter Everett – Tuesday cohort
- * For more information on current cohort locations please visit www.uwb.edu/nhs/nhsdegrees/rnbprograms

ADMISSION REQUIREMENTS

Priority is given to applicants who have all of these requirements completed or in progress.

- Associate degree (ADN) or diploma in nursing (Pre-licensure students may apply if graduating before the program start date)
- Successful completion of NCLEX Exam (conditional admission for new graduates with NCLEX pending)
- Proof of current licensure for practice as a Registered Nurse in the State of Washington
- A minimum of 90 transferable quarter credits
- Foreign Language: Two years of a single language in high school or successful completion of the UW 102 level or higher in college (The foreign language requirement will also be considered satisfied for applicants who completed their education through the seventh grade in schools where English was not the language of instruction)
- Intermediate Algebra in high school (3 years of study are required at least at the level of Algebra, Geometry, and 2nd year Algebra), or college algebra (5 credits)
- UW General Education Requirements:
 - 15 credits Visual, Literary, and Performing Arts (VLPA)
 - 15 credits of Individuals and Societies (I&S)
 - 15 credits of Natural World (NW)
 - Complete listing of General Education Requirement courses can be found at admit.washington.edu/equivalencyguide

ADMISSION REQUIREMENTS CONTINUED

- English Proficiency Requirement: all applicants for whom English is a non-native language must provide proof of English proficiency. This includes international students and domestic students who completed most of primary and secondary education outside the U.S., see www.uwb.edu/admissions/engprof for more details
- A minimum 2.0 grade in all Nursing Program prerequisite courses:
 - 5 credits English Composition
 - 5 credits of college-level Inorganic Chemistry with lab (UW CHEM 120 or equivalent)
 - 3 credits of Microbiology (UW MICROM 301 or equivalent)
 - 5 credits of Statistics
 - 10 credits of Anatomy and Physiology with lab

TUITION AND FINANCIAL AID

Information is available at www.uwb.edu/nhs/funding

NURSING CORE COURSES

BNURS 350 Critical Thinking in Nursing

BNURS 403 Evidence Based Practice and Nursing Inquiry

BNURS 407 Cultural and Social Issues in Health Care

BNURS 409 Partnerships in Community Health

BNURS 410 Legal and Ethical Issues in Clinical Practice

BNURS 430 Relational Leadership in Nursing

BNURS 495 Senior Portfolio

NURSING ELECTIVE REQUIREMENTS

15 credits of non-Nursing electives, including 5 credits of Health courses

PROGRAM STRUCTURE

To earn your BSN at UW Bothell, you must complete 30 credits of core Nursing classes and 15 credits of required UW Bothell non-Nursing elective courses. If you are admitted with missing UW Bothell admission, general education, or nursing prerequisite course requirements, those will also need to be completed before graduation. You need to earn at least 180 credits for the BSN. The breakdown of credits is:

- 90 Transfer credits
- 45 NCLEX-RN exam credits
- 30 UW Bothell core nursing courses
- 15 Required UW Bothell electives
- 180 Total credits for BSN degree

For a list of the courses you will take each quarter, please visit the cohort specific schedules at www.uwb.edu/nhs

ADMISSION AS A "PRE-BSN" STUDENT

You may apply for admission to UW Bothell as a Pre-BSN student during any quarter to take courses in advance of admission into the BSN program. As a Pre-BSN student, you may register for non-Nursing elective courses, which will apply toward the BSN or other admissions requirements that you may be missing. For other important information about the Pre-BSN option visit www.uwb.edu/nhs/nhsadmissions/rnbsn/prebsn before you apply.

APPLICATION INFORMATION

Only complete files (application accompanied by all supporting materials) submitted to the UW Bothell Admissions Office by the deadline listed below can be assured consideration.

- The latest application deadlines can be found online at www.uwb.edu/admissions/application-dates

Applications received after the application deadlines will be reviewed on a space-available basis until the program has attained a waitlist of a sufficient size.

If your file includes transcripts from educational institutions outside the U.S., allow extra time (at least 30 days) for evaluation.

COMPETITIVE APPLICANT EXPECTATION

Applicants to the RN-BSN program are evaluated holistically by the admissions committee. All parts of the application: grades (both in the nursing program and overall), the personal statement, the resume, and the 3 completed recommendation forms are all examined thoroughly before a decision is made.

The committee would like to see the following:

- Strong writing skills exhibited on the personal statement
- Sound recommendations from all three recommenders
- Completed admission requirements

Individuals with cumulative GPAs below 3.0 and Nursing GPAs below 3.2 are looked at particularly closely but should not be discouraged from applying. All admissions requirements, including university General Education requirements should be complete or in progress at the time of application. Completing Statistics before matriculation is particularly important .

Applicants with admission deficiencies are considered on a case by case basis.



“There is an intensification of global connectedness in our world. Health care is rapidly evolving within an environment that is in motion. Workers who are knowledgeable about health and health care will be in high demand locally and globally. The interdisciplinary approach of our Health Studies program teaches students from all backgrounds to think critically about and analyze the complexity of health, illness and health care within historical, cultural, environmental, economic, biological, technological and social contexts. Our program focuses on equity and social justice for underserved communities; ethics and research; public and global health; and the communication skills needed for working with diverse populations. Health Studies educates students to be global citizens who will contribute to the common good.”

MARY E. ABRUMS, RN, PHD, SOCIO-CULTURAL ANTHROPOLOGY AND NURSING

BA IN HEALTH STUDIES

BE PART OF A NEW GENERATION OF LEADERSHIP IN PUBLIC HEALTH

The University of Washington Bothell’s Bachelor of Arts in Health Studies provides the opportunity to work with our committed faculty to develop knowledge and skills useful for improving the health of individuals and communities.

As part of our program, students will study and apply a range of health concepts. Examples include exploring the social and biological predictors of health, conducting policy analyses, applying health education and community engagement strategies, using social justice critiques, understanding global health perspectives, evaluating health-related research and exploring the meaning of health through the study of culture and the humanities. Students will also have opportunities to use these skills during internships and study abroad experiences.

Employment and population data indicate that we will need a strong and diverse health workforce. Students graduating from this program will be well positioned for careers that help ensure all people receive excellent health services.

ADMISSION REQUIREMENTS

A minimum of 30-quarter credits must be completed including:

- Two college composition courses (10 credits) with a recommended minimum grade of 3.0 in each course
- A course that satisfies Quantitative Symbolic Reasoning (QSR)
- A minimum of 10 credits in each of the three Areas of Knowledge (VLPA, I&S and NW)
- It is preferred that students complete a 5-credit statistics class prior to program application; it is a prerequisite for a required course offered early in the program. (Any introductory-level statistics course is acceptable)
- Students must also have satisfied all university admission requirements for first-year, transfer or international applicants (www.uwb.edu/admissions)
- Students for whom English is a non-native language must additionally provide proof of English proficiency. This includes international students and domestic students who completed most of primary and secondary education outside the U.S.; see www.uwb.edu/admissions/engprof for more information

A recommended minimum GPA of 3.2 for all prior coursework

CAREER POSSIBILITIES

Health Studies graduates will be ready to enter a wide variety of occupations or be prepared with a sound foundation for graduate school or other advanced training. Career possibilities include the following:

- Public and Global Health Services
- Health Education and Communication
- Health Management and Administration
- Non-Profit Services
- Community Organizing
- Mental Health and Substance Use Services
- Environmental and Occupational Health Services
- Health Care Outreach and Community Care
- Advanced study in Public Health, Medicine, Social Work, or other health professions

MAJOR CONCENTRATION AREAS

There are four concentration areas available in the major:

- Health and Life Sciences
- Community Health Intervention and Practice
- Health and Society
- Health Policy, Leadership and Ethics

Health Studies students will have the option of concentrating in one particular area or developing a breadth of knowledge across 2-4 areas.

APPLICATION PROCESS for BA in Health Studies

Prospective Transfer Students

Incoming students who have met the admissions requirements will apply by completing the UW Bothell new student application and selecting Health Studies as their intended major. Please visit www.uwb.edu/admissions/application-dates for application deadlines.

Current UW Bothell Students

Current UW Bothell students will apply by completing the Health Studies application form with their CUSP advisor. Please visit www.uwb.edu/nhs/nhsadmissions for application deadlines.

COMPETITIVE APPLICANT EXPECTATION

We expect competitive applicants to Health Studies to have completed all of the required and preferred admission requirements and have the recommended minimum GPA. We also expect to see demonstrated evidence of a background and/or interest in improving health practice in the Personal Statement.

GRADUATION REQUIREMENTS

1 course in Statistics (any introductory statistics course is acceptable)

Required core courses (22 credits)

- BHS 201 Introduction to Public Health
- BHS 300 Principles of Health Research
- BHS 302 Global Communities, Culture, and Health Equity
- BHS 303 Introduction to Epidemiology
- BHS 310 Pathways to Health Studies

One course in each of the 4 concentration areas:

- 5 credits Health and Life Sciences
- 5 credits Community Health Intervention and Practice
- 5 credits Health and Society
- 5 credits Health Policy, Leadership, and Ethics

4 additional Health Studies concentration area courses (students choose one pathway)

Broad Pathway (20 credits)

- 4 courses across 2-4 concentration areas

Focused Pathway (20 credits)

- 4 courses in a single concentration area

Senior Portfolio and Fieldwork: BHS 499 (3 credits) and BHS 496 (2 credits)

20 credits in Elective courses from any UW Bothell programs/schools

88 credits in Additional UW Bothell and/or Transfer credits

180 credits: Total Number of Credits Required for a Bachelor of Arts in Health Studies.

THINKING ABOUT GRADUATE SCHOOL?

Students in the School of Nursing and Health Studies will be well positioned to pursue graduate study in a variety of health professions. Our faculty and advising staff are committed to supporting students in achieving their educational and professional goals. Students are encouraged to work with their major advisor and pre-health advisor to discuss prerequisites and how to be a competitive applicant.

ADMISSIONS ADVISING AND INFORMATION SESSIONS

UW Bothell Admissions Advisors are available to meet with prospective transfer and incoming first year students. Applicants can make appointments by emailing info@uwb.edu or by calling 425.352.5000.

NOTE: Current UW Bothell Students interested in the Health Studies major should contact their CUSP Advisor; visit www.uwb.edu/cusp to schedule an appointment.

Information Sessions are also available. To learn more go to www.uwb.edu/nhs/nhsinfosessions

In a national survey by Money magazine, UW Bothell is **number one** in the state of Washington in terms of quality and value. UW Bothell "dramatically outperforms its peers on graduation rates and alumni financial success indicators."

Money's
Best
Colleges
August 2014

GET CONNECTED



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www.uwb.edu/nhs

W UNIVERSITY of WASHINGTON | BOTHELL

The University of Washington provides equal opportunity in education without regard to race, color, creed, religion, national origin, sex, sexual orientation, age, marital status, disability, or status as a disabled veteran/Vietnam era veteran, in accordance with UW policy and applicable federal and state statutes and regulations.

