



University of Washington Bothell

Health-Focused Study Abroad



Why study abroad?

Studying abroad expands your understanding of the world and helps you develop usable skills such as adaptability and intercultural communication that are in high demand by employers and graduate programs.

"We received a lecture from the superintendent, the dean and the director of the Nursing School [and they] couldn't have been more welcoming... I can go on for days about everything I saw at the hospital today, but just so you know how busy this hospital is they have about 4500 out patients a day."

*Lan Le, Class of 2013
Biology, India*

Can I afford it?

Absolutely! Program fees vary greatly depending on the program, but with good planning an affordable study abroad experience is possible. Most types of financial aid can be applied to the programs offered through the UW and there is a list of scholarships available to students studying abroad on our website. Be sure to plan ahead! Make an appointment with us and we can help you start your scholarship search, and both study abroad advising and the UWB Writing and Communication Center can help polish up application essays.

What kinds of programs are there?

The UW offers more than 200 programs to meet the needs and ambitions of all students. Here are the six program types available:

- **Short term** specialized 1-2 week programs
- 3-4 week **exploration seminars** in early fall
- **Quarter-long UW programs** led by UW faculty members
- Semester long **affiliated programs** organized by other groups or companies
- Semester/year long **university exchanges**
- **IE3 internships abroad**

*Though not necessarily run through the UW, REU undergraduate research abroad is another fully funded opportunity students may pursue.



*Temple of the Dawn, Thailand
Jamie Clark, CUSP
Spring 2014*

When can I study abroad?

You can study abroad any time during your college career, and we have programs ranging from a couple weeks to a full year all of which guarantee UW credits. We encourage students to consider studying abroad early in their college career so the opportunity is available to study abroad again if they desire. There may be more flexibility in course scheduling during the first couple years while completing general areas of knowledge requirements. It is important to meet with your academic advisor to make sure your study abroad credits will fit well with your academic schedule. If you love it the first time, you may want to consider an IE3 internship or even REU undergraduate research abroad.

Do I need to know a foreign language?

Not necessarily. While many exchanges and affiliated programs may have a foreign language requirement, there are plenty of programs primarily in English. Study abroad does provide a fantastic chance to start learning a new language, as you will practice the native language when speaking with locals. A lot of programs also incorporate basic language lessons into their curriculum.



*Houses in Portugal
Eleanor Wort, CSS
Spring 2014*



*Mfuwe Day School, Zambia
Shauniece Drayton, CP
Summer 2013*

How do I get started?

Explore! The link at the bottom of the page will take you to the UWB study abroad home page, and from there you can look at the tips and resources on the website, search for programs, or set up an appointment to meet with a study abroad advisor. Things to consider when looking for a program: What do I want to study? How long do I want to go? Where do I want to go?

Contact us:

Global Initiatives
Student Success Center
UW1-160
studyabroad@uwb.edu
425.352.3707

Appointments:
<http://uwb.mywconline.com>

Health-Focused Programs of Interest

Please note that the programs listed are just a sample of what the UW offers

BNHS India-Health in the Context of Culture

This course provides a basic overview of the health and health care challenges in a developing and low-income country. Socio-cultural, environmental, economic, political and ecological factors that influence health, illness, disability and death as well as responses to health issues both within and outside the health sector are addressed.

Early Fall Exploration Seminar, India

Family and Child Nursing-Korean Culture, Immigration, and Health

The program and course comprise a broad and diverse look at cultural ideologies of heritage and mainstream cultures, immigration and acculturation process, social and health issues, and issues in families such as inter-generational cultural conflict.

Early Fall Exploration Seminar, South Korea

Psychosocial and Community Health Thailand: Health in a Developing Nation

In this course, students will be provided with opportunities to explore psychosocial and community health issues in the context of the Thai health care system and culture. Socio-cultural, environmental, economic, political and ecological factors that influence health and policies and interventions aimed to reduce inequalities in health will be explored.

Early Fall Exploration Seminar, Thailand

Public Health England-Dark Empire: Race, Health, and Society in Britain

Guided by an African American professor with expertise in health and race-relations, explore historical and contemporary factors responsible for the presence and well-being (health) of Black and other racial and ethnic minorities in Britain.

Early Fall Exploration Seminar, England

Global Health Promotion: Health Services Delivery in Resource-Poor Settings

Students will be exposed to the population and local health practitioners as they work with minimal resources. Following students' orientation to the environment, students will work collaboratively with multidisciplinary teams from United States and Togo to support health needs of the community.

UWB Program, Summer Term A, Togo

SIT China: Community Health and Traditional Chinese Medicine

From barefoot doctors to traditional remedies, the Chinese public health system has drawn increasing attention in the West. In this program, students have the unique opportunity to study traditional Chinese medicine and public health issues by working with professionals in the field in both urban and rural settings.

Affiliated Program, Summer Quarter, China

SIT Argentina: Public Health in Urban Environments

This program will provide students interested in public health, health sciences, development studies, and other disciplines the opportunity to scrutinize health-related challenges in urban environments. Students will learn from academics and practitioners associated with leading institutions in Argentina.

Affiliated Program, Semester, Argentina

SIT Switzerland: Global Health and Development Policy

This program examines public health systems, health policy, and development from the international nexus of Geneva. Particular emphasis is placed on the role played by international agencies; civil society actors; and the public sector in shaping health policy and systems.

Affiliated Program, Semester, Switzerland

CIEE Community Public Health Program

Through coursework, Setswana language learning, a community health practicum, and homestays, in a rich and challenging social environment, Community Public Health in Gaborone gives you the opportunity to critically appraise the issues developing nations face in their efforts to provide their citizens with sustainable public healthcare.

Affiliated Program, Semester, Botswana

IE3 Child Family Health International (CFHI) Bolivia: Pediatric Health

The Pediatric Health program offers a holistic learning experience, which includes unique clinical rotations serving children and families, medical and conversational Spanish classes, and a home stay with a local family in La Paz. Students on this internship program will observe healthcare in a variety of settings. The student role is primarily to observe and learn, although some basic patient care may be part of the duties.

IE3 Internship, Bolivia

IE3 Spoon Foundation Infant Health Research

Providing orphans with a basic diet supplement, such as a daily multivitamin, is one of the simplest solutions for improving the quality and length of their lives. Yet until SPOON Foundation, there has not been an organized effort to identify the micronutrients that orphans lack most and to fill that critical gap. Our focus also includes nutritional deficiencies in international adoptees

IE3 Internship, Kazakhstan

IE3 Child Family Health International (CHFI) Argentina: Primary Care & Social Medicine

Interns will rotate in a variety of clinics and hospitals and witness government efforts to provide care to a large percentage of the population without health insurance. Possible clinical opportunities include rotations in pediatrics, ophthalmology, dentistry, psychology and social services.

IE3 Internship, Argentina