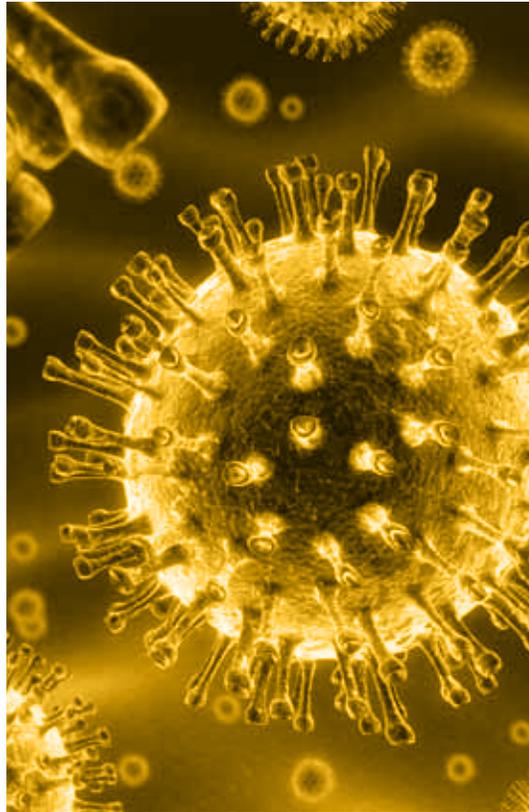




# HEALTH STUDIES



**LEARN LOCALLY, LEAD GLOBALLY** .....

Bachelor of Arts in Health Studies



# HEALTH STUDIES

## BE PART OF A NEW GENERATION OF LEADERSHIP IN PUBLIC HEALTH

The University of Washington Bothell's Bachelor of Arts in Health Studies provides the opportunity to work with our committed faculty to develop knowledge and skills useful for improving the health of individuals and communities.

As part of our program, you will study and apply a range of health concepts. Examples include exploring the social and biological predictors of health, conducting policy analyses, applying health education and community engagement strategies, using social justice critiques, understanding global health perspectives, evaluating health-related research and exploring the meaning of health through the study of culture and the humanities. You will also have opportunities to use these skills during internships and study abroad experiences.

Employment and population data indicate that we will need a strong and diverse health workforce. Students graduating from this program will be well positioned for careers that help ensure all people receive excellent health services.

### CAREER POSSIBILITIES

As a Health Studies graduate you will be ready to enter a wide variety of occupations or be prepared with a sound foundation for graduate school or other advanced training. Career possibilities include the following:

- Public and Global Health Services
- Health Education and Communication
- Health Management and Administration
- Non-Profit Services
- Community Organizing
- Mental Health and Substance Use Services
- Environmental and Occupational Health Services
- Health Care Outreach and Community Care
- Advanced study in Public Health, Nursing, Medicine, Social Work, or other health professions





"There is an intensification of global connectedness in our world. Health care is rapidly evolving within an environment that is in motion. Workers who are knowledgeable about health and health care will be in high demand locally and globally. The interdisciplinary approach of our Health Studies program teaches students from all backgrounds to think critically about and analyze the complexity of health, illness and health care within historical, cultural, environmental, economic, biological, technological and social contexts. Our program focuses on equity and social justice for underserved communities; ethics and research; public and global health; and the communication skills needed for working with diverse populations. Health Studies educates students to be global citizens who will contribute to the common good."

MARY E. ABRUMS, RN, PHD, SOCIO-CULTURAL ANTHROPOLOGY AND NURSING

## ADMISSION REQUIREMENTS

**A minimum of 30-quarter credits must be completed including:**

- Two college composition courses (10 credits) with a minimum grade of 3.0 in each course
- A course that satisfies Quantitative Symbolic Reasoning (QSR)
- A minimum of 10 credits in each of the three Areas of Knowledge (VLPA, I&S and NW)
- It is preferred that students complete a 5-credit statistics class prior to program application; it is a prerequisite for a required course offered early in the program. (Any introductory-level statistics course is acceptable).
- Students must also have satisfied all university admission requirements for first-year, transfer or international applicants ([www.uwb.edu/admissions](http://www.uwb.edu/admissions))
- Students for whom English is a non-native language must additionally provide proof of English proficiency. This includes international students and domestic students who completed most of primary and secondary education outside the U.S.; see [www.uwb.edu/admissions/engprof](http://www.uwb.edu/admissions/engprof) for more information.

**A recommended minimum GPA of 3.2 for all prior coursework**

### Competitive Applicant Expectation

We expect competitive applicants to Health Studies for the fall 2014 and winter 2015 admissions cycle to have completed all of the required and preferred admission requirements and have the recommended minimum GPA. We also expect to see demonstrated evidence of a background and/or interest in improving health practice in the Personal Statement.

## APPLICATION PROCESS

### Current UW Bothell Students

Current UW Bothell students will apply by completing the Health Studies Application form with their CUSP advisor. For the 2014-2015 school year, applications will be accepted for admission for fall 2014 and winter 2015. The application deadline for fall is April 1, 2014. The application deadline for winter 2015 is October 1, 2014. Admission is competitive.

### Prospective Transfer Students

Incoming students who have met the admissions requirements will apply by completing the UW Bothell new student application and selecting Health Studies as their intended major. For the 2014-2015 school year, applications will be accepted for admission for fall 2014 and winter 2015. The fall deadline for completed application files in the Office of Admissions is April 1, 2014. The winter deadline for completed application files in the Office of Admissions is October 1, 2014. Admission is competitive.

## MAJOR CONCENTRATION AREAS

**There are four concentration areas available in the major:**

- Health and Life Sciences
- Community Engagement
- Local and Global Health
- Health Policy, Leadership and Ethics

Health Studies students will have the option of concentrating in one particular area or developing a breadth of knowledge across 2-4 areas.



## HEALTH STUDIES GRADUATION REQUIREMENTS

5 credits	1 course in Statistics (any introductory statistics course is acceptable)							
5 credits	1 course in Research Methods (examples: BIS 312, BIS 340, or other courses T.B.A.)							
15 credits	3 required courses to introduce students to foundational concepts in health studies.	<ul style="list-style-type: none"> <li>• BHS 301 Introduction to Public Health</li> <li>• BHS 302 Global Communities, Culture, and Health Equity</li> <li>• BHS 303 Introduction to Epidemiology</li> </ul>						
20 credits	One course in each of the 4 concentration areas:	<ul style="list-style-type: none"> <li>• 5 credits Health and Life Sciences</li> <li>• 5 credits Local and Global Health</li> <li>• 5 credits Community Engagement</li> <li>• 5 credits Health Policy, Leadership and Ethics</li> </ul>						
20 credits	Four additional Health Studies concentration area courses (students choose one pathway)	<table border="0"> <tr> <td><b>Broad Pathway</b> 20 credits</td> <td> </td> <td>4 courses across 2-4 concentration areas</td> </tr> <tr> <td><b>Focused Pathway</b> 20 credits</td> <td> </td> <td>4 courses in a single concentration area</td> </tr> </table>	<b>Broad Pathway</b> 20 credits		4 courses across 2-4 concentration areas	<b>Focused Pathway</b> 20 credits		4 courses in a single concentration area
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<b>Focused Pathway</b> 20 credits		4 courses in a single concentration area						
2 credits	BHS 310 Pathways to Health Studies							
5 credits	Senior Year Portfolio							
20 credits	Elective courses from any UW Bothell programs/schools							
88 credits	Additional UW Bothell and/or Transfer credits							
180 credits	Total Number of Credits Required for a Bachelor of Arts in Health Studies.							

### COURSE PLANNING FOR STUDENTS CONSIDERING GRADUATE STUDY

If you are considering medicine, nursing, social work, etc. or other graduate school study, careful planning of your class schedule with your academic advisor starting in the first quarter of your first year forward is very important. Graduate and professional schools require a large number of admission prerequisites that frequently must be taken in sequence, and fitting those classes into your schedule along with your other course requirements requires great care and attention. The number of electives required for this major allows for flexibility in your planning process if you start early and continue working with your academic advisor throughout your time at UW Bothell.

### LEARN MORE

#### Current Students

Current UW Bothell students should contact their CUSP advisor for more program information; visit <http://www.uwb.edu/cusp> to schedule an appointment.

#### Prospective Students

Prospective student applicants are encouraged to make an appointment to discuss your educational plans. Choose from in-person, online chat, phone, or email advising. Contact the Office of Admissions at 425.352.5000 or [info@uwb.edu](mailto:info@uwb.edu) to set up an appointment today.

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425.352.5000 or 1.800.736.6650  
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[www.uwb.edu/nhs](http://www.uwb.edu/nhs)

The University of Washington provides equal opportunity in education without regard to race, color, creed, religion, national origin, sex, sexual orientation, age, marital status, disability, or status as a disabled veteran/Vietnam era veteran, in accordance with UW policy and applicable federal and state statutes and regulations.

