As a provided option to students, your university provided beds have adjustable bed heights and lofting options to make work within your bedroom’s ideal setup. Below are standard options students choose for their bed, including lofting their bed with university provided loft equipment. Lofting supplies are on a first come first serve basis and can be requested through the work order system. Though the university does not adjust the height or loft/de-loft beds for students, there are helpful videos listed below to help with this process. All bed adjustments take 2 or more people, and room to maneuver in the unit. Some units be already be lofted, or have loft equipment stored in the unit upon arrival, please check the space around for supplies needed if wanting to loft your bed.

The most common bed height option used by students is attained by adjusting the mattress frame to the max height, about 31” off the ground, allowing for the dresser to fit underneath, without lofting the bed. Some students also put their desk underneath the bed as well, though this doesn’t allow the desk to be used for study purposes, but does save significant space in the bedroom.

If you prefer to sleep lower to the ground, you may adjust the bed frame to any height, as low as 13” above the ground. Any setting lower than the max height will not be tall enough for the dresser or desk to fit under, but other items may still be stored underneath it.

For a video on how to adjust the height of your bed, please go to: https://youtu.be/P7_y0zu8Pgo

To utilize the desk and dresser while storing it underneath your bed, you’ll need to loft the bed with university provided loft equipment. Though the height can be adjusted, we recommend putting the mattress frame on its lowest setting, so that there is ample room between the ceiling and mattress. All lofting materials, used or unused, must remain within the unit. You may request a ladder and/or a railing in addition to your standard lofting supplies.

Click on either lofting, or de-lofting your bed for instructional videos of each.